

Iowa Girls & Boys 3A Qualifying Track Meet - 5/12/2022
5/12/2022

Results - 3A District Events

Girls 100 Meter Dash 3A

Lane Name	Yr	Team	Finals
Finals			
1 Koontz, Allison	09	GLEN	12.65
2 Harder, Mackenzie	09	SL	12.87
3 Carda, Zoie	10	GLEN	13.03
4 Herrig, Ashlyn	11	DENS	13.05
5 Chandler, Samantha	09	DENS	13.70
6 Perkins, Elizabeth	10	CARO	13.85
7 Goins, Brenna	10	CARO	13.88
8 Knuth, Avery	10	ATL	14.13
9 Hol, Kaelyn	10	HAR	14.25
10 Narios, Nerensia	09	ATL	14.60
11 Swensen, Molly	09	HAR	15.16
12 Graeve, Mary	10	LEW	16.05
13 Hogrefe, Morgann	09	SL	16.14
14 Morrison, Ady	09	CRES	16.18
--- Villalpando, Aileen	11	CRES	DQ

Girls 200 Meter Dash 3A

Lane Name	Yr	Team	Finals
Finals			
1 Jorgensen, Hannah	12	CARO	26.96
2 Arnold, Danika	10	GLEN	27.04
3 Bergman, Maddie	11	LEW	27.16
4 Harder, Mackenzie	09	SL	27.80
5 Huffman, Hailey	09	ATL	28.62
6 Bowker, Lauren	11	DENS	28.68
7 McLaughlin, Lauren	11	HAR	29.54
8 Hol, Kaelyn	10	HAR	30.02
9 Bruhn, Camden	09	DENS	31.02
10 Thein, Kennedy	11	CARO	31.09
11 Pellett, Callee	10	ATL	31.66
12 Havermann, Ashlynn	10	LEW	32.06
13 Ornelas Gonzalez, Belind	09	SL	33.94
14 Morrison, Ady	09	CRES	34.00
15 Franco, Angelica	10	CRES	34.94
--- Dougherty, Elaina	09	GLEN	FS

Girls 400 Meter Dash 3A

Lane Name	Yr	Team	Finals
Finals			
1 Fidone, Madeline	10	LEW	1:02.25
2 Hays, Gracie	11	LEW	1:02.41
3 Harder, Mackenzie	09	SL	1:04.53
4 Nanfito, Neyla	10	GLEN	1:05.13
5 Petersen, Breckyn	09	GLEN	1:05.49
6 Puck, Emily	09	CARO	1:05.72
7 Huffman, Mariah	09	ATL	1:07.18
8 Huffman, Hailey	09	ATL	1:07.78
9 Gross, Ellie	12	HAR	1:07.93
10 Gessert, Jenna	11	HAR	1:08.56
11 Musgrave, Brianna	10	DENS	1:10.94
12 Davis, Payton	09	CRES	1:13.52
13 Burke, Averi	10	CARO	1:14.48

Girls 800 Meter Run 3A

Lane Name	Yr	Team	Finals
Finals			
1 Bieker, Kaia	12	HAR	2:18.36
2 Dea, Marie	10	CARO	2:26.31
3 Pellett, Claire	10	ATL	2:33.69
4 Schechinger, Brylee	09	HAR	2:37.92
5 Nanfito, Neyla	10	GLEN	2:40.48
6 Manz, Mahri	09	LEW	2:40.93
7 Dearment, Addie	12	ATL	2:47.66
8 Pantini, Emma	11	CRES	2:47.76
9 Ramirez, Tiffany	09	DENS	2:51.34
10 Bussey, Ava	09	LEW	2:51.52
11 Griffin, Emerson	11	GLEN	2:58.49
12 Orth, Brie	09	SL	3:09.63

Girls 1500 Meter Run 3A

Name	Yr	Team	Finals
Finals			
1 Rush, Ava	11	ATL	5:08.68
2 Mendlik, Lola	09	DENS	5:10.57
3 Holt, Addison	10	LEW	5:10.81
4 Pellett, Claire	10	ATL	5:13.47
5 Berglund, Madelyn	09	GLEN	5:18.90
6 Kanne, Julia	10	CARO	5:35.81
7 Mullenax, Rachel	12	GLEN	5:36.26
8 Dahlhauser, Lillian	10	SL	6:03.03
9 Strunk, Mia	09	CRES	6:22.41
10 Barajas, Juliana	12	DENS	6:28.83
11 Wingert, Lauren	10	HAR	6:43.22

Girls 3000 Meter Run 3A

Name	Yr	Team	Finals
Finals			
1 Mendlik, Lola	09	DENS	11:43.62
2 Sonderman, Lindsey	09	HAR	11:50.36
3 Berglund, Madelyn	09	GLEN	12:14.96
4 Mullenax, Rachel	12	GLEN	12:33.17
5 Kanne, Julia	10	CARO	13:07.21
6 Dahlhauser, Lillian	10	SL	14:13.36
7 Wiederstein, Claire	11	ATL	16:23.62

