

ROLAND STORY CC INVITATIONAL HS BOYS 5K Cross Country Meet

Event: HS BOYS 5K
Date: Thursday, September 26, 2019
Location: Story City, IA
Weather: Sunny 79°

Results By: Brett Carney * All-American Timing

Place	School	1	2	3	4	5	6	7	Score	Time Total	Average	Spread
1	Norwalk	5	7	12	15	16	27	31	55	1:26:04	17:13	0:31
2	Madrid	1	4	17	20	22	47	57	64	1:25:49	17:10	1:08
3	North Polk	2	11	18	19	24	34	43	74	1:26:21	17:16	1:13
4	Bondurant-Farrar	10	26	28	30	36	40	41	130	1:28:54	17:47	0:57
5	Ogden	6	14	29	45	53	87	89	147	1:29:46	17:57	1:55
6	Kuemper Catholic	9	13	21	61	71	95	97	175	1:31:00	18:12	2:18
7	South Hamilton	8	23	38	56	58	60	67	183	1:31:21	18:16	2:04
8	Webster City Community School	25	32	33	48	55	63	98	193	1:31:38	18:20	1:15
9	Roland-Story High School	37	39	44	54	62	69	81	236	1:33:30	18:42	1:00
10	Woodward Granger	35	64	65	72	73	79	100	309	1:35:52	19:10	1:23
11	Nevada High School	46	59	68	75	77	84	96	325	1:36:53	19:23	1:04
12	Greene County	50	66	70	76	78	94	101	340	1:37:12	19:26	1:00
13	Saydel	42	51	80	82	91	92	93	346	1:37:22	19:28	1:42
14	Colo-NESCO	49	52	83	86	103	106	107	373	1:38:30	19:42	2:09
15	West Central Valley	3	102	108	109	110	111		432	1:47:23	21:29	8:00
16	Southeast Valley	74	85	88	90	99	104	105	436	1:40:45	20:09	1:06

Incomplete Teams: Woodward Academy

Place	Score	Name	School	Time	Pace mpm
1	1	Jason Renze, M JR	Madrid	16:27	5:18/M
2	2	Zach Spora, M FR	North Polk	16:28	5:18/M
3	3	Louden Foster, M SR	West Central Valley	16:35	5:20/M
4	4	Clay Pehl, M JR	Madrid	16:44	5:23/M
5	5	Derek Webster, M JR	Norwalk	16:56	5:27/M
6	6	Garrett Buxton, M SR	Ogden	16:56	5:27/M
7	7	Patrick Foster, M JR	Norwalk	17:01	5:29/M
8	8	Quinton Grove, M SR	South Hamilton	17:09	5:31/M
9	9	Tyler Putney, M SR	Kuemper Catholic	17:13	5:33/M
10	10	Seth Vanbaale, M SR	Bondurant-Farrar	17:14	5:33/M
11	11	Max Spora, M FR	North Polk	17:14	5:33/M
12	12	Jack Brown, M FR	Norwalk	17:15	5:33/M
13	13	Michael Pottebaum, M SO	Kuemper Catholic	17:24	5:36/M
14	14	Stephen Flynn, M JR	Ogden	17:25	5:36/M
15	15	Donovan Card, M FR	Norwalk	17:25	5:36/M
16	16	Will Chase, M FR	Norwalk	17:27	5:37/M
17	17	Rory McDermott, M SR	Madrid	17:28	5:37/M
18	18	Caleb Henderson, M JR	North Polk	17:28	5:37/M
19	19	Gabe Drake, M SR	North Polk	17:31	5:38/M
20	20	Chaz Warson, M JR	Madrid	17:35	5:39/M
21	21	Jack Hagen, M SR	Kuemper Catholic	17:35	5:40/M
22	22	Gabe Soda, M JR	Madrid	17:35	5:40/M
23	23	Ty Skarvedt, M JR	South Hamilton	17:39	5:41/M
24	24	Will Ford, M FR	North Polk	17:41	5:41/M

25	25	Jacob Willson, M JR	Webster City Community School	17:46	5:43/M
26	26	Jackson McGovern, M SR	Bondurant-Farrar	17:47	5:43/M
27	27	Luke Geyer, M SO	Norwalk	17:48	5:44/M
28	28	Payton Rowe, M JR	Bondurant-Farrar	17:51	5:45/M
29		Tajhon Cayou, M JR	Woodward Academy	17:51	5:45/M
30	29	Landon Smith, M SR	Ogden	17:51	5:45/M
31	30	Campbell Murra, M SR	Bondurant-Farrar	17:52	5:45/M
32	31	Austin Brenizer, M JR	Norwalk	17:56	5:46/M
33	32	Matthew Perin, M JR	Webster City Community School	18:03	5:48/M
34	33	Jose Ramirez, M SO	Webster City Community School	18:04	5:49/M
35	34	Austin Stierman, M FR	North Polk	18:09	5:50/M
36		Colin Frederick, M JR	Norwalk	18:09	5:50/M
37	35	Dylan Steele, M SR	Woodward Granger	18:10	5:51/M
38	36	Trenton Silvers, M JR	Bondurant-Farrar	18:11	5:51/M
39	37	Dylan Ihle, M SR	Roland-Story High School	18:17	5:53/M
40	38	Aaron Hegland, M SR	South Hamilton	18:18	5:53/M
41	39	Seth Halleland, M SR	Roland-Story High School	18:18	5:53/M
42	40	Cameron Welch-Grows, M SO	Bondurant-Farrar	18:20	5:54/M
43	41	Devon Keuning, M JR	Bondurant-Farrar	18:26	5:56/M
44	42	Ryan Hynick, M SR	Saydel	18:33	5:58/M
45		Tanner Merriman, M FR	Norwalk	18:37	6:00/M
46	43	Will Leshner, M JR	North Polk	18:40	6:00/M
47	44	Nathan Limas, M SO	Roland-Story High School	18:40	6:01/M
48	45	Jordan King, M FR	Ogden	18:42	6:01/M
49	46	Elliot Frideres, M JR	Nevada High School	18:44	6:02/M
50	47	Matthew White, M SR	Madrid	18:45	6:02/M
51	48	Cole Reiling, M SO	Webster City Community School	18:45	6:02/M
52	49	Ryan Wonders, M JR	Colo-NESCO	18:46	6:03/M
53	50	Logan Woodruff, M SO	Greene County	18:48	6:03/M
54	51	Seth Plascencia, M SR	Saydel	18:49	6:03/M
55		Jordan Clark, M JR	Bondurant-Farrar	18:50	6:04/M
56	52	Jacob Reischauer, M JR	Colo-NESCO	18:51	6:04/M
57	53	Linden Seeger, M SO	Ogden	18:51	6:04/M
58		Matt Crabb, M SR	North Polk	18:53	6:05/M
59	54	Zane Haglund, M JR	Roland-Story High School	18:56	6:06/M
60	55	Kasey Porter, M SR	Webster City Community School	19:00	6:07/M
61	56	Gage Koster, M JR	South Hamilton	19:01	6:07/M
62		Nathan Crabb, M SO	North Polk	19:02	6:08/M
63		Cainan Murra, M SO	Bondurant-Farrar	19:02	6:08/M
64		Adam Serck, M JR	Norwalk	19:10	6:10/M
65	57	Harison Bickham, M SR	Madrid	19:12	6:11/M
66	58	Eli Potter, M FR	South Hamilton	19:13	6:11/M
67	59	Dean Check, M SR	Nevada High School	19:14	6:11/M
68		Ethan Franklin, M FR	Norwalk	19:16	6:12/M
69	60	Logan Austin, M SR	South Hamilton	19:16	6:12/M
70		Tobias Coy, M SO	Bondurant-Farrar	19:16	6:12/M
71	61	Patrick Hensel, M SO	Kuemper Catholic	19:16	6:12/M
72	62	Jay Sanderson, M SO	Roland-Story High School	19:17	6:13/M
73	63	Jackson Moberly, M SR	Webster City Community School	19:18	6:13/M
74	64	Alex Bice, M SR	Woodward Granger	19:18	6:13/M
75	65	Xavier Ibarra, M JR	Woodward Granger	19:19	6:13/M

76	66	Luis Velazco, M JR	Greene County	19:20	6:13/M
77	67	Seth Pencook, M FR	South Hamilton	19:20	6:13/M
78	68	Caleb Pawlovich, M SR	Nevada High School	19:21	6:14/M
79		Spencer Pