

Cardinal Relays 2023 - 4/10/2023**Cardinal Track****Results****Event 1 Girls High Jump**

Name	Year School	Finals	Points
Finals			
1 Houston, Maclayn	W Harrison	J4-11.00	10
2 Merksick, Stacy	Lewis Central	J4-08.00	5
3 Killpack, Avilyn	Tri-Center	J4-08.00	8
4 Fidone, Madeline	Lewis Central	J4-08.00	6
5 Lantz, Kate	Shenandoah	J4-06.00	4
6 Carollo, Averie	Treynor	J4-06.00	3
7 Lund, Olivia	Riverside, Oak	J4-06.00	2
8 Schwartz, Alexa	Treynor	J4-04.00	1
-- Hiatt, Abby	Logan-Magnolia	NH	

Event 2 Girls Long Jump

Name	Year School	Finals	Points
1 Reimer, Jordyn	Underwood	16-08.75	10
2 O'Neal, Jocelyn	Red Oak	16-07.75	8
3 Goldsmith, Ava	Logan-Magnolia	16-01.00	6
4 Woods, Macy	Riverside, Oak	16-00.00	5
5 Bergman, Maddie	Lewis Central	15-11.75	4
6 Sorenson, Emile	Tri-Center	15-06.75	3
7 Zadalis, Zoey	Treynor	14-10.50	2
8 Martens, Adaline	Riverside, Oak	14-06.00	1
9 Czarnecki, Abby	Logan-Magnolia	14-05.00	
10 Humphrey, Irrys	Shenandoah	14-04.00	
11 Winchell, Elyse	Treynor	13-11.00	
12 Brandt, Ruby	Underwood	13-10.00	
13 Brewer, Mikenzie	Tri-Center	13-05.00	
14 Marcum, Ryley	MO Valley	12-11.00	
15 Furlow, Madeline	Lewis Central	12-09.75	
16 Dickerson, Mallory	Shenandoah	10-02.75	

Event 3 Girls Shot Put

Name	Year School	Finals	Points
1 Matiyow, Jordyn	Lewis Central	36-09.50	10
2 Thramer, Elise	Lewis Central	34-02.00	8
3 Green, Lynnae	Shenandoah	33-02.50	6
4 Huisman, Jady	Treynor	33-00.00	5
5 Kelley, Madison	Riverside, Oak	32-02.00	4
6 Parker, Aliyah	Shenandoah	31-09.50	3
7 Bertelsen, Marki	Logan-Magnolia	30-03.00	2
8 Mathews, Delaney	Treynor	30-00.00	1
9 Zappia, Maya	MO Valley	29-04.00	
10 Bowman, Nancy	Logan-Magnolia	29-02.50	
11 Swinarski, Alexis	Tri-Center	28-08.75	
12 Taylor, Sophia	Riverside, Oak	28-05.00	
13 Westerfield, Kalen	Underwood	28-01.50	
14 Cihacek, Kaydence	MO Valley	27-06.50	
15 Evans, Rylee	W Harrison	25-00.50	
16 Crozier, Kayleigh	Tri-Center	24-05.75	
17 Lorenzen, Miranda	Underwood	23-06.50	

Cardinal Relays 2023 - 4/10/2023**Cardinal Track****Results****....Event 3 Girls Shot Put**

18 Gufford, Zoe	MO Valley	22-09.50
19 Lewis, Erin	W Harrison	20-02.00

Event 4 Girls Discus Throw

Name	Year School	Finals	Points
1 Thramer, Elise	Lewis Central	110-10	10
2 Zappia, Maya	MO Valley	107-04	8
3 Kelley, Madison	Riverside, Oak	107-01	6
4 Huisman, Jady	Treynor	100-04	5
5 Bowman, Nancy	Logan-Magnolia	93-07	4
6 Matiyow, Jordyn	Lewis Central	93-04	3
7 Swinarski, Alexis	Tri-Center	87-05	2
8 Mathews, Delaney	Treynor	83-11	1
9 Cihacek, Kaydence	MO Valley	83-10	
10 Taylor, Sophia	Riverside, Oak	78-11	
11 Parker, Aliyah	Shenandoah	76-03	
12 Lorenzen, Miranda	Underwood	65-08	
13 Evans, Rylee	W Harrison	63-11	
14 Crozier, Kayleigh	Tri-Center	62-00	
15 Westerfield, Kalen	Underwood	56-08	
16 Bertelsen, Marki	Logan-Magnolia	54-07	
17 Lewis, Erin	W Harrison	51-05	
17 Gufford, Zoe	MO Valley	51-05	

