

ROLAND STORY CC INVITATIONAL HS GIRLS 5K Cross Country Meet

Event: HS GIRLS 5K
Date: Thursday, September 26, 2019
Location: Story City, IA
Weather: Sunny 79°

Results By: Brett Carney * All-American Timing

Place	School	1	2	3	4	5	6	7	Score	Time Total	Average	Spread
1	Norwalk High School	2	4	5	6	7	9	12	24	1:42:38	20:32	1:33
2	North Polk	1	15	18	19	24	25	26	77	1:47:19	21:28	2:54
3	Bondurant-Farrar	13	14	16	20	21	41	44	84	1:49:06	21:49	0:45
4	Nevada High School	11	17	23	27	43	46	54	121	1:51:37	22:19	2:21
5	Roland-Story High School	3	8	34	38	39	73	78	122	1:51:37	22:19	3:13
6	Madrid	10	22	29	40	55	70	81	156	1:54:51	22:58	3:43
7	South Hamilton	30	32	33	35	47	76	88	177	1:56:42	23:20	1:38
8	Greene County	37	50	56	63	67	69	80	273	2:04:40	24:56	2:35
9	Ogden	31	42	58	71	79			281	2:04:58	25:00	3:49
10	Woodward Granger	28	48	57	68	83	86	90	284	2:05:22	25:04	4:33
11	Colo-NESCO	52	60	64	75	77	91	96	328	2:09:12	25:50	1:41
12	Southeast Valley	51	53	62	82	89	93	95	337	2:10:42	26:08	3:33
13	West Central Valley	49	59	66	74	92			340	2:10:59	26:12	4:01
14	Kuemper Catholic	45	61	72	84	85	87	97	347	2:10:50	26:10	3:18
15	Saydel	36	65	94	98	99			392	2:25:38	29:08	11:06

Incomplete Teams: Webster City Community School, Woodward Academy

Place	Score	Name	School	Time	Pace mpm
1	1	Liza Schaffer, FR	North Polk	19:29	6:16/M
2	2	Torin Lackmann, JR	Norwalk High School	19:35	6:18/M
3	3	Kylie Tjernagel, SR	Roland-Story High School	20:17	6:32/M
4	4	Breelie Mauro, FR	Norwalk High School	20:35	6:38/M
5	5	Abbie Davitt, SR	Norwalk High School	20:38	6:38/M
6	6	Morgan Weeks, SO	Norwalk High School	20:42	6:40/M
7	7	Annika Wallace, JR	Norwalk High School	21:08	6:48/M
8	8	Kaitlyn Kilstofte, SR	Roland-Story High School	21:12	6:50/M
9	9	Annika Schulz, SR	Norwalk High School	21:15	6:50/M
10	10	Jadyn Miller, SR	Madrid	21:17	6:51/M
11	11	Elie Tuhn, SO	Nevada High School	21:20	6:52/M
12	12	Emily Kehoe, SR	Norwalk High School	21:22	6:53/M
13	13	Lily O'Brien, FR	Bondurant-Farrar	21:29	6:55/M
14	14	Elizabeth Lozano, SO	Bondurant-Farrar	21:35	6:57/M
15		Kennedy Wendl, SO	Norwalk High School	21:38	6:58/M
16	15	Abi Zimmer, JR	North Polk	21:41	6:59/M
17	16	Bridget Johnson, FR	Bondurant-Farrar	21:46	7:00/M
18	17	Eliana Hornbuckle, SR	Nevada High School	21:47	7:01/M
19	18	Abby Hill, SR	North Polk	21:53	7:03/M
20	19	Hailey Volz, SO	North Polk	21:53	7:03/M
21	20	Emily Erhardt, SR	Bondurant-Farrar	22:02	7:06/M
22	21	Alyssa Fick, JR	Bondurant-Farrar	22:14	7:09/M
23	22	Emily White, FR	Madrid	22:19	7:11/M
24	23	Allison Kruzich, FR	Nevada High School	22:22	7:12/M
25	24	Josie Dresen, SO	North Polk	22:23	7:12/M
26	25	Izzie Bergstrom, JR	North Polk	22:23	7:12/M

