

Dowling Catholic Relays - 4/1/2021
Dowling Catholic High School
Results

Boys 100 Meter Dash Varsity

Name	Year School	Seed	Finals	H#	Points
Finals					
1 Hall, Aidan	Harlan Community	11.28	11.47	2	6
2 Neuharth, Will	Harlan Community	11.78	11.86	2	4
3 Ziegler, Jaylen	Urbandale	12.20	11.89	2	2.50
3 Schumacher, Jaxon	Treynor	11.50	11.89	2	2.50
5 Thompson, Jalyn	Dowling Catholic	11.65	11.91	2	0.50
5 Anderson, Jake	Dowling Catholic	11.88	11.91	2	0.50
7 Smith, Evan	Treynor	11.40	12.05	2	
8 Stahlbaum, Rheiner	Johnston	12.20	12.50	2	
9 Tasto, Colten	Atlantic Track	15.00	13.28	1	
10 Hedrington, Dante	Atlantic Track	13.20	13.77	1	
11 Edward, Niyogushima	Johnston	12.50	13.82	1	

Boys 200 Meter Dash Varsity

Name	Year School	Seed	Finals	H#	Points
1 Hall, Aidan	Harlan Community	23.40	23.25	2	6
2 Pedersen, Todd	Treynor	22.60	23.66	2	4
3 Nevitt, Jakob	Dowling Catholic	23.75	23.88	2	3
4 Ziegler, Jaylen	Urbandale	23.70	24.07	2	2
5 Cruchelow, Hunter	Dowling Catholic	23.80	24.09	2	1
6 Erlemeier, Michael	Harlan Community	23.60	24.36	2	
7 Klahn, Jared	Johnston	24.20	24.91	2	
8 Oâ€™hara, Gannon	Atlantic Track	24.50	24.97	1	
9 Reynolds, Garrett	Atlantic Track	25.00	27.52	1	
10 Phi, Tyler	Johnston	28.00	28.03	1	

Boys 400 Meter Dash Varsity

Name	Year School	Seed	Finals	Points
1 Pedersen, Todd	Treynor	51.00	51.53	6
2 Brooks, Louis	Dowling Catholic	51.60	53.42	4
3 Larsen, Braden	Treynor	53.50	55.18	3
4 Hoyt, Isaac	Urbandale	55.60	56.30	2
5 Daniel, Simon	Dowling Catholic	54.00	57.80	1
6 Bragg, Joseph	Harlan Community	1:03.00	1:01.93	
7 Proehl, Jayden	Atlantic Track	1:00.00	1:03.69	
8 Boardman, Reed	Harlan Community	58.00	1:04.80	

Boys 800 Meter Run Varsity

Name	Year School	Seed	Finals	Points
1 Brown, Max	Dowling Catholic	2:10.00	2:07.51	6
2 Leto, Sam	Dowling Catholic	2:08.00	2:08.47	4
3 Dooley, Cole	Treynor	2:03.00	2:09.03	3
4 Gross, Trey	Harlan Community	2:05.00	2:10.96	2
5 Donoho, Andrew	Urbandale	2:15.50	2:11.71	1
6 Kellar, Nathan	Johnston	2:14.00	2:15.26	
7 Chapman, Payton	Treynor	2:10.00	2:17.45	
8 Andersen, Caden	Atlantic Track	2:11.00	2:18.00	

Dowling Catholic Relays - 4/1/2021
Dowling Catholic High School
Results

....Boys 800 Meter Run Varsity

9 Smith, Ethan	Urbandale	2:11.90	2:19.01
10 Koesters, Quinn	Harlan Community	2:20.00	2:28.80
11 Mayom, Anyaar	Johnston	2:20.00	2:34.94

Boys 1600 Meter Run Varsity

Name	Year School	Seed	Finals	Points
1 Heidesch, Jackson	Dowling Catholic		4:23.36	6
2 Muller, Cade	Dowling Catholic		4:24.64	4
3 Yual, Yohana	Johnston	4:28.00	4:29.69	3
4 Moran, Anthony	Urbandale	4:45.50	4:49.87	2
5 Dooley, Cole	Treynor	4:50.00	5:05.09	1
6 Leggett, Cole	Urbandale	5:04.90	5:08.42	
7 Borgmeier, Matt	Johnston	4:50.00	5:10.43	
8 Munch, Brennon	Harlan Community	5:20.00	5:30.05	
9 Bragg, Joseph	Harlan Community	5:30.00	5:39.34	
10 Tarrell, Logan	Atlantic Track	6:10.00	5:41.13	