Girls 100 Meter Hurdles 3A

Lane Name	Yr	Team	Finals
Finals			
1 Miller, Claire	11	DENS	16.23
2 Clemmer, Carlie	10	GLEN	16.30
3 Tunning, Madison	11	CARO	17.58
4 O' Doniel, Karyssa	10	LEW	17.61
5 Bruhn, Kaitlyn	11	DENS	17.67
6 Schmitz, Jaylee	09	HAR	17.97
7 Yale, Destiny	11	GLEN	18.13
8 Broeckelman, Jaci	12	HAR	18.25
9 Fortner, Autumn	10	CARO	18.35
10 Gerdes, Alyssa	09	CRES	19.03
11 Miller, Lauren	12	LEW	19.66

12 Johnson, Shauntez	10	SL	20.42
13 Atkinson, Makayla	10	ATL	20.82
14 Knuth, Avery	10	ATL	21.76
15 Vandevender, Zoey	09	CRES	22.35

Girls 400 Meter Hurdles 3A

Lane Name	Yr	Team	Finals
Finals			
1 Hughes, Abby	12	GLEN	1:06.59
2 Mullenix, Chloe	11	ATL	1:09.41
3 Broeckelman, Abby	09	HAR	1:11.37
4 Botos, Morgan	09	ATL	1:12.27
5 Fortner, Autumn	10	CARO	1:12.75
6 Paup, Doryn	11	CRES	1:13.11
7 Jones, Kennedy	12	GLEN	1:14.21
8 O' Doniel, Karyssa	10	LEW	1:16.01
9 Linn, Jordyn	10	DENS	1:16.94
10 Swensen, Molly	09	HAR	1:20.62
11 Mullenix, Elise	09	LEW	1:24.80
12 Flores, Stacy	10	SL	1:29.14

Girls 4x100 Meter Relay 3A

Team	Relay	Finals
Finals		
1 Glenwood	1	50.27
Carda, Zoie 10	Floyd, Jaylynn 09	
Roenfeldt, Lauren 12	Arnold, Danika 10	
2 Carroll	1	51.57
Perkins, Elizabeth 10	Jorgensen, Hannah 12	
Tunning, Madison 11	Sinnard, Shay 11	
3 Denison-Schlschw	1	52.67
Herrig, Ashlyn 11	Miller, Claire 11	
Chandler, Samantha 09	Bowker, Lauren 11	
4 Harlan	1	53.99
Stork, Kami 10	Ineson, Samantha 10	
Hol, Kaelyn 10	Plagman, Ella 11	
5 Atlantic	1	54.06
Knuth, Avery 10	Jensen, Jada 11	
Guy, Aubrey 11	Huffman, Hailey 09	
6 Creston	1	55.49
Haynes, Aaniah 10	Clayton, Karter 09	
Gerdes, Alyssa 09	Fields, Brianna 12	
7 Lewis Central	1	57.32
Jans, Gracie 12	Scott, Eleanor 12	
Larsen, Brooke 09	Kafka, Madison 10	
8 Storm Lake	1	57.90
Soe, Ehhsermular 10	Johnson, Shauntez 10	
Thao, Apisinee 12	Solem, Natasha 10	

Girls 4x200 Meter Relay 3A

Team	Relay	Finals
Finals		
1 Glenwood	1	1:49.79
Carda, Zoie 10	Floyd, Jaylynn 09	
Hopp, Jenna 11	Arnold, Danika 10	

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Results - 3A District Events

Finals ... (Girls 4x200 Meter Relay 3A)

2	Carroll	1	1:51.60
	Goins, Brenna 10	Tunning, Madison 11	
	Perkins, Elizabeth 10	Sinnard, Shay 11	
3	Lewis Central	1	1:52.21
	James, Irelynn 10	Heller, Avery 11	
	Havermann, Ashlynn 10	Bergman, Maddie 11	
4	Atlantic	1	1:52.65
	Huddleson, Madison 11	Jensen, Jada 11	
	Botos, Morgan 09	Mullenix, Chloe 11	
5	Harlan	1	1:53.06
	Smith, Dani 10	Broeckelman, Abby 09	
	McLaughlin, Lauren 11	Plagman, Ella 11	
6	Denison-Schlswg	1	2:00.68
	Chandler, Samantha 09	Harris, Hannah 09	
	Adams, Taya 10	Steinkuehler, Savannah 09	
7	Creston	1	2:18.13
	Vandevender, Zoey 09	Morrison, Ady 09	
	Villalpando, Aileen 11	Franco, Angelica 10	
8	Storm Lake	1	2:25.95
	Nejera, Tanya 09	Xiong, Kungsha 11	
	Phiakhanta, Rose 11	Hogrefe, Morgann 09	