27	26	Sophie Schaffer, SR	North Polk	22:23	7:12/M
28	27	Eleanor Elliott-Rude, JR	Nevada High School	22:27	7:14/M
29		Jacie Crutcher, SO	Webster City Community School	22:29	7:14/M
30	28	Emma Drake, SR	Woodward Granger	22:33	7:16/M
31		Aubrie Kiesling, FR	North Polk	22:34	7:16/M
32	29	Piper Steburg, FR	Madrid	22:41	7:18/M
33		Addie Cooper, JR	North Polk	22:44	7:19/M
34	30	Abby Ervin, JR	South Hamilton	22:47	7:20/M
35	31	Amber Braniff, JR	Ogden	22:57	7:23/M
36	32	Paige Dootlitttle, FR	South Hamilton	23:07	7:26/M
37	33	Kelbe Krumm, SO	South Hamilton	23:07	7:27/M
38	34	Baylie Janssen, SO	Roland-Story High School	23:09	7:27/M
39	35	Anna Lammers, SO	South Hamilton	23:15	7:29/M
40	36	Orianna Martin, SO	Saydel	23:15	7:29/M
41	37	Ashlee Harmeyer, SR	Greene County	23:21	7:31/M
42		Kiana Vogel, SO	Norwalk High School	23:27	7:33/M
43	38	Caden Thoreson, FR	Roland-Story High School	23:29	7:34/M
44	39	Bekah Strobly, SO	Roland-Story High School	23:30	7:34/M
45	40	Erin Schieltz, JR	Madrid	23:34	7:35/M
46	41	Brooke Kiley, SO	Bondurant-Farrar	23:34	7:35/M
47	42	Kayden Spencer, FR	Ogden	23:35	7:35/M
48	43	Grace Cahill, JR	Nevada High School	23:40	7:37/M
49	44	Grace Johnson, SO	Bondurant-Farrar	23:43	7:38/M
50		Alia Springer, SR	North Polk	23:48	7:40/M
51		Kaelyn Butz, JR	Webster City Community School	23:49	7:40/M
52		Katelyn Nelson, SO	Bondurant-Farrar	24:03	7:44/M
53		Chloe Martin, FR	Norwalk High School	24:06	7:45/M
54	45	Avery Jeschke, SO	Kuemper Catholic	24:06	7:45/M
55		Whitney Larson, SO	North Polk	24:06	7:46/M
56		Natalie Martin, JR	Norwalk High School	24:07	7:46/M
57		Isabelle Friedman, SO	North Polk	24:19	7:50/M
58	46	Bridget Cahill, FR	Nevada High School	24:22	7:51/M
59		Emma Peck, FR	Webster City Community School	24:25	7:52/M
60	47	Chandler George, SO	South Hamilton	24:25	7:52/M
61		Rachel Carrant, JR	Bondurant-Farrar	24:34	7:54/M
62	48	Natalie Helbling, SR	Woodward Granger	24:36	7:55/M
63	49	Aliyah Dickson, SR	West Central Valley	24:37	7:55/M
64	50	Kassie Lamoureux, SR	Greene County	24:39	7:56/M
65	51	Morgan Farnham, JR	Southeast Valley	24:44	7:58/M
66	52	Callie Kohlwes, FR	Colo-NESCO	24:55	8:01/M
67	53	Madison Doyle, SO	Southeast Valley	24:58	8:02/M
68	54	Natalie Barber, FR	Nevada High School	25:00	8:03/M
69	55	Brooke Bogenschutz, SR	Madrid	25:00	8:03/M
70		Kadence Davenport, SO	North Polk	25:01	8:03/M
71		Madison Davis, SR	Nevada High School	25:04	8:04/M
72	56	Conner Allender, JR	Greene County	25:04	8:04/M
73	57	Katie Grell, SO	Woodward Granger	25:07	8:05/M
74		Isabel George, FR	Norwalk High School	25:14	8:07/M
75	58	Torrie Wisecup, JR	Ogden	25:18	8:09/M
76	59	Kate Dredge, FR	West Central Valley	25:20	8:09/M
77		Regan McDougalle, SO	Bondurant-Farrar	25:24	8:11/M
78		Hannah Fritz, JR	Nevada High School	25:28	8:12/M
79	60	Katie Spalding, FR	Colo-NESCO	25:32	8:13/M
80		Taylor Conrad, JR	Nevada High School	25:32	8:13/M