Boys 3200 Meter Run Varsity

Name	Year School	Seed	Finals	Points
1 Dooley, Cole	Treynor	10:10.00	10:17.38	6
2 Gross, Trey	Harlan Community	10:30.00	10:22.04	4
3 Smith, Ethan	Urbandale	10:50.25	10:25.44	3
4 Milligan, Flynn	Dowling Catholic		10:30.75	2
5 O'Connor, Aidan	Johnston	10:30.00	10:46.20	1
6 Donoho, Andrew	Urbandale	11:10.35	10:50.33	
7 Klocke, Nick	Dowling Catholic	11:14.00	10:53.14	
8 Berg, Zane	Atlantic Track	11:33.00	11:06.34	
9 Engler, Drew	Atlantic Track	11:56.00	11:12.94	
10 Munch, Brennon	Harlan Community	11:00.00	11:34.73	
11 Amspaugh, Luke	Johnston	11:25.00	11:36.48	

Boys 110 Meter Hurdles Varsity

Name	Year School	Seed	Finals	Points
1 Thompson, Koah	Dowling Catholic	15.33	15.10	6
2 Schaaf, Sid	Treynor	15.40	15.43	4
3 James, Noah	Treynor	15.50	15.83	3
4 Hoyt, Caleb	Urbandale	15.91	16.25	2
5 Mullenix, Colin	Atlantic Track	18.00	16.39	1
6 Assmann, Garrett	Harlan Community	18.50	18.11	
7 Reynolds, Garrett	Atlantic Track	19.50	18.51	

Boys 400 Meter Hurdles Varsity

Name	Year School	Seed	Finals	H#	Points
1 Schaaf, Sid	Treynor	56.00	56.34	2	6
2 James, Noah	Treynor	57.00	56.78	2	4
3 Bussey, Will	Dowling Catholic	58.50	58.41	2	3
4 Mullenix, Colin	Atlantic Track	59.99	58.45	2	2

Dowling Catholic Relays - 4/1/2021
Dowling Catholic High School
Results

....Boys 400 Meter Hurdles Varsity

5	Langenberg, Tucker	Urbandale	1:01.84	1:00.31	2	1
6	Hoyt, Caleb	Urbandale	1:03.90	1:00.48	2	
7	Vance, Zane	Atlantic Track	1:01.00	1:02.62	2	
8	Reisz, Franz	Harlan Community	1:05.00	1:04.58	2	
9	Helgeson, Owen	Johnston	1:05.00	1:05.62	1	
10	Williams, Tavian	Johnston	1:05.00	1:06.95	1	

Boys 4x100 Meter Relay Varsity

School	Seed	Finals	Points
1 Treynor 'A'	45.50	45.38	6
1) Smith, Evan			
2) Clark, Josh			
3) Nelson, Noah			
4) Schumacher, Jaxon			
2 Harlan Community 'A'	45.40	46.41	4
1) Musich, Brock			
2) Neuharth, Will			
3) Sears, Cade			
4) Birch, Jacob			
3 Johnston 'A'	47.00	47.08	2
1) Shaw, Jake			
2) Gill, Tyrell			
3) Rutz, Jack			
4) Stahlbaum, Rheiner			
4 Urbandale 'A'	47.25	47.68	
1) Sickerson, Drew			
2) Hoyt, Isaac			
3) Garwood, Cole			
4) Booth, Ben			
5 Atlantic Track 'A'	50.00	48.21	
1) Oâ€™hara, Gannon			
2) Tasto, Colten			
3) Vance, Zane			
4) Weaver, Joe			

Boys 4x100.25 Meter Relay WEIGHTMAN Varsity

School	Seed	Finals
1 Johnston 'A'		50.95
1) Freeman, JT		
2) Dieleman, Luke		
3) Kuennen, Cade		
4) Kronlage, Tyler		
2 Dowling Catholic 'A'	1:05.00	51.15
1) Pearson, Russell		
2) Erickson, Cole		
3) Patton, Chase		
4) Pettus-McMullen, Jaylen		
3 Dowling Catholic 'B'		56.18
4 Treynor 'A'	52.00	56.27
1) Schiltz, AJ		
2) Sadr, Aaron		
3) Quick, Trey		
4) Sadr, Blake		
5 Urbandale 'A'	55.00	56.33
1) Pavon, Brad		
2) Herbold, August		
3) Renken, Gabe		
4) Mulemba, Shaq		