Event 5 Girls 800 Sprint Medley

School	Finals	H#	Points
1 Riverside, Oak 'A'	J1:53.89	2	10
1) Henderson, Elly	2) Gordon, Emma		
3) Andrusyshyn, Veronica	4) Erickson, Lydia		
2 Lewis Central 'A'	J1:57.16	2	8
1) Heller, Avery	2) Bergman, Maddie		
3) Mathews, Payton	4) Hays, Gracie		
3 Tri-Center 'A'	J1:58.22	2	6
1) Kozeal, Kaitlin	2) Wingert, Meya		
3) Schneckloth, Quincey	4) VanArsdol, Isah		
4 Treynor 'A'	J1:59.03	2	5
1) Zadalis, Zoey	2) Gordon, Reagan		
3) Lewis, Jozie	4) Konz, Nora		
5 Red Oak 'A'	J2:00.26	2	4
1) Joint, Alexis	2) Gray, Marley		
3) Jenkins, Karly	4) O'Neal, Jocelyn		
6 Underwood 'A'	J2:10.04	1	3
1) Fiedler, Sophia	2) Crilly, Claire		
3) Fletcher, Ali	4) Brandt, Ruby		
7 Treynor 'B'	J2:08.42	1	
1) Mass, Taylor	2) Hedrick, Amelia		
3) Winchell, Elyse	4) Mausbach, Elsie		
-- Shenandoah 'A'	DQ	2	
1) Humphrey, Irrys	2) Green, Lynnae		
3) Lantz, Kate	4) Gammell, Rylynne		
-- MO Valley 'A'	DQ	2	

Cardinal Relays 2023 - 4/10/2023**Cardinal Track****Results****....Event 5 Girls 800 Sprint Medley**

1) Porter, Alivia	2) Gute, Lea		
3) Myler, Ella	4) Herman, Grace		
-- Logan-Magnolia 'A'		DQ	1
1) Monico, Addyson	2) Hiatt, Abby		
3) Madsen, Rory	4) Sieck, Bridgette		

Event 6 Girls 3000 Meter Run

Name	Year School	Finals	Points
1 Egbert, Hailey	Shenandoah	11:38.83	10
2 Johnsen, Allysen	Logan-Magnolia	11:47.38	8
3 Irwin, Lilly	Underwood	12:46.80	6
4 Bussey, Ava	Lewis Central	13:15.44	5
5 Wait, Olivia	Lewis Central	13:27.54	4
6 Boswell, Jordyn	Treynor	13:37.63	3
7 Cody, Becca	Riverside, Oak	13:48.60	2
8 Feigenbutz, Danika	Riverside, Oak	14:01.99	1
9 Dreyer, Mira	Treynor	14:13.43	
10 Killpack, Cora	Logan-Magnolia	14:36.28	
11 Dickerson, Mallory	Shenandoah	16:05.07	

Event 7 Girls 4x800 Meter Relay

School	Finals	Points
1 Treynor 'A'	10:48.00	10
1) Kulesa, Alyssa	2) Schwartz, Alexa	
3) Chapman, Reese	4) Miller, Emma	
2 Logan-Magnolia 'A'	10:50.80	8
1) Hornbeck, Greylan	2) Hall, Haedyn	
3) Rowe, Ava	4) Sporrer, Madison	
3 Riverside, Oak 'A'	10:57.97	6
1) Woods, Macy	2) Schechinger, Veronica	
3) Martens, Adaline	4) Rone, Bentley	
4 Red Oak 'A'	12:38.25	5
1) Klepinger, Lainey	2) Grass, Michelle	
3) Sallach, Brinkly	4) Ogden, Iris	
5 Lewis Central 'A'	13:10.80	4
1) Wohlers, Mallory	2) Skokan, Sydney	
3) Contreras, Vanessa	4) Jager, Jamie	