81	61	Keziah Janssen, FR	Kuemper Catholic	25:33	8:13/M
82	62	Marlie Johnson, JR	Southeast Valley	25:38	8:15/M
83	63	Makala Kafer, JR	Greene County	25:39	8:15/M
84	64	Hanna Jamison, SO	Colo-NESCO	25:40	8:16/M
85		Tessa Williams, FR	North Polk	25:43	8:17/M
86	65	Emily Lowe, JR	Saydel	25:49	8:19/M
87		Adalynn Wierck, SO	Bondurant-Farrar	25:50	8:19/M
88	66	Shaynn Wahman, SO	West Central Valley	25:56	8:21/M
89	67	Autumn Stevens, FR	Greene County	25:56	8:21/M
90		Raegan Levi, SO	Norwalk High School	25:58	8:21/M
91		Briar Crain, SO	Nevada High School	25:58	8:21/M
92	68	Kaitlyn Smith, SO	Woodward Granger	25:58	8:22/M
93		Presley Lucas, FR	Norwalk High School	25:59	8:22/M
94		Meredith Harter, SR	Nevada High School	26:05	8:24/M
95	69	Kayla Muir, JR	Greene County	26:17	8:28/M
96		Courtney Stanley, JR	Woodward Academy	26:18	8:28/M
97	70	Elizabeth Tranel, JR	Madrid	26:19	8:28/M
98		Alexandra Williamson, SR	Nevada High School	26:20	8:29/M
99		Breanne Bielfelt, JR	Woodward Academy	26:21	8:29/M
100	71	April McGriff, JR	Ogden	26:21	8:29/M
101	72	Alexandria Klein, SO	Kuemper Catholic	26:23	8:30/M
102	73	Natalie Omundson, JR	Roland-Story High School	26:24	8:30/M
103	74	Emily Escoto, JR	West Central Valley	26:28	8:31/M
104		Emma Fleenor, FR	Bondurant-Farrar	26:29	8:31/M
105	75	Maia Lundquist, FR	Colo-NESCO	26:30	8:32/M
106		Natalie Thompson, JR	Nevada High School	26:32	8:32/M
107	76	Natalie Johnson, SR	South Hamilton	26:32	8:33/M
108	77	Lilianna Reyes, SO	Colo-NESCO	26:36	8:34/M
109		MacKenzie Pooch, FR	Bondurant-Farrar	26:38	8:34/M
110	78	Jordyn Ramus, JR	Roland-Story High School	26:39	8:35/M
111	79	Birdgit Mayse, FR	Ogden	26:46	8:37/M
112	80	Tieryn Tucker, SR	Greene County	26:54	8:40/M
113		Samara Sharp, SR	Nevada High School	26:55	8:40/M
114		Grace Heiden, JR	Nevada High School	26:56	8:40/M
115		Tevka Lackmann, SR	Norwalk High School	27:04	8:43/M
116	81	Oksana Howard, SO	Madrid	27:06	8:43/M
117	82	Emily Hemmestad, JR	Southeast Valley	27:06	8:43/M
118	83	Makenzie Dresback, SO	Woodward Granger	27:07	8:44/M
119		Emma Henderson, FR	North Polk	27:13	8:46/M
120	84	MacY Tiefenthaler, FR	Kuemper Catholic	27:24	8:49/M
121	85	Emersyn Walsh, SO	Kuemper Catholic	27:24	8:49/M
122		Olivia Shannon, FR	Greene County	27:31	8:52/M
123	86	Sydney Grell, SO	Woodward Granger	27:39	8:54/M
124	87	Lydia Meiners, FR	Kuemper Catholic	27:40	8:54/M
125		Tenley Schroeder, JR	Norwalk High School	27:45	8:56/M
126		Laria Preston, JR	Bondurant-Farrar	27:50	8:58/M
127		Reece Muhlena, JR	North Polk	27:55	8:59/M
128	88	Brookelyn George, SR	South Hamilton	27:58	9:00/M
129		Brynna Croy, SO	Webster City Community School	28:00	9:01/M
130		Marissa Jensen, JR	South Hamilton	28:10	9:04/M
131		Ella Sirna, FR	Roland-Story High School	28:13	9:05/M
132	89	Viatrix Scott, SR	Southeast Valley	28:17	9:06/M
133	90	Madisyn Mann, FR	Woodward Granger	28:19	9:07/M
134		Sammie Pagel, FR	Madrid	28:21	9:07/M
135		Bella Linberg, FR	Greene County	28:25	9:09/M
136	91	Emily Brinkman, SR	Colo-NESCO	28:27	9:10/M