Boys 4x200 Meter Relay Varsity

School	Seed	Finals	Points
1 Harlan Community 'A'	1:33.00	1:33.02	6
1) Hall, Aidan			
2) Neuharth, Will			
3) Sears, Cade			
4) Erlemeier, Michael			
2 Dowling Catholic 'A'	1:36.00	1:34.36	4
1) Thompson, Jalyn			
2) Anderson, Jake			
3) Reed, Joe			
4) Ringwelski, Will			

Dowling Catholic Relays - 4/1/2021
Dowling Catholic High School
Results

....Boys 4x200 Meter Relay Varsity

3 Johnston 'A'	1:36.00	1:39.00	2
1) Strand, Sean	2) Shaw, Jake		
3) Rutz, Jack	4) Gill, Tyrell		
4 Urbandale 'A'	1:38.18	1:39.76	
1) Langenberg, Tucker	2) Palimore, Dree		
3) Garwood, Cole	4) Booth, Ben		
5 Treynor 'A'	1:36.00	1:41.13	
1) Nelson, Noah	2) Dirks, Kayden		
3) Waterman, Nolan	4) Clark, Josh		
6 Atlantic Track 'A'	1.48	1:43.17	
1) Hedrington, Dante	2) Lamp, Cooper		
3) Reynolds, Garrett	4) McLaren, Jackson		

Boys 4x400 Meter Relay Varsity

School	Seed	Finals	Points
1 Treynor 'A'	3:28.00	3:28.20	6
1) Pedersen, Todd	2) James, Noah		
3) Larsen, Braden	4) Schaaf, Sid		
2 Dowling Catholic 'A'	3:34.00	3:29.88	4
1) Townsend, Adam	2) Bliss, Andrew		
3) Reed, Joe	4) Cruchelow, Hunter		
3 Urbandale 'A'	3:34.00	3:32.66	2
1) Neyens, Ian	2) Carper, Justin		
3) Friedrichsen, Graham	4) Chandler, Deylin		
4 Harlan Community 'A'	3:36.00	3:34.93	
1) Hall, Aidan	2) Erlemeier, Michael		
3) Sears, Cade	4) Gross, Trey		
5 Johnston 'A'	3:42.00	3:42.56	
1) Love, Carson	2) Simpson, Jacob		
3) Henderson, Adonis	4) Bauer, Alec		
6 Atlantic Track 'A'	3:52.00	3:46.20	
1) Mullenix, Colin	2) Andersen, Caden		
3) Whetstone, Bennett	4) Becker, Craig Alan		

Boys 4x800 Meter Relay Varsity

School	Seed	Finals	Points
1 Dowling Catholic 'A'	8:30.00	8:39.72	6
1) Brown, Max	2) Shaw, Gabe		
3) Daniel, Jordan	4) Leto, Sam		
2 Johnston 'A'	8:42.00	9:08.44	4
1) Kerber, Joe	2) Barber, Ben		
3) Battani, Kyle	4) Wagner, Jake		
3 Atlantic Track 'A'	8.71	9:14.54	2
1) Andersen, Caden	2) Proehl, Jayden		
3) Tarrell, Logan	4) Whetstone, Bennett		

Boys 800 Sprint Medley Varsity

School	Seed	Finals	Points
1 Treynor 'A'	1:36.00	1:36.08	6

Dowling Catholic Relays - 4/1/2021
Dowling Catholic High School
Results

....Boys 800 Sprint Medley Varsity

1) Smith, Evan	2) Schumacher, Jaxon			
3) Schaaf, Sid	4) Pedersen, Todd			
2 Atlantic Track 'A'		1:53.00	1:41.53	4
1) Oâ€™hara, Gannon	2) Rasmussen, Colton			
3) Weaver, Joe	4) Becker, Craig Alan			
3 Harlan Community 'A'		1:38.50	1:41.67	2
1) Assmann, Garrett	2) Neuharth, Will			
3) Sears, Cade	4) Birch, Jacob			
4 Dowling Catholic 'A'		1:47.00	1:43.13	
1) Brown, Carson	2) Cataldo, Dante			
3) Jameson, Parker	4) Seamer, Noah			
5 Johnston 'A'		1:42.00	1:43.17	
1) Shaw, Jake	2) Gill, Tyrell			
3) Love, Carson	4) Henderson, Adonis			