Event 8 Girls 4x100 Meter Shuttle Hurdle

School	Finals	H#	Points
1 Treynor 'A'	1:08.99	2	10
1) James, Aubree	2) Konz, Nora		
3) Zadalis, Zoey	4) Teigland, Clara		
2 Underwood 'A'	1:12.29	2	8
1) Irwin, Maddie	2) Gangwish, Lexi		
3) Childers, Emma	4) Martin, Hailey		
3 MO Valley 'A'	1:13.59	2	6
1) Ferris, Hailey	2) Gute, Emma		
3) Miller, Hailey	4) Zappia, Maya		

Cardinal Relays 2023 - 4/10/2023**Cardinal Track****Results****....Event 8 Girls 4x100 Meter Shuttle Hurdle**

4 Logan-Magnolia 'A'	1:14.36	1	5
1) Monico, Addyson		2) Hiatt, Abby	
3) Knauss, Kaiya		4) Czarnecki, Abby	
5 Riverside, Oak 'A'	1:16.02	1	4
1) Richardson, Ayla		2) Olmstead-Mitchell, Mack	
3) Wilson, Ana		4) Woods, Macy	
6 Lewis Central 'A'	1:18.63	1	3
1) O' Doniel, Karyssa		2) Katzer, Olivia	
3) Furlow, Madeline		4) Mullenix, Elise	
7 Tri-Center 'A'	1:19.23	1	2
1) Schneckloth, Quincey		2) Wingert, Meya	
3) Sorenson, Emile		4) Meador, Layla	
-- Shenandoah 'A'	DQ		2
1) Rogers, Caroline		2) Lantz, Kate	
3) Burdorf, Jenna		4) Denton, Chloe	

Event 9 Girls 100 Meter Dash

Name	Year School	Finals	H#	Points
1 Mathews, Payton	Lewis Central	13.27	3	10
2 James, Irelynn	Lewis Central	13.34	3	8
3 Lewis, Jozie	Treynor	13.46	3	6
4 Houser, Allie	Treynor	13.49	3	5
5 Kozeal, Kaitlin	Tri-Center	14.11	3	4
6 Killpack, Avilyn	Tri-Center	14.26	2	3
7 Cook, Claire	Underwood	14.32	2	2
8 Myer, Sammy	MO Valley	14.34	3	1
9 Porter, Alivia	MO Valley	14.55	3	
10 Humphrey, Irrys	Shenandoah	14.61	2	
11 Feuring, Addison	Riverside, Oak	14.62	2	
11 Fletcher, Ali	Underwood	14.62	3	
13 Madsen, Rory	Logan-Magnolia	14.64	1	
14 McCready, Lili	Riverside, Oak	14.82	2	
15 Sieck, Bridgette	Logan-Magnolia	15.01	2	
16 Moore, Adrienne	Shenandoah	15.07	2	
17 Baucom, Natalie	Red Oak	17.68	1	
18 Lewis, Erin	W Harrison	18.14	1	

Event 10 Girls Distance Medley

School	Finals	Points
1 Logan-Magnolia 'A'	4:35.45	10
1) Weber, Grace		2) Fogelman, Kylee
3) Sporrer, Madison		4) Johnsen, Allysen
2 Treynor 'A'	4:39.49	8
1) Zadalis, Zoey		2) James, Aubree
3) Hedrick, Amelia		4) Kulesa, Alyssa
3 Riverside, Oak 'A'	4:44.57	6
1) Richardson, Ayla		2) Lund, Olivia
3) Martens, Adaline		4) Richardson, Bailey
4 Underwood 'A'	5:06.76	5
1) Brandt, Ruby		2) Ambrose, Hailey
3) Gangwish, Lexi		4) Myers, Vivian

Cardinal Relays 2023 - 4/10/2023**Cardinal Track****Results****....Event 10 Girls Distance Medley**