137		Alex Miner, JR	Bondurant-Farrar	28:32	9:11/M
138		Lauren Horn, SR	Madrid	28:33	9:11/M
139		Naydia Rasmussen, JR	Woodward Academy	28:34	9:12/M
140	92	Hazen Avery, FR	West Central Valley	28:38	9:13/M
141		Amelea Jones, SR	Nevada High School	28:43	9:15/M
142	93	Jayden Gardipee, SO	Southeast Valley	28:43	9:15/M
143		Taylor Smith, SR	Norwalk High School	28:46	9:16/M
144	94	Rachel Barton, SO	Saydel	28:50	9:17/M
145		Tatum Lester, FR	Roland-Story High School	28:50	9:17/M
146		Lydia McCleary, SR	Bondurant-Farrar	28:52	9:17/M
147		Kaitlyn Richards, JR	North Polk	28:55	9:18/M
148		Dana Vinson, JR	Roland-Story High School	28:58	9:19/M
149		Alli Kreider, SR	Norwalk High School	29:13	9:24/M
150		Marissa Trees, FR	Woodward Granger	29:15	9:25/M
151		Claira Miller, SR	Nevada High School	29:34	9:31/M
152	95	Emma Hunter, SR	Southeast Valley	29:34	9:31/M
153		Sadie Gilbertson, FR	Greene County	29:35	9:31/M
154		Sadie Wilson, JR	Greene County	29:43	9:34/M
155		Lauren Whitaker, FR	Norwalk High School	29:51	9:37/M
156	96	Sarah Brinkman, FR	Colo-NESCO	29:54	9:37/M
157		Kirsten Lamoureux, SR	Greene County	30:02	9:40/M
158		Kylie Weiland, SR	Southeast Valley	30:17	9:45/M
159		Olivia Cooper, JR	North Polk	30:19	9:46/M
160		Meghan Kepler, JR	Roland-Story High School	30:24	9:47/M
161		Saron Mehariredae, SO	Nevada High School	30:31	9:49/M
162		Lauren Tidman, FR	Southeast Valley	30:34	9:50/M
163		Addisyn Vorm, JR	Nevada High School	30:38	9:52/M
164		Callan Randall, JR	Norwalk High School	31:01	9:59/M
165		Shelby Mills, SO	Southeast Valley	31:28	10:08/M
166		Mea Skinner, SO	Colo-NESCO	31:44	10:13/M
167		Lucy Dudley, SO	Greene County	31:44	10:13/M
168		Kennedi Steburg, JR	Madrid	31:45	10:13/M
169		Mara Oulman, SO	South Hamilton	32:10	10:21/M
170	97	Vanessa Bauer, SR	Kuemper Catholic	32:22	10:25/M
171		Etta Oulman, SO	South Hamilton	32:24	10:26/M
172		Courtney Wuebker, JR	Roland-Story High School	32:48	10:34/M
173		Olivia Heithoff, JR	Roland-Story High School	32:54	10:35/M
174	98	Alivia Brooks, FR	Saydel	33:22	10:44/M
175		Taegen Long, SR	Southeast Valley	33:33	10:48/M
176		Christine Housken, SR	Southeast Valley	33:33	10:48/M
177	99	Macl Lowe, FR	Saydel	34:21	11:03/M
178		Clari Gonzalez, SO	Roland-Story High School	34:54	11:14/M