Boys Distance Medley Varsity

School	Seed	Finals	Points
1 Urbandale 'A'	3:40.00	3:39.70	6
1) Neyens, Ian	2) Friedrichsen, Graham		
3) Chandler, Deylin	4) Moran, Anthony		
2 Atlantic Track 'A'	3:58.00	3:44.02	4
1) Weaver, Joe	2) Vance, Zane		
3) Mullenix, Colin	4) Becker, Craig Alan		
3 Dowling Catholic 'A'	3:55.00	3:54.68	2
1) Bliss, Andrew	2) Townsend, Adam		
3) Conn, Owen	4) Pierson, Christopher		
4 Johnston 'A'	3:50.00	4:00.96	
1) Love, Carson	2) Henderson, Adonis		
3) Bauer, Alec	4) Heaberlin, Ben		
5 Treynor 'A'	3:58.00	4:03.49	
1) Nelson, Noah	2) Clark, Josh		
3) Waterman, Nolan	4) Chapman, Payton		
6 Harlan Community 'A'	3:57.00	4:06.66	
1) Assmann, Garrett	2) Birch, Jacob		
3) Koesters, Quinn	4) Reisz, Franz		

Boys 4x110 Meter Shuttle Hurdle Varsity

School	Seed	Finals	Points
1 Urbandale 'A'	1:08.52	1:10.19	6
1) Hoyt, Caleb	2) Gyure, Michael		
3) Wilondja, Asi	4) Langenberg, Tucker		
2 Johnston 'A'	1:08.00	1:11.43	4
1) Williams, Tavian	2) Scott, Will		
3) Helgeson, Owen	4) Strahorn, Logan		
3 Atlantic Track 'A'		1:13.79	2
1) Weaver, Joe	2) Vance, Zane		
3) Hedrington, Dante	4) Rasmussen, Colton		

Dowling Catholic Relays - 4/1/2021
Dowling Catholic High School
Results

Boys High Jump Varsity

Name	Year School	Seed	Finals	Points
1 James, Noah	Treynor	6-04.00	6-05.00	6
2 Conn, Owen	Dowling Catholic	6-01.00	6-00.00	4
3 Kramer, Stephen	Johnston	5-10.00	5-10.00	3
4 Rasmussen, Colton	Atlantic Track	5-10.00	5-08.00	2
-- Carpenter, Caden	Urbandale		NH	
-- Woodley, Rex	Johnston	5-10.00	NH	
-- Proehl, Jayden	Atlantic Track	5-00.00	NH	
-- Daniel, Simon	Dowling Catholic	5-08.00	NH	

Boys Long Jump Varsity

Name	Year School	Seed	Finals	Points
1 Schumacher, Jaxon	Treynor	19-08.00	18-10.50	6
2 Nevitt, Jakob	Dowling Catholic	18-10.00	18-05.50	3.50
2 Smith, Evan	Treynor	19-00.00	18-05.50	3.50
4 Hanten, Matthew	Dowling Catholic	19-01.50	18-04.75	2
5 Oâ€™hara, Gannon	Atlantic Track		17-10.00	1
6 Klahn, Jared	Johnston	17-00.00	17-04.00	
7 Braaten, Calvin	Urbandale	17-10.75	16-08.50	
8 Cornwell, Carson	Johnston	15-00.00	16-02.75	
9 McLaren, Jackson	Atlantic Track	15-08.00	16-01.00	

Boys Shot Put Varsity

Name	Year School	Seed	Finals	Points
1 Pearson, Russell	Dowling Catholic	49-00.00	45-01.00	6
2 Pettus-McMullen, Jaylen	Dowling Catholic	45-00.00	44-00.00	4
3 McLaughlin, Will	Harlan Community	43-04.00	43-09.00	3
4 Sadr, Blake	Treynor	45-00.00	41-09.00	2
5 Bieker, Jameson	Harlan Community	41-05.00	40-09.00	1
6 Kronlage, Tyler	Johnston	38-00.00	40-00.00	
7 Kuennen, Cade	Johnston	40-00.00	39-02.00	
8 Pavon, Brad	Urbandale	37-01.00	35-11.00	
9 Herbold, August	Urbandale	37-04.00	34-09.00	
10 Bruce, Cohen	Atlantic Track	22-10.00	25-09.00	
11 Klemmenson, Charles	Atlantic Track	24-11.00	22-10.00	
12 Pross, Alex	Atlantic Track		20-11.00	
-- Fox, Blake	Treynor	40-00.00	DNF	

Boys Discus Throw Varsity

Name	Year School	Seed	Finals	Points
1 Bieker, Jameson	Harlan Community	126-00	137-01	
2 Pearson, Russell	Dowling Catholic	140-00	132-08.50	
3 Sadr, Blake	Treynor	145-00	131-04	
4 Pettus-McMullen, Jaylen	Dowling Catholic	135-00	125-00.50	
5 Mulemba, Shaq	Urbandale	94-04	116-08.50	
6 Schiltz, AJ	Treynor	130-00	112-01	
7 Dieleman, Luke	Johnston	118-00	111-11.50	
8 McLaughlin, Will	Harlan Community	135-00	103-02.50	