Girls 4x400 Meter Relay 3A

	Team	Relay	Finals
Finals			
1	Harlan	1	4:09.91
	Smith, Dani 10	Metzger, Lilly 12	
	Broeckelman, Abby 09	Bieker, Kaia 12	
2	Atlantic	1	4:10.15
	Middents, Nicole 10	Huffman, Mariah 09	
	Mullenix, Chloe 11	Rush, Ava 11	
3	Glenwood	1	4:10.17
	Hopp, Jenna 11	Koontz, Allison 09	
	Arnold, Danika 10	Hughes, Abby 12	
4	Lewis Central	1	4:11.71
	Hays, Gracie 11	Fidone, Madeline 10	
	James, Irelynn 10	Bergman, Maddie 11	
5	Carroll	1	4:16.57
	Wittrock, Marasyn 09	Aden, Katelyn 09	
	Tunning, Madison 11	Dea, Marie 10	
6	Creston	1	4:39.91
	Paup, Doryn 11	Fields, Brianna 12	
	Pantini, Emma 11	Clayton, Karter 09	
7	Denison-Schlswg	1	4:52.42
	Harris, Hannah 09	Steinkuehler, Savannah 09	
	Musgrave, Brianna 10	Bahnsen, Emily 09	

Girls 4x800 Meter Relay 3A

	Team	Relay	Finals
Finals			
1	Atlantic	1	10:23.42
	Pellett, Claire 10	Guyer, Aubrey 11	
	Huffman, Mariah 09	Rush, Ava 11	

2	Harlan	1	10:26.16
	Gessert, Jenna 11	Bieker, Taylor 10	
	Gross, Ellie 12	Bieker, Kaia 12	
3	Glenwood	1	10:30.02
	Hughes, Lauren 10	Schultz, Brooklyn 09	
	Nanfito, Neyla 10	Petersen, Breckyn 09	
4	Lewis Central	1	12:28.85
	Jones, Madison 10	Benck, Lauren 10	
	Mings, Kendall 10	Scott, Lucy 10	
5	Carroll	1	14:01.31
	Kelly, Zoey 10	Johnson, Mackenzie 11	
	Wittrock, Kiyah 09	Leymaster, Sienna 10	

Girls 800 Sprint Medley 3A

	Team	Relay	Finals
Finals			
1	Carroll	1	1:53.09
	Wittrock, Marasyn 09	Sinnard, Shay 11	
	Jorgensen, Hannah 12	Dea, Marie 10	
2	Glenwood	1	1:53.50
	Carda, Zoie 10	Floyd, Jaylynn 09	
	Koontz, Allison 09	Hughes, Abby 12	
3	Lewis Central	1	1:57.40
	James, Irelynn 10	Heller, Avery 11	
	Fidone, Madeline 10	Hays, Gracie 11	
4	Atlantic	1	1:58.64
	Huddleson, Madison 11	Jensen, Jada 11	
	Botos, Morgan 09	Middents, Nicole 10	
5	Harlan	1	2:00.34
	Stork, Kami 10	Ineson, Samantha 10	
	Metzger, Lilly 12	Smith, Dani 10	
6	Denison-Schlswg	1	2:09.42
	Steinkuehler, Savannah 09	Harris, Hannah 09	
	Linn, Jordyn 10	Bahnsen, Emily 09	
7	Storm Lake	1	2:14.47
	Soe, Ehhsermular 10	Johnson, Shauntez 10	
	Thao, Apisinee 12	Solem, Natasha 10	
8	Creston	1	2:17.97
	Haynes, Aaniah 10	Gerdes, Alyssa 09	
	Strunk, Sydney 11	Davis, Payton 09	

Girls Distance Medley 3A

	Team	Relay	Finals
Finals			
1	Carroll	1	4:23.13
	Wittrock, Marasyn 09	Jorgensen, Hannah 12	
	Aden, Katelyn 09	Dea, Marie 10	
2	Harlan	1	4:23.23
	Stork, Kami 10	Ineson, Samantha 10	
	Metzger, Lilly 12	Bieker, Kaia 12	
3	Atlantic	1	4:31.00
	Huddleson, Madison 11	Mullenix, Chloe 11	
	Middents, Nicole 10	Rush, Ava 11	
4	Glenwood	1	4:36.50
	Crawford, Courtney 09	Roefeldt, Lauren 12	
	Schultz, Brooklyn 09	Hughes, Lauren 10	