5 Lewis Central 'A'	5:12.35	4
1) Werklund, Lillian	2) Whitney, Anna	
3) Johnston, Addie	4) Jones, Madison	
6 Red Oak 'A'	5:26.96	3
1) Jenkins, Karly	2) Wendt, Tori	
3) O'Neal, Jocelyn	4) Ogden, Iris	
7 Shenandoah 'A'	5:30.81	2
1) Green, Lynnae	2) Dumler, Abbey	
3) Gammell, Ryllynne	4) Dickerson, Mallory	

Event 11 Girls 400 Meter Dash

Name	Year School	Finals	H#	Points
1 Fidone, Madeline	Lewis Central	1:01.01	2	10
2 VanArsdol, Isah	Tri-Center	1:01.95	2	8
3 O'Neal, Jocelyn	Red Oak	1:02.07	2	6
4 Hays, Gracie	Lewis Central	1:03.59	2	5
5 Schechinger, Veronica	Riverside, Oak	1:04.18	2	4
6 Crilly, Claire	Underwood	1:08.52	2	3
7 Miller, Emma	Treynor	1:09.72	2	2
8 Myler, Ella	MO Valley	1:10.72	2	1
9 Chapman, Reese	Treynor	1:11.60	1	
10 Fiedler, Sophia	Underwood	1:15.48	1	
11 Rice, Laney	Riverside, Oak	1:19.67	1	
12 Gross, Rachel	Tri-Center	1:29.33	1	

Event 12 Girls 4x200 Meter Relay

School	Finals	H#	Points
1 Riverside, Oak 'A'	J1:47.41	2	10
1) Andrusyshyn, Veronica	2) Henderson, Carly		
3) Henderson, Elly	4) Erickson, Lydia		
2 Underwood 'A'	J1:48.26	2	8
1) Martin, Hailey	2) Reimer, Jordyn		
3) Ferguson, Kinsley	4) Humphrey, Aliyah		
3 Lewis Central 'A'	J1:53.33	2	6
1) James, Irelynn	2) Mathews, Payton		
3) Heller, Avery	4) Bergman, Maddie		
4 Treynor 'A'	J1:54.61	2	5
1) Lewis, Jozie	2) Carollo, Averie		
3) Mass, Taylor	4) Houser, Allie		
5 Logan-Magnolia 'A'	J1:55.25	2	4
1) Goldsmith, Ava	2) Weber, Grace		
3) Sloan, Ava	4) Fogelman, Kylee		
6 MO Valley 'A'	J1:57.83	1	3
1) Gute, Emma	2) Martinez, Crystal		
3) Hansen, Mia	4) Herman, Grace		
7 Tri-Center 'A'	J2:02.65	2	2
1) Kozeal, Kaitlin	2) Wingert, Meya		
3) Brewer, Mikenzie	4) Killpack, Avilyn		
8 Red Oak 'A'	J2:03.44	1	1
1) Joint, Alexis	2) Gray, Marley		
3) Jenkins, Karly	4) Wendt, Tori		

Cardinal Relays 2023 - 4/10/2023**Cardinal Track****Results****....Event 12 Girls 4x200 Meter Relay**

9 Shenandoah 'A'	J2:05.67	2
1) Humphrey, Irrys	2) Burdorf, Jenna	
3) Moore, Adrienne	4) Gammell, Rylynne	
10 Treynor 'B'	J2:00.58	1
1) Gordon, Reagan	2) Winchell, Elyse	
3) Boswell, Jordyn	4) Goss, Sierra	

Event 13 Girls 100 Meter Hurdles

Name	Year School	Finals	H#	Points
1 Teigland, Clara	Treynor	15.48	3	10
2 Andrusyshyn, Veronica	Riverside, Oak	16.82	3	8
3 James, Aubree	Treynor	17.33	3	6
4 O' Doniel, Karyssa	Lewis Central	17.40	3	5
5 Meador, Layla	Tri-Center	17.71	3	4
6 Irwin, Maddie	Underwood	18.09	2	3
7 Bertelsen, Marki	Logan-Magnolia	18.21	2	2
8 Sorenson, Emile	Tri-Center	18.34	3	1
9 Czarnecki, Abby	Logan-Magnolia	18.47	3	
10 Miller, Hailey	MO Valley	18.68	2	
11 Olmstead-Mitchell, Mack	Riverside, Oak	18.81	2	
12 Childers, Emma	Underwood	19.13	2	
13 Sallach, Brinkly	Red Oak	19.79	1	
14 Furlow, Madeline	Lewis Central	20.44	2	
15 Dumler, Abbey	Shenandoah	21.14	1	
16 Kinser, Breanna	Red Oak	22.72	1	
-- Ferris, Hailey	MO Valley	DNF	2	
-- Denton, Chloe	Shenandoah	DNF	3	