Dowling Catholic Relays - 4/1/2021
Dowling Catholic High School
Results

....Boys Discus Throw Varsity

9 Renken, Gabe	Urbandale	105-00	102-10
10 Spielbauer, Matt	Johnston	95-00	94-01.50
11 Bruce, Cohen	Atlantic Track	91-06	83-07
12 Pross, Alex	Atlantic Track		69-05
13 Klemmenson, Charles	Atlantic Track		63-09

Boys 100 Meter Dash Junior Varsity

Name	Year School	Seed	Finals	H#
1 Ringwelski, Will	Dowling Catholic	12.00	12.23	2
2 Klein, Austin	Dowling Catholic	12.22	12.42	2
3 Klahn, Jared	Johnston	12.10	12.58	2
4 Huisman, James	Treynor	12.50	12.88	2
4 Phillip, CJ	Dowling Catholic	12.00	12.88	2
6 Moss, Kyle	Treynor	12.70	13.09	1
7 Brownsberger, Zane	Atlantic Track	14.44	14.88	1
8 Meinders, Caleb	Atlantic Track		16.69	1

Boys 200 Meter Dash Junior Varsity

Name	Year School	Seed	Finals	H#
1 Brown, Carson	Dowling Catholic	24.50	23.98	2
2 McLaren, Jackson	Atlantic Track	28.00	25.78	1
3 O'Donnell, Kolson	Urbandale		26.36	1
4 Moss, Kyle	Treynor	25.70	26.41	2
5 Huisman, James	Treynor	25.50	26.55	2
6 Sparks, Jacob	Urbandale	27.07	27.16	1
7 Hedrington, Dante	Atlantic Track	25.50	27.93	2
8 Vorthmann, Kale	Treynor	27.00	28.34	2
9 Monson, Perry	Urbandale		31.82	1

Boys 400 Meter Dash Junior Varsity

Name	Year School	Seed	Finals
1 Vorthmann, Devin	Treynor	58.00	55.97
2 Huegerich, Ben	Dowling Catholic	58.50	56.38
3 Sonntag, Alex	Atlantic Track	1:04.00	57.69
4 Kuhn, Brady	Dowling Catholic	59.60	58.50
5 Vorthmann, Kale	Treynor	1:02.00	1:02.79
6 Lugala, Emmanuel	Dowling Catholic	1:07.00	1:06.67

Boys 800 Meter Run Junior Varsity

Name	Year School	Seed	Finals
1 Whetstone, Bennett	Atlantic Track	2:16.00	2:19.07
2 Staton, Blake	Urbandale	2:30.67	2:26.90
3 Berg, Zane	Atlantic Track		2:28.42
4 Engler, Drew	Atlantic Track		2:30.97
5 Fitzpatrick, Trevor	Johnston	2:50.00	2:32.67
6 Darnell, Charlie	Dowling Catholic	2:40.00	2:35.56
7 Lawler, John	Dowling Catholic	2:50.00	2:42.95

Dowling Catholic Relays - 4/1/2021
Dowling Catholic High School
Results

....Boys 800 Meter Run Junior Varsity

8 Strawn, Nate	Dowling Catholic		2:47.23
9 Hitchcock, Jake	Johnston	2:50.00	2:47.81
10 Smith, Carter	Urbandale		2:48.70
11 Martell, Noah	Johnston	2:50.00	2:49.24
12 Gayer, Rafe	Treynor	2:30.00	2:54.21