5	Denison-Schlswg	1	4:52.24
	Herrig, Ashlyn 11	Miller, Claire 11	
	Bowker, Lauren 11	Mendlik, Lola 09	
6	Lewis Central	1	5:00.13
	Jans, Gracie 12	Scott, Eleanor 12	
	Larsen, Brooke 09	Bussey, Ava 09	
7	Creston	1	5:02.90
	Haynes, Aaniah 10	Strunk, Sydney 11	
	Clayton, Karter 09	Pantini, Emma 11	
8	Storm Lake	1	5:32.60
	Xiong, Kungsha 11	Ornelas Gonzalez, Belinda	
	Flores, Stacy 10	Orth, Brie 09	

Girls 4x100 Meter Shuttle Hurdle 3A

	Lane	Team	Relay	Finals
Finals				
1		Denison-Schlswg	1	1:10.52
		Bruhn, Kaitlyn 11	Bruhn, Kamden 09	
		Adams, Taya 10	Miller, Claire 11	
2		Glenwood	1	1:11.74
		Yale, Destiny 11	Hughes, Abby 12	
		Jones, Kennedy 12	Clemmer, Carlie 10	
3		Harlan	1	1:13.81
		Curren, Ally 12	Broeckelman, Abby 09	
		Broeckelman, Jaci 12	Schmitz, Jaylee 09	
4		Lewis Central	1	1:19.75
		O' Doniel, Karyssa 10	Miller, Lauren 12	
		Mullenix, Elise 09	Furlow, Madeline 09	
5		Creston	1	1:24.39
		Travis, Grace 10	Gerdes, Alyssa 09	
		Vandevender, Zoey 09	Clayton, Karter 09	

Girls High Jump 3A

	Name	Yr	Team	Finals
Finals				
1	Duran, Keisi	09	GLEN	5-00.00
2	Merksick, Stacy	11	LEW	5-00.00
3	Hernandez, Charley	09	GLEN	4-08.00
4	Botos, Morgan	09	ATL	4-08.00
---	Harris, Hannah	09	DENS	NH
---	Badding, Bella	09	CARO	NH

Girls Long Jump 3A

	Name	Yr	Team	Finals
Finals				
1	Sinnard, Shay	11	CARO	18-04.00
2	Hopp, Jenna	11	GLEN	17-09.75
3	Hernandez, Charley	09	GLEN	17-05.50
4	Harder, Mackenzie	09	SL	17-01.00
5	Bergman, Maddie	11	LEW	16-07.50
6	McLaughlin, Lauren	11	HAR	16-00.00
7	Bowker, Lauren	11	DENS	15-11.00
8	Vogl, Hailey	10	CARO	14-05.50
9	Furlow, Madeline	09	LEW	14-03.50
10	Pellett, Callee	10	ATL	12-09.00

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Results - 3A District Events