Place 1	Norwalk High School	Time Spread = 1:33	TTL Time = 1:42:38	Ave Time = 20:32	Score = 24
Place	Name		Time		Pace mpm
2	Torin Lackmann, JR		19:35		6:18
4	Breelie Mauro, FR		20:35		6:38
5	Abbie Davitt, SR		20:38		6:38
6	Morgan Weeks, SO		20:42		6:40
7	Annika Wallace, JR		21:08		6:48
9	Annika Schulz, SR		21:15		6:50
12	Emily Kehoe, SR		21:22		6:53
	Kennedy Wendl, SO		21:38		6:58
	Kiana Vogel, SO		23:27		7:33

Chloe Martin, FR	24:06	7:45
Natalie Martin, JR	24:07	7:46
Isabel George, FR	25:14	8:07
Raegan Levi, SO	25:58	8:21
Presley Lucas, FR	25:59	8:22
Tevka Lackmann, SR	27:04	8:43
Tenley Schroeder, JR	27:45	8:56
Taylor Smith, SR	28:46	9:16
Alli Kreider, SR	29:13	9:24
Lauren Whitaker, FR	29:51	9:37
Callan Randall, JR	31:01	9:59

Place 2	North Polk	Time Spread = 2:54	TTL Time = 1:47:19	Ave Time = 21:28	Score = 77
Place	Name	Time		Pace mpm	

1	Liza Schaffer, FR	19:29	6:16
15	Abi Zimmer, JR	21:41	6:59
18	Abby Hill, SR	21:53	7:03
19	Hailey Volz, SO	21:53	7:03
24	Josie Dresen, SO	22:23	7:12
25	Izzie Bergstrom, JR	22:23	7:12
26	Sophie Schaffer, SR	22:23	7:12
	Aubrie Kiesling, FR	22:34	7:16
	Addie Cooper, JR	22:44	7:19
	Alia Springer, SR	23:48	7:40
	Whitney Larson, SO	24:06	7:46
	Isabelle Friedman, SO	24:19	7:50
	Kadence Davenport, SO	25:01	8:03
	Tessa Williams, FR	25:43	8:17
	Emma Henderson, FR	27:13	8:46
	Reece Muhlena, JR	27:55	8:59
	Kaitlyn Richards, JR	28:55	9:18
	Olivia Cooper, JR	30:19	9:46

Place 3	Bondurant-Farrar	Time Spread = 0:45	TTL Time = 1:49:06	Ave Time = 21:49	Score = 84
Place	Name	Time		Pace mpm	

13	Lily O'Brien, FR	21:29	6:55
14	Elizabeth Lozano, SO	21:35	6:57
16	Bridget Johnson, FR	21:46	7:00
20	Emily Erhardt, SR	22:02	7:06
21	Alyssa Fick, JR	22:14	7:09
41	Brooke Kiley, SO	23:34	7:35
44	Grace Johnson, SO	23:43	7:38
	Katelyn Nelson, SO	24:03	7:44
	Rachel Carrant, JR	24:34	7:54
	Regan McDougalle, SO	25:24	8:11
	Adalynn Wierck, SO	25:50	8:19
	Emma Fleenor, FR	26:29	8:31
	MacKenzie Pook, FR	26:38	8:34
	Laria Preston, JR	27:50	8:58
	Alex Miner, JR	28:32	9:11
	Lydia McCleary, SR	28:52	9:17

Place 4	Nevada High School	Time Spread = 2:21	TTL Time = 1:51:37	Ave Time = 22:19	Score = 121
Place	Name	Time		Pace mpm	

11	Elie Tuhn, SO	21:20	6:52
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17	Eliana Hornbuckle, SR	21:47	7:01
23	Allison Kruzich, FR	22:22	7:12
27	Eleanor Elliott-Rude, JR	22:27	7:14
43	Grace Cahill, JR	23:40	7:37
46	Bridget Cahill, FR	24:22	7:51
54	Natalie Barber, FR	25:00	8:03
	Madison Davis, SR	25:04	8:04
	Hannah Fritz, JR	25:28	8:12
	Taylor Conrad, JR	25:32	8:13
	Briar Crain, SO	25:58	8:21
	Meredith Harter, SR	26:05	8:24
	Alexandra Williamson, SR	26:20	8:29
	Natalie Thompson, JR	26:32	8:32
	Samara Sharp, SR	26:55	8:40
	Grace Heiden, JR	26:56	8:40
	Amelea Jones, SR	28:43	9:15
	Claira Miller, SR	29:34	9:31
	Saron Mehariredae, SO	30:31	9:49
	Addisyn Vorm, JR	30:38	9:52