Boys 1600 Meter Run Junior Varsity

Name	Year School	Seed	Finals	H#
1 Shaw, Gabe	Dowling Catholic		4:52.16	1
2 Derocher, Max	Dowling Catholic	5:00.00	4:56.88	1
3 Brinker, Gage	Dowling Catholic	5:00.00	4:57.34	1
4 Moran, Mason	Urbandale	5:11.52	4:59.45	1
5 Hensley, Tommy	Urbandale	5:15.40	4:59.47	1
6 Leggett, Evan	Urbandale	5:26.41	5:05.55	1
7 McEniry, Drew	Dowling Catholic	5:10.00	5:09.14	1
8 Battani, Kyle	Johnston	5:05.00	5:15.23	1
9 Hammerand, Nate	Urbandale	5:39.84	5:29.80	2
10 Fageroos, Nathan	Johnston	5:50.00	5:31.23	2
11 Warren, Patrick	Dowling Catholic	5:30.00	5:36.41	1
12 Wilwerding, Joe	Dowling Catholic	5:30.00	5:37.00	1
13 Sonntag, Alex	Atlantic Track		5:40.48	2
14 Fredericks, Aidan	Johnston	5:40.00	5:40.58	2
15 Sterling, Jonah	Johnston	5:30.00	5:41.10	1
16 Marsh, Derek	Johnston	5:30.00	5:41.43	1
17 Spurr, Braden	Atlantic Track	6:10.00	5:43.92	2
18 Gifford, Brett	Dowling Catholic		5:46.02	2
19 Suliano, Joshua	Urbandale		5:49.25	2
20 Devadas, Rohan	Johnston	6:00.00	5:49.78	2
21 Kluesner, Evan	Urbandale	7:08.39	5:51.00	2
22 McFadden, Mason	Atlantic Track	6:40.00	5:54.24	2
23 Ostrander, Russ	Johnston	6:00.00	6:23.22	2

Boys 3200 Meter Run Junior Varsity

Name	Year School	Seed	Finals
1 Lord, Michael	Dowling Catholic	11:24.00	11:16.09
2 Johnson, Curren	Johnston	11:40.00	11:24.94
3 Fink, Henry	Dowling Catholic	11:45.00	11:38.56
4 Neas, Jack	Urbandale		12:02.06
5 Staton, Blake	Urbandale		12:20.55
6 McAlister, Sam	Johnston	12:00.00	12:21.46
7 Davis, Caden	Johnston	11:50.00	12:29.44
8 McFadden, Mason	Atlantic Track	12:30.00	12:29.85
9 Smith, Carter	Urbandale		12:43.80
10 Maitre, Andrew	Johnston	11:50.00	14:30.63
10 Morris, Dale	Johnston	12:30.00	14:30.63
12 Yoshida, Zane	Johnston	12:30.00	14:32.46
-- Couvillon, Ben	Johnston	12:30.00	DNF

Dowling Catholic Relays - 4/1/2021
Dowling Catholic High School
Results

Boys 110 Meter Hurdles Junior Varsity

Name	Year School	Seed	Finals	Points
1 Scott, Will	Johnston	19.00	18.76	6
2 Jepson, Jack	Dowling Catholic	19.88	20.16	4

Boys 400 Meter Hurdles Junior Varsity

Name	Year School	Seed	Finals
1 Wright, Adam	Dowling Catholic	57.00	1:00.63
2 Brown, Nate	Dowling Catholic	1:07.00	1:05.15
3 Kallen, Carter	Johnston	1:05.00	1:08.26
4 Wilondja, Asi	Urbandale	1:13.21	1:09.65
5 Gyure, Michael	Urbandale	1:09.59	1:09.73
6 Corrigan, Josh	Johnston	1:05.00	1:11.17

Boys 4x100 Meter Relay Junior Varsity

School	Seed	Finals
1 Dowling Catholic 'A' 1) Klein, Austin 3) Seamer, Noah	47.50	47.30
2 Dowling Catholic 'B' 1) Paulsen, Joseph 3) Soliday, Connor	55.50	49.38
3 Johnston 'B' 1) Perez, Diego 3) Jordan, Logan	49.00	49.94
4 Atlantic Track 'A' 1) Johnson, Korbin 3) McLaren, Jackson	1.00	52.33
5 Johnston 'A' 1) Proctor, Taylen 3) Cihota, Jack	47.80	52.81
6 Atlantic Track 'B' 1) Bruce, Cohen 3) Carey, Traeagher		59.26

Boys 4x200 Meter Relay Junior Varsity

School	Seed	Finals	Points
1 Dowling Catholic 'A' 1) Clark, Colin 3) Cataldo, Dante	1:40.00	1:38.08	6
2 Johnston 'B' 1) Kramer, Jonathan 3) Cornwell, Carson	1:44.00	1:43.01	4
3 Johnston 'A' 1) Strahorn, Logan 3) Jordan, Logan	1:44.00	1:44.85	2
4 Urbandale 'A' 1) Ojeke, Agwair 3) Hamilton, Drew	1:52.00	1:48.04	