Girls Shot Put 3A				--- Hall, Aidan 11 HAR DNF	Boys 1600 Meter Run 3A			
Lane Name	Yr	Team	Finals		Name	Yr	Team	Finals
Finals					Finals			
1 Schmieding, Kierra	12	LEW	38-05.00		1 Eichhorn, Ethan	10	LEW	4:39.32
2 Thramer, Elise	11	LEW	37-03.00		2 Keller, Bryant	10	GLEN	4:39.88
3 Arnold, Brynlee	12	GLEN	36-06.25		3 Sonntag, Alex	10	ATL	4:42.57
4 Fields, Brianna	12	CRES	35-08.75		4 Smith, Andrew	10	GLEN	4:43.00
5 Jones, Kennedy	12	GLEN	33-10.50		5 North, Ryan	10	CARO	4:55.00
6 Kuhlmann, Emma	09	CARO	33-04.75		6 Diercks, Kade	10	LEW	5:05.02
7 Larsen, Chloe	12	HAR	31-07.50		7 Ledesma, Ricky	12	DENS	5:05.60
8 Jimenez-Russell, Alexis	10	ATL	30-03.00		8 Moon, Tyler	12	SL	5:11.15
9 Richter, Abbi	11	ATL	29-11.75		9 Wipperman, Riley	11	CRES	5:13.91
10 Morales, Ashley	12	SL	29-11.00		10 Bragg, Joseph	10	HAR	5:15.13
11 Ayala, Vanessa	12	CARO	29-09.50		11 Lenzmeier, Matt	12	SL	5:23.42
12 Springman, Cameron	12	HAR	28-07.75		12 Molinski, Blake	09	CARO	5:26.25
13 Coyle, Molly	11	SL	28-02.00		13 Bruck, Caden	09	HAR	5:29.05
14 Huebert, Norah	09	DENS	27-01.50		14 Alfaro, Ismael	09	DENS	5:30.68
15 Seaton, Taylor	12	CRES	26-05.25					
16 Lupian, Adrianna	10	DENS	25-08.00					
Girls Discus Throw 3A					Boys 200 Meter Dash 3A			
Lane Name	Yr	Team	Finals		Lane Name	Yr	Team	Finals
Finals					Finals			
1 Thramer, Elise	11	LEW	135-10		1 Hinsley, Tyler	12	LEW	22.27
2 Ayala, Vanessa	12	CARO	126-05		2 Neuharth, Will	11	HAR	22.71
3 Schmieding, Kierra	12	LEW	117-07		3 Sell, Brock	12	GLEN	23.27
4 Fields, Brianna	12	CRES	110-09		4 O'Hara, Gannon	12	ATL	23.72
5 Hiller, Abi	09	GLEN	109-01		5 Longmeyer, Payton	10	GLEN	23.81
6 Arnold, Brynlee	12	GLEN	108-08		6 Arambula, Anthony	09	DENS	23.94
7 Springman, Cameron	12	HAR	104-01		7 Witte, Curtis	10	LEW	24.46
8 Richter, Abbi	11	ATL	99-04		8 Dryden, Casen	09	CRES	24.82
9 Paup, Doryn	11	CRES	92-05		9 Larson, Jaice	10	ATL	25.43
10 Morales, Ashley	12	SL	91-10		10 Riley, Tyler	09	CRES	25.88
11 Kennebeck, Heather	12	CARO	91-06		11 Riesberg, Justin	10	CARO	25.91
12 Hogrefe, Madelyn	09	SL	91-05		12 Schliesman, Tate	10	CARO	26.59
13 Lupian, Adrianna	10	DENS	83-01		13 Bruck, Jacob	11	DENS	26.69
14 Huebert, Norah	09	DENS	80-06					
15 Jimenez-Russell, Alexis	10	ATL	75-05		Boys 400 Meter Dash 3A			
16 Larsen, Chloe	12	HAR	69-00		Lane Name	Yr	Team	Finals
Boys 100 Meter Dash 3A					Finals			
Lane Name	Yr	Team	Finals		1 Dirkx, Zach	12	CARO	52.88
Finals					2 Lea, Karson	11	LEW	54.25
1 Neuharth, Will	11	HAR	10.81		3 Watson, Gabriel	11	LEW	55.02
2 Sell, Brock	12	GLEN	11.30		4 Connell, Gavin	11	GLEN	55.58
3 Chanthavisouk, Joey	12	SL	11.53		5 O'Brien, Tyson	09	ATL	55.89
4 Desy, Brailyn	09	DENS	11.71		6 Reisz, Jozef	09	HAR	56.63
5 Fields, Devon	09	ATL	11.86		7 Schaben, Carter	12	GLEN	56.84
6 Houser, Tye	09	ATL	11.89		8 Evans, Austin	10	CRES	57.96
7 Darden, Chase	12	GLEN	11.98		9 Herbert, Aidan	10	DENS	58.00
8 Humpal, Julian	11	LEW	12.30		10 Templeton, Dayton	12	ATL	58.33
9 Aragon, Chris	11	CRES	12.44		11 Soukko, Nathan	11	SL	58.62
10 Bruck, Jacob	11	DENS	12.51		12 Heisterkamp, Edrick	09	CARO	58.82
11 Essick, Carter	09	CARO	12.85		13 Morrison, Ty	11	CRES	59.15
12 Taylor, Christian	10	CARO	12.91		14 Desy, Brailyn	09	DENS	59.41
13 Saturno, Rey	09	CRES	14.17		Boys 800 Meter Run 3A			
Boys 3200 Meter Run 3A					Lane Name	Yr	Team	Finals
Name	Yr	Team	Finals		Finals			
1 Eichhorn, Ethan	10	LEW	10:19.21		1 Smith, Andrew	10	GLEN	2:05.94
2 Keller, Bryant	10	GLEN	10:21.89		2 Flores, Leonardo	11	DENS	2:06.47
3 Diercks, Kade	10	LEW	10:54.04		3 Briley, Brandon	10	CRES	2:08.34
4 Engler, Andrew	12	ATL	11:01.84		4 Sliefert, Dylan	12	SL	2:08.46
5 North, Ryan	10	CARO	11:21.01		5 Perrien, Ethan	11	DENS	2:09.00
6 Berg, Zane	12	ATL	11:32.45		6 Proehl, Jayden	11	ATL	2:13.08
7 Slayman, Preston	11	GLEN	11:37.16		7 Petersen, Colin	09	LEW	2:15.67
8 Lenzmeier, Matt	12	SL	11:57.84		8 Shannon, Jake	10	GLEN	2:15.81
9 Olsen, Ethan	09	DENS	12:03.14		9 Bragg, Joseph	10	HAR	2:16.83
10 Moon, Tyler	12	SL	12:30.52		10 Olson, Jamison	09	LEW	2:18.30
11 Shelton, Jonathan	10	HAR	13:44.37		11 Hagen, Colton	10	CARO	2:23.57
12 Sonderman, Jeb	09	HAR	14:11.64		12 Noeth, Shane	09	HAR	2:24.80
Boys 110 Meter Hurdles 3A					13 Andersen, Caden	11	ATL	2:26.23
Lane Name	Yr	Team	Finals		14 Schaeffer, Evan	09	CARO	2:29.29
Finals					15 Hopkins, Gabe	09	CRES	2:38.84
1 Boldra, Tyler	12	GLEN	15.30					
2 Driscoll-Lee, Anthony	11	GLEN	15.32		Boys 400 Meter Hurdles 3A			
3 McLaren, Jackson	11	ATL	15.96		Lane Name	Yr	Team	Finals
4 Pontow, Tanner	12	CARO	16.17		Finals			
5 Chanthavisouk, Joey	12	SL	16.60		1 Kammrad, Braylon	11	LEW	57.51
6 Ibarra, Brian	11	DENS	16.72		2 Boldra, Tyler	12	GLEN	58.30
7 Rasmussen, Colton	10	ATL	17.17		3 Fink, Jake	10	DENS	58.34
8 Humpal, Julian	11	LEW	17.34					
9 Klocke, Owen	09	CARO	18.12					
10 Fah, Stephen	10	HAR	18.30					
11 Wallace, Chase	11	LEW	19.09					
12 Stephens, Keegan	09	HAR	19.96					