Place 5	Roland-Story High School	Time Spread = 3:13	TTL Time = 1:51:37	Ave Time = 22:19	Score = 122
Place	Name	Time		Pace mpm	

3	Kylie Tjernagel, SR	20:17	6:32
8	Kaitlyn Kilstofte, SR	21:12	6:50
34	Baylie Janssen, SO	23:09	7:27
38	Caden Thoreson, FR	23:29	7:34
39	Bekah Strobyl, SO	23:30	7:34
73	Natalie Omundson, JR	26:24	8:30
78	Jordyn Ramus, JR	26:39	8:35
	Ella Sirna, FR	28:13	9:05
	Tatum Lester, FR	28:50	9:17
	Dana Vinson, JR	28:58	9:19
	Meghan Kepler, JR	30:24	9:47
	Courtney Wuebker, JR	32:48	10:34
	Olivia Heithoff, JR	32:54	10:35
	Clari Gonzalez, SO	34:54	11:14

Place 6	Madrid	Time Spread = 3:43	TTL Time = 1:54:51	Ave Time = 22:58	Score = 156
Place	Name	Time		Pace mpm	

10	Jadyn Miller, SR	21:17	6:51
22	Emily White, FR	22:19	7:11
29	Piper Steburg, FR	22:41	7:18
40	Erin Schieltz, JR	23:34	7:35
55	Brooke Bogenschutz, SR	25:00	8:03
70	Elizabeth Tranel, JR	26:19	8:28
81	Oksana Howard, SO	27:06	8:43
	Sammie Pagel, FR	28:21	9:07
	Lauren Horn, SR	28:33	9:11
	Kennedi Steburg, JR	31:45	10:13

Place 7	South Hamilton	Time Spread = 1:38	TTL Time = 1:56:42	Ave Time = 23:20	Score = 177
Place	Name	Time		Pace mpm	

30	Abby Ervin, JR	22:47	7:20
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32	Paige Dootlittle, FR	23:07	7:26
33	Kelbe Krumm, SO	23:07	7:27
35	Anna Lammers, SO	23:15	7:29
47	Chandler George, SO	24:25	7:52
76	Natalie Johnson, SR	26:32	8:33
88	Brookelyn George, SR	27:58	9:00
	Marissa Jensen, JR	28:10	9:04
	Mara Oulman, SO	32:10	10:21
	Etta Oulman, SO	32:24	10:26

Place 8	Greene County	Time Spread = 2:35	TTL Time = 2:04:40	Ave Time = 24:56	Score = 273
Place	Name	Time		Pace mpm	

37	Ashlee Harmeyer, SR	23:21	7:31
50	Kassie Lamoureux, SR	24:39	7:56
56	Conner Allender, JR	25:04	8:04
63	Makala Kafer, JR	25:39	8:15
67	Autumn Stevens, FR	25:56	8:21
69	Kayla Muir, JR	26:17	8:28
80	Tieryn Tucker, SR	26:54	8:40
	Olivia Shannon, FR	27:31	8:52
	Bella Linberg, FR	28:25	9:09
	Sadie Gilbertson, FR	29:35	9:31
	Sadie Wilson, JR	29:43	9:34
	Kirsten Lamoureux, SR	30:02	9:40
	Lucy Dudley, SO	31:44	10:13

Place 9	Ogden	Time Spread = 3:49	TTL Time = 2:04:58	Ave Time = 25:00	Score = 281
Place	Name	Time		Pace mpm	

31	Amber Braniff, JR	22:57	7:23
42	Kayden Spencer, FR	23:35	7:35
58	Torrie Wisecup, JR	25:18	8:09
71	April McGriff, JR	26:21	8:29
79	Birdgit Mayse, FR	26:46	8:37