Dowling Catholic Relays - 4/1/2021
Dowling Catholic High School
Results

....Boys 4x200 Meter Relay Junior Varsity

5 Atlantic Track 'A'		1:49.72
1) Johnson, Korbin	2) McLaren, James	
3) Carey, Traegher	4) Henson, Isaac	
-- Dowling Catholic 'B'	1:50.00	DQ
1) Day, Sam	2) Hoover, Ben	
3) Buenting, Taylor	4) Moore, Jack	
-- Urbandale 'B'	1:53.00	DQ
1) Doan, Phillip	2) Black, Kaeden	
3) Giles, Matthew	4) Mulligan, Brayden	

Boys 4x400 Meter Relay Junior Varsity

School	Seed	Finals
1 Dowling Catholic 'A'	3:55.00	3:53.85
1) Huegerich, Ben	2) Kuhn, Brady	
3) Jaimes, Jeison	4) Nielsen, Daniel	
2 Johnston 'A'	3:43.00	3:55.20
1) Heaberlin, Ben	2) Kerber, Joe	
3) Battani, Kyle	4) O'Connor, Aidan	
3 Atlantic Track 'A'	4:01.00	3:56.69
1) Rasmussen, Colton	2) Tasto, Colten	
3) Lamp, Cooper	4) Proehl, Jayden	
4 Johnston 'B'	3:50.00	4:01.30
1) Hurley, Ian	2) Kellar, Nathan	
3) Borgmeier, Matt	4) Picken, Brayden	
5 Dowling Catholic 'B'	4:00.00	4:03.44
1) Hanten, Matthew	2) Henriquez, Giovanni	
3) Jarabek, Fabian	4) James, Kenyi	
6 Urbandale 'A'	4:04.00	4:11.70
1) Ojeke, Agwair	2) Doan, Phillip	
3) Huynh, Jeremy	4) McDaniel, Kael	
7 Atlantic Track 'B'		4:31.44
1) Henderson, Brock	2) Carey, Traegher	
3) Spurr, Braden	4) Tarrell, Logan	
8 Urbandale 'B'	5:00.00	4:52.80
1) Hudak, Jon	2) Hudak, Nik	
3) Stensrud, Trae	4) Ryan, Xander	

Boys 4x800 Meter Relay Junior Varsity

School	Seed	Finals	Points
1 Johnston 'A'	9:00.00	9:38.98	6
1) Mayom, Anyaar	2) Picken, Brayden		
3) Hurley, Ian	4) Barber, Ben		
2 Dowling Catholic 'A'	10:00.00	9:47.02	4
1) Palmer, Owen	2) Jarabek, Fabian		
3) Leto, Charlie	4) McGuire, Jack		
3 Dowling Catholic 'B'	10:00.00	9:49.48	2
1) Fox, Johnny	2) Dietrich, Matthew		
3) Latta, Jason	4) Nelson, Cole		
4 Urbandale 'A'	12:00.00	11:32.55	
1) Hudak, Jon	2) Hudak, Nik		
3) Stensrud, Trae	4) Ryan, Xander		

Dowling Catholic Relays - 4/1/2021
Dowling Catholic High School
Results

Boys 800 Sprint Medley Junior Varsity

School	Seed	Finals	Points
1 Dowling Catholic 'B'	2:00.00	1:46.25	6
1) Day, Sam			
2) Skyles, Logan			
3) Hoover, Ben			
4) Moore, Jack			
2 Dowling Catholic 'A'	1:50.00	1:47.96	4
1) Rosendahl, Ethan			
2) Stark, Cael			
3) Nielsen, Daniel			
4) Jaimes, Jeison			
3 Atlantic Track 'A'		1:50.79	2
1) Henson, Isaac			
2) Johnson, Korbin			
3) McLaren, James			
4) Henderson, Brock			
4 Urbandale 'A'	1:54.00	1:50.87	
1) Huynh, Jeremy			
2) Black, Kaeden			
3) Mulligan, Brayden			
4) Giles, Matthew			
5 Johnston 'A'	1:46.00	1:52.20	
1) McCoy, Steve			
2) Scothorn, Zach			
3) Phi, Tyler			
4) Kallen, Carter			
6 Johnston 'B'	1:48.00	2:01.06	
1) Perkins, Trenton			
2) Ness, Brandon			
3) Anderson, Nathan			
4) Martin, Owen			