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Finals ... (Boys 400 Meter Hurdles 3A)

4	Bergman, Aidan	10 LEW	59.60
5	Ibarra, Brian	11 DENS	1:01.54
6	Petersen, Kaden	12 GLEN	1:01.76
7	McLaren, Jackson	11 ATL	1:02.83
8	Ludwig, Cooper	10 CARO	1:04.62
9	Sorensen, Micah	10 HAR	1:06.29
10	White, Maddox	09 CARO	1:07.95
11	Keyanye, Bachi	10 SL	1:07.98
12	Leppla, Maddix	09 CRES	1:13.87
13	Schaefer, Josh	09 CRES	1:14.84

Boys 4x100 Meter Relay 3A

Team	Relay	Finals
Finals		
1	Lewis Central	1 43.06
	Fidone, Luciano 11	Hinsley, Tyler 12
	Humpal, Jonathan 11	Maker, Lual 10
2	Glenwood	1 44.61
	Driscoll-Lee, Anthony 11	Mulkins, Jackson 09
	Frye, Colby 11	Sell, Brock 12
3	Harlan	1 44.77
	Eggerss, Brenden 10	Neuharth, Will 11
	Birch, Jacob 11	Hall, Aidan 11
4	Carroll	1 45.45
	Ziegman, Reece 09	White, Jack 11
	Richardson, Remy 12	Dirkx, Zach 12
5	Denison-Schlswg	1 46.15
	Desy, Brailyn 09	Arambula, Anthony 09
	Wiebers, Luke 10	Cardenas, David 11
6	Atlantic	1 46.29
	Keiser, Alex 11	Fields, Devon 09
	Houser, Tye 09	Larson, Jaice 10
7	Storm Lake	1 50.64
	Turnquist, Brock 10	Keyanye, Bachi 10
	Talamantes, Alan 12	Turner, Trevor 11
---	Creston	1 DQ
	Seaton, Austin 11	Conley, Payton 11
	Riley, Tyler 09	Aragon, Chris 11

Boys 4x200 Meter Relay 3A

Team	Relay	Finals
Finals		
1	Lewis Central	1 1:29.90
	Fidone, Luciano 11	Hinsley, Tyler 12
	Kammrad, Braylon 11	Humpal, Jonathan 11
2	Glenwood	1 1:33.30
	Krause, Cody 11	Longmeyer, Payton 10
	Frye, Colby 11	Sell, Brock 12
3	Harlan	1 1:33.53
	Eggerss, Brenden 10	Neuharth, Will 11
	Birch, Jacob 11	Hall, Aidan 11
4	Denison-Schlswg	1 1:36.03
	Arambula, Anthony 09	Wiebers, Luke 10
	Cardenas, David 11	Fink, Jake 10

5	Creston	1 1:38.62
	Seaton, Austin 11	Dryden, Casen 09
	Drake, Xander 09	Conley, Payton 11
6	Carroll	1 1:39.50
	Ziegman, Reece 09	White, Jack 11
	Tigges, Austin 11	Richardson, Remy 12
7	Atlantic	1 1:43.22
	Hedrington, Dante 10	McLaren, James 11
	Houser, Tye 09	Larson, Jaice 10
8	Storm Lake	1 1:45.14
	Turnquist, Brock 10	Keyanye, Bachi 10
	Talamantes, Alan 12	Turner, Trevor 11