Place 10	Woodward Granger	Time Spread = 4:33	TTL Time = 2:05:22	Ave Time = 25:04	Score = 284
Place	Name	Time		Pace mpm	

28	Emma Drake, SR	22:33	7:16
48	Natalie Helbling, SR	24:36	7:55
57	Katie Grell, SO	25:07	8:05
68	Kaitlyn Smith, SO	25:58	8:22
83	Makenzie Dresback, SO	27:07	8:44
86	Sydney Grell, SO	27:39	8:54
90	Madisyn Mann, FR	28:19	9:07
	Marissa Trees, FR	29:15	9:25

Place 11	Colo-NESCO	Time Spread = 1:41	TTL Time = 2:09:12	Ave Time = 25:50	Score = 328
Place	Name	Time		Pace mpm	

52	Callie Kohlwes, FR	24:55	8:01
60	Katie Spalding, FR	25:32	8:13
64	Hanna Jamison, SO	25:40	8:16
75	Maia Lundquist, FR	26:30	8:32
77	Lilianna Reyes, SO	26:36	8:34
91	Emily Brinkman, SR	28:27	9:10
96	Sarah Brinkman, FR	29:54	9:37

Mea Skinner, SO

31:44

10:13

Place 12	Southeast Valley	Time Spread = 3:33	TTL Time = 2:10:42	Ave Time = 26:08	Score = 337
Place	Name	Time		Pace mpm	
51	Morgan Farnham, JR	24:44		7:58	
53	Madison Doyle, SO	24:58		8:02	
62	Marlie Johnson, JR	25:38		8:15	
82	Emily Hemmestad, JR	27:06		8:43	
89	Viatrix Scott, SR	28:17		9:06	
93	Jayden Gardipee, SO	28:43		9:15	
95	Emma Hunter, SR	29:34		9:31	
	Kylie Weiland, SR	30:17		9:45	
	Lauren Tidman, FR	30:34		9:50	
	Shelby Mills, SO	31:28		10:08	
	Taegen Long, SR	33:33		10:48	
	Christine Housken, SR	33:33		10:48	

Place 13	West Central Valley	Time Spread = 4:01	TTL Time = 2:10:59	Ave Time = 26:12	Score = 340
Place	Name	Time		Pace mpm	
49	Aliyah Dickson, SR	24:37		7:55	
59	Kate Dredge, FR	25:20		8:09	
66	Shaynn Wahman, SO	25:56		8:21	
74	Emily Escoto, JR	26:28		8:31	
92	Hazen Avery, FR	28:38		9:13	

Place 14	Kuemper Catholic	Time Spread = 3:18	TTL Time = 2:10:50	Ave Time = 26:10	Score = 347
Place	Name	Time		Pace mpm	
45	Avery Jeschke, SO	24:06		7:45	
61	Keziah Janssen, FR	25:33		8:13	
72	Alexandria Klein, SO	26:23		8:30	
84	MacY Tiefenthaler, FR	27:24		8:49	
85	Emersyn Walsh, SO	27:24		8:49	
87	Lydia Meiners, FR	27:40		8:54	
97	Vanessa Bauer, SR	32:22		10:25	

Place 15	Saydel	Time Spread = 11:06	TTL Time = 2:25:38	Ave Time = 29:08	Score = 392
Place	Name	Time		Pace mpm	
36	Orianna Martin, SO	23:15		7:29	
65	Emily Lowe, JR	25:49		8:19	
94	Rachel Barton, SO	28:50		9:17	
98	Alivia Brooks, FR	33:22		10:44	
99	Macl Lowe, FR	34:21		11:03	

Incomplete Teams:

Webster City Community School					
Place	Name	Time		Pace	
29	Jacie Crutcher, SO	22:28.97		7:14	
51	Kaelyn Butz, JR	23:49.48		7:40	
59	Emma Peck, FR	24:25.05		7:52	
129	Brynna Croy, SO	28:00.34		9:01	

Woodward Academy					
Place	Name	Time		Pace	
96	Courtney Stanley, JR	26:18.05		8:28	
99	Breanne Bielfelt, JR	26:21.06		8:29	
139	Naydia Rasmussen, JR	28:33.73		9:12	