Event 14 Girls 800 Meter Run

Name	Year School	Finals	Points
1 Henderson, Carly	Riverside, Oak	2:31.05	10
2 Egbert, Hailey	Shenandoah	2:36.81	8
3 Rone, Bentley	Riverside, Oak	2:37.79	6
4 Hornbeck, Greytan	Logan-Magnolia	2:41.42	5
5 Hall, Haedyn	Logan-Magnolia	2:46.47	4
6 Kafka, Madison	Lewis Central	2:49.28	3
7 Wohlers, Mallory	Lewis Central	2:49.92	2
8 Mausbach, Elsie	Treynor	2:55.23	1
9 Myers, Vivian	Underwood	3:07.95	
10 Grass, Michelle	Red Oak	3:08.89	
11 Dreyer, Mira	Treynor	3:14.75	

Event 15 Girls 200 Meter Dash

Name	Year School	Finals	H#	Points
1 Humphrey, Aliyah	Underwood	26.89	2	10
2 James, Irelynn	Lewis Central	27.44	2	8
3 Lund, Olivia	Riverside, Oak	27.92	2	6
4 Mathews, Payton	Lewis Central	28.33	2	5
5 Houser, Allie	Treynor	28.62	2	4

Cardinal Relays 2023 - 4/10/2023**Cardinal Track****Results****....Event 15 Girls 200 Meter Dash**

6	Schneckloth, Quincey	Tri-Center	29.08	1	3
7	Carollo, Averie	Treynor	29.68	2	2
8	Lopez, Aubrey	Riverside, Oak	29.87	1	1
9	Cook, Claire	Underwood	30.16	2	
10	Wendt, Tori	Red Oak	30.47	1	
11	Sloan, Ava	Logan-Magnolia	30.70	1	
12	Cihacek, Kaydence	MO Valley	31.84	1	
13	Dumler, Abbey	Shenandoah	32.97	1	
14	Marcum, Ryley	MO Valley	33.46	1	
15	Gross, Rachel	Tri-Center	38.24	1	

Event 16 Girls 400 Meter Hurdles

Name	Year	School	Finals	H#	Points	
1		Teigland, Clara	Treynor	1:05.20	2	10
2		Konz, Nora	Treynor	1:10.10	2	8
3		Houston, Maclayn	W Harrison	1:10.58	2	6
4		O' Doniel, Karyssa	Lewis Central	1:15.62	2	5
5		Woods, Macy	Riverside, Oak	1:17.53	2	4
6		Monico, Addyson	Logan-Magnolia	1:17.66	2	3
7		Gangwish, Lexi	Underwood	1:17.80	2	2
8		Mullenix, Elise	Lewis Central	1:23.05	1	1
9		Childers, Emma	Underwood	1:23.56	2	
10		Feigenbutz, Danika	Riverside, Oak	1:24.04	1	
11		Sallach, Brinkly	Red Oak	1:25.61	1	
12		Madsen, Rory	Logan-Magnolia	1:28.64	1	

Event 17 Girls 1500 Meter Run

Name	Year	School	Finals	Points	
1		Sporrer, Madison	Logan-Magnolia	5:27.62	10
2		Kulesa, Alyssa	Treynor	5:27.75	8
3		Richardson, Bailey	Riverside, Oak	5:35.31	6
4		Egbert, Hailey	Shenandoah	5:36.92	5
5		Less, Amaiya	Riverside, Oak	5:50.15	4
6		Irwin, Lilly	Underwood	5:55.12	3
7		Boswell, Jordyn	Treynor	5:56.45	2
8		Bussey, Ava	Lewis Central	5:56.61	1
9		Rowe, Ava	Logan-Magnolia	6:06.93	
10		Wait, Olivia	Lewis Central	6:12.92	
11		Dickerson, Mallory	Shenandoah	7:10.06	