Boys 4x400 Meter Relay 3A

Team	Relay	Finals
Finals		
1	Lewis Central	1 3:33.55
	Fishell, Ethen 12	Watson, Gabriel 11
	Woltmann, Luke 10	Fidone, Luciano 11
2	Atlantic	1 3:35.90
	Pellett, Carter 11	O'Hara, Gannon 12
	O'Brien, Tyson 09	Whetstone, Bennett 10
3	Glenwood	1 3:43.45
	Connell, Gavin 11	Schaben, Carter 12
	Cruz, Victor 09	VonEssen, Grant 12
4	Denison-Schlswg	1 3:43.52
	Herbert, Aidan 10	Castellanos, Esteban 12
	Perrien, Chandler 10	Perrien, Ethan 11
5	Carroll	1 3:43.60
	Ziegman, Reece 09	Richardson, Remy 12
	Tigges, Austin 11	Dirkx, Zach 12
6	Creston	1 3:43.93
	Dryden, Casen 09	Drake, Xander 09
	Evans, Austin 10	Briley, Brandon 10
7	Harlan	1 3:49.82
	Arkfled, Will 10	Van Baale, Bryce 09
	Reisz, Jozef 09	Van Baale, Bret 11
8	Storm Lake	1 4:08.70
	Soukkee, Nathan 11	Lenzmeier, Matt 12
	Moon, Tyler 12	Sliefert, Dylan 12

Boys 4x800 Meter Relay 3A

Team	Relay	Finals
Finals		
1	Denison-Schlswg	1 8:36.54
	Flores, Leonardo 11	Ledesma, Ricky 12
	Ibarra, Brian 11	Perrien, Ethan 11
2	Atlantic	1 8:37.11
	Andersen, Caden 11	Sonntag, Alex 10
	Proehl, Jayden 11	Whetstone, Bennett 10
3	Glenwood	1 8:39.80
	Smith, Andrew 10	Shannon, Jake 10
	Mount, Nolan 10	Williams, Andrew 12
4	Lewis Central	1 9:24.94
	Petersen, Colin 09	Olson, Jamison 09
	Cox, Haidyn 10	Arkfled, Marshall 09

5	Creston	1 9:38.07
	Riley, Tyler 09	Morrison, Ty 11
	Wipperman, Riley 11	Hopkins, Gabe 09
6	Harlan	1 9:59.00
	Bragg, Joseph 10	Noeth, Shane 09
	Bruck, Caden 09	Sorensen, Micah 10
7	Carroll	1 10:35.12
	Hagen, Colton 10	Heisterkamp, Edrick 09
	Schaeffer, Evan 09	Boell, Noah 12

Boys 800 Sprint Medley 3A

Team	Relay	Finals
Finals		
1	Lewis Central	1 1:36.99
	Humpal, Jonathan 11	Maker, Lual 10
	Hinsley, Tyler 12	Fidone, Luciano 11
2	Glenwood	1 1:39.03
	Frye, Colby 11	Mulkins, Jackson 09
	Boldra, Tyler 12	DeLashmutt, Cooper 09
3	Carroll	1 1:40.31
	Ziegman, Reece 09	White, Jack 11
	Richardson, Remy 12	Dirkx, Zach 12
4	Atlantic	1 1:42.08
	Houser, Tye 09	Larson, Jaice 10
	O'Brien, Tyson 09	Pellett, Carter 11
5	Denison-Schlswg	1 1:44.37
	Cardenas, David 11	Fink, Jake 10
	Wiebers, Luke 10	Desy, Brailyn 09
6	Harlan	1 1:46.98
	Van Baale, Bret 11	Van Baale, Bryce 09
	Reisz, Jozef 09	Arkfled, Will 10
7	Creston	1 1:49.53
	Leppla, Maddix 09	Schaefer, Josh 09
	Riley, Tyler 09	Aragon, Chris 11
8	Storm Lake	1 2:02.03
	Turnquist, Brock 10	Keyanye, Bachi 10
	Talamantes, Alan 12	Soukkee, Nathan 11

Boys Distance Medley 3A

Team	Relay	Finals
Finals		
1	Denison-Schlswg	1 3:43.75
	Cardenas, David 11	Fink, Jake 10
	Wiebers, Luke 10	Flores, Leonardo 11
2	Lewis Central	1 3:45.70
	Witte, Curtis 10	Bergman, Aidan 10
	Woltmann, Luke 10	Fishell, Ethen 12
3	Creston	1 3:48.47
	Drake, Xander 09	Conley, Payton 11
	Dryden, Casen 09	Briley, Brandon 10
4	Glenwood	1 3:50.93
	Darden, Trey 09	Frye, Colby 11
	DeLashmutt, Cooper 09	Keller, Bryant 10
5	Atlantic	1 3:57.12
	O'Hara, Gannon 12	Pellett, Carter 11
	Whetstone, Bennett 10	Sonntag, Alex 10

Iowa Girls & Boys 3A Qualifying Track Meet - 5/12/2022
5/12/2022

Results - 3A District Events

Finals ... (Boys Distance Medley 3A)