Boys Distance Medley Junior Varsity

School	Seed	Finals
1 Urbandale 'A'	4:03.45	4:00.22
1) Braaten, Calvin		
2) Palimore, Dree		
3) Sickerson, Drew		
4) Leggett, Cole		
2 Dowling Catholic 'B'	3:58.00	4:04.90
1) Ricke, Jared		
2) Brown, Hank		
3) Jameson, Parker		
4) Klemm, Aidan		
3 Johnston 'B'	3:59.00	4:07.46
1) Krug, Gavin		
2) Proctor, Taylen		
3) Cihota, Jack		
4) Madison, Noah		
4 Dowling Catholic 'A'	4:15.00	4:07.57
1) Fort, Keve		
2) Hanten, Matthew		
3) James, Kenyi		
4) Sullivan, Timothy		
5 Urbandale 'B'	4:16.00	4:11.89
1) Carpenter, Caden		
2) Sparks, Jacob		
3) McDaniel, Kael		
4) Suliano, Joshua		
6 Atlantic Track 'A'	4:10.00	4:23.59
1) Johnson, Korbin		
2) Henson, Isaac		
3) Carey, Traegher		
4) Spurr, Braden		
-- Johnston 'A'	3:50.00	DQ
1) Love, Carson		
2) Henderson, Adonis		
3) Bauer, Alec		
4) Heaberlin, Ben		

Boys 4x110 Meter Shuttle Hurdle Junior Varsity

School	Seed	Finals
1 Dowling Catholic 'A'	1:01.50	1:01.22
1) Thompson, Koah		
2) Clark, Colin		
3) Bussey, Will		
4) Wright, Adam		
2 Johnston 'A'	1:10.00	1:21.17

Dowling Catholic Relays - 4/1/2021
Dowling Catholic High School
Results

....Boys 4x110 Meter Shuttle Hurdle Junior Varsity

1) Strand, Sean	2) Corrigan, Josh		
3) Clark, James	4) Kramer, Jonathan		
3 Urbandale 'A'		1:17.00	1:26.91
1) Ojeke, Agwair	2) O'Donnell, Kolson		
3) Monson, Perry	4) Hamilton, Drew		

Boys High Jump Junior Varsity

Name	Year School	Seed	Finals
1 Rounds, Nick	Dowling Catholic	5-08.00	5-04.00
1 Simpson, Jacob	Johnston	5-09.00	5-04.00
-- Brown, Hank	Dowling Catholic	5-04.00	NH

Boys Long Jump Junior Varsity

Name	Year School	Seed	Finals
1 Jameson, Parker	Dowling Catholic	17-05.00	17-03.25
2 Doan, Phillip	Urbandale	16-08.25	17-02.00
3 Seamer, Noah	Dowling Catholic	17-10.00	16-05.25
4 Henderson, Brock	Atlantic Track		15-07.75
5 Huisman, James	Treynor	17-00.00	15-06.00
6 Scothorn, Zach	Johnston	15-00.00	15-05.75
7 Mikles, Matthew	Johnston	15-00.00	15-00.00
8 Kramer, Jonathan	Johnston	15-00.00	11-09.00

Boys Shot Put Junior Varsity

Name	Year School	Seed	Finals
1 Navarro, Carlos	Dowling Catholic	33-00.00	38-05.00
2 Bagenstos, Ryan	Dowling Catholic	37-00.00	36-10.00
3 Sadr, Aaron	Treynor	35-00.00	35-11.00
4 Brittain, Tyler	Johnston	36-00.00	33-11.00
5 Birt, Regan	Johnston	36-00.00	33-03.00
5 Freeman, JT	Johnston	36-00.00	33-03.00
7 Batterton, Caid	Dowling Catholic	36-00.00	32-11.00
8 Quick, Trey	Treynor	30-00.00	30-06.00
9 Mulemba, Shaq	Urbandale	35-10.00	30-02.00
10 Busick, Dominic	Dowling Catholic	30-00.00	28-06.00
11 Renken, Gabe	Urbandale	26-09.25	24-11.00
-- Snyder, Kayden	Treynor	32-00.00	DNF

Boys Discus Throw Junior Varsity

Name	Year School	Seed	Finals
1 Patton, Chase	Dowling Catholic	115-00	108-03.50
2 Mawia, Lal Ram	Johnston	100-00	106-11.50
3 Sadr, Aaron	Treynor	110-00	100-06
4 Quick, Trey	Treynor	100-00	92-05
5 Garwood, Cole	Urbandale	92-09	89-08.50
6 Booth, Ben	Urbandale		85-03
7 Musignac, Jamil	Johnston	90-00	84-05.50

Dowling Catholic Relays - 4/1/2021

Dowling Catholic High School

Results

....Boys Discus Throw Junior Varsity

8 Agau, Alier	Dowling Catholic	95-00	80-05
9 Volp, Aiden	Dowling Catholic	105-00	79-07
10 Busick, Dominic	Dowling Catholic	80-00	77-06
11 Allemagne, Jonathan	Johnston	90-00	66-09