Event 18 Girls 4x100 Meter Relay

School	Finals	H#	Points	
1	Riverside, Oak 'A'	J51.75	2	10
	1) Henderson, Elly	2) Erickson, Lydia		
	3) Gordon, Emma	4) Andrusyshyn, Veronica		
2	Underwood 'A'	J51.78	2	8
	1) Martin, Hailey	2) Reimer, Jordyn		
	3) Ferguson, Kinsley	4) Humphrey, Aliyah		
3	Treynor 'A'	J52.34	2	6

Cardinal Relays 2023 - 4/10/2023**Cardinal Track****Results****....Event 18 Girls 4x100 Meter Relay**

1) Lewis, Jozie	2) Schwartz, Alexa			
3) Houser, Allie	4) Teigland, Clara			
4 Lewis Central 'A'		J52.58	2	5
1) Hays, Gracie	2) Bergman, Maddie			
3) James, Irelynn	4) Fidone, Madeline			
5 Shenandoah 'A'		J53.18	2	4
1) Rogers, Caroline	2) Lantz, Kate			
3) Green, Lynnae	4) Denton, Chloe			
6 Logan-Magnolia 'A'		J55.27	2	3
1) Weber, Grace	2) Sloan, Ava			
3) Goldsmith, Ava	4) Fogelman, Kylee			
7 MO Valley 'A'		J55.92	1	2
1) Porter, Alivia	2) Myer, Sammy			
3) Martinez, Crystal	4) Hansen, Mia			
8 Tri-Center 'A'		J56.32	2	1
1) Kozeal, Kaitlin	2) Wingert, Meya			
3) Meador, Layla	4) Schneckloth, Quincey			
9 Red Oak 'A'		J56.34	1	
1) Joint, Alexis	2) Gray, Marley			
3) Wendt, Tori	4) O'Neal, Jocelyn			
10 Treynor 'B'		J56.30	1	
1) Carollo, Averie	2) Mass, Taylor			
3) Goss, Sierra	4) Miller, Emma			

Event 19 Girls 4x400 Meter Relay

School	Finals	Points
1 Riverside, Oak 'A'	4:20.58	10
1) Schechinger, Veronica	2) Henderson, Elly	
3) Erickson, Lydia	4) Henderson, Carly	
2 Treynor 'A'	4:28.72	8
1) Hedrick, Amelia	2) James, Aubree	
3) Schwartz, Alexa	4) Konz, Nora	
3 Underwood 'A'	4:38.51	6
1) Crilly, Claire	2) Ambrose, Hailey	
3) Irwin, Maddie	4) Ferguson, Kinsley	
4 MO Valley 'A'	4:40.66	5
1) Myler, Ella	2) Herman, Grace	
3) Gute, Lea	4) Hansen, Mia	
5 Lewis Central 'A'	4:44.95	4
1) Kafka, Madison	2) Wohlers, Mallory	
3) Skokan, Sydney	4) Jones, Madison	
6 Tri-Center 'A'	4:51.24	3
1) Brewer, Mikenzie	2) Killpack, Avilyn	
3) Sorenson, Emile	4) VanArsdol, Isah	
7 Logan-Magnolia 'A'	4:51.67	2
1) Sieck, Bridgette	2) Knauss, Kaiya	
3) Hiatt, Abby	4) Goldsmith, Ava	
8 Red Oak 'A'	5:12.02	1
1) Klepinger, Lainey	2) Schmadeke, Hope	
3) Sallach, Brinkly	4) Ogden, Iris	

Cardinal Relays 2023 - 4/10/2023

Cardinal Track

Results

....Event 19 Girls 4x400 Meter Relay

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Women - Team Rankings - 19 Events Scored

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1) Lewis Central	152	2) Treynor	137
3) Riverside, Oak	126	4) Underwood	77
5) Logan-Magnolia	76	6) Tri-Center	50
7) Shenandoah	42	8) Red Oak	28
9) MO Valley	26	10) W Harrison	16