6	Carroll	1	4:21.92
	Schliesman, Tate 10	Wardell, Payton 10	
	Riesberg, Justin 10	Molinski, Blake 09	
7	Harlan	1	4:35.26
	Stephens, Keegan 09	Fah, Stephen 10	
	Sorensen, Micah 10	Shelton, Jonathan 10	

Boys 4x110 Meter Shuttle Hurdle 3A

Lane	Team	Relay	Finals
Finals			
1	Glenwood	1	1:02.63
	Boldra, Tyler 12	Petersen, Kaden 12	
	VonEssen, Grant 12	Driscoll-Lee, Anthony 11	
2	Lewis Central	1	1:02.79
	Kammrad, Braylon 11	Bergman, Aidan 10	
	Dermody, JC 12	Maker, Lual 10	
3	Atlantic	1	1:04.44
	McLaren, Jackson 11	Rasmussen, Colton 10	
	Keiser, Alex 11	Hedrington, Dante 10	
4	Carroll	1	1:08.98
	Klocke, Owen 09	Ludwig, Cooper 10	
	Smith, Carter 09	Pontow, Tanner 12	
5	Harlan	1	1:11.09
	Fah, Stephen 10	Van Baale, Bryce 09	
	Stephens, Keegan 09	Van Baale, Bret 11	
6	Creston	1	1:20.03
	Schaefer, Josh 09	Leppla, Maddix 09	
	Looney, Tyson 09	Myers, Jayden 09	

Boys High Jump 3A

Name	Yr	Team	Finals
Finals			
1	Krause, Cody	11 GLEN	6-02.00
2	Rasmussen, Colton	10 ATL	6-01.00
3	Proehl, Jayden	11 ATL	6-01.00
4	Turner, Trevor	11 SL	6-01.00
5	Ostrander, Kord	12 GLEN	6-01.00
6	Witte, Curtis	10 LEW	5-08.00
---	Wardell, Payton	10 CARO	DQ
---	Pontow, Tanner	12 CARO	DQ
---	Van Baale, Bryce	09 HAR	DQ

Boys Long Jump 3A

Name	Yr	Team	Finals
Finals			
1	Krause, Cody	11 GLEN	21-00.50
2	Driscoll-Lee, Anthony	11 GLEN	20-08.50
3	Eggerss, Brenden	10 HAR	20-01.00
4	Humpal, Jonathan	11 LEW	20-00.00
5	O'Hara, Gannon	12 ATL	19-11.00
6	Arambula, Anthony	09 DENS	19-06.00
7	Ferguson, Zane	12 LEW	18-07.50
8	Talamantes, Alan	12 SL	16-09.50
9	Templeton, Dayton	12 ATL	16-08.00
9	Heisterkamp, Edrick	09 CARO	16-08.00

11	Boell, Noah	12	CARO	16-02.00
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Boys Shot Put 3A

Lane	Name	Yr	Team	Finals
Finals				
1	Deyo, Hunter	12	LEW	51-03.50
2	Matiyow, Parker	11	LEW	48-10.00
3	Bieker, Jameson	12	HAR	45-08.00
4	Schmitz, Gunner	11	HAR	45-05.00
5	Dressel, Caleb	12	GLEN	42-10.25
6	Eckheart, Logyn	11	GLEN	42-06.50
7	Chapman, Max	10	CRES	40-04.50
8	Plagge, Garret	10	DENS	40-01.00
9	Sorensen, Evan	09	ATL	38-06.75
10	Wieland, Colton	11	CARO	38-00.50
11	Darrow, Xavier	09	ATL	35-11.00
12	Fuller, Quinten	10	CRES	35-03.50
13	Scheuring, Derek	11	DENS	31-00.00
14	Schroeder, Trevor	11	CARO	30-03.50

Boys Discus Throw 3A

Lane	Name	Yr	Team	Finals
Finals				
1	Deyo, Hunter	12	LEW	156-07
2	Bieker, Jameson	12	HAR	153-09
3	Schmitz, Gunner	11	HAR	140-06
4	Eckheart, Logyn	11	GLEN	139-06
5	Keiser, Alex	11	ATL	138-10
6	Chapman, Max	10	CRES	136-11
7	Plagge, Garret	10	DENS	136-10
8	Bird, Dylan	12	GLEN	135-05
9	Bodholdt, Ty	10	SL	129-07
10	Matiyow, Parker	11	LEW	123-08
11	Bruce, Cohen	10	ATL	122-05
12	Wieland, Colton	11	CARO	117-02
13	Lichtenberg, Marques	10	SL	108-10
14	Schroeder, Trevor	11	CARO	92-05
15	Fuller, Quinten	10	CRES	90-01
16	Scheuring, Derek	11	DENS	83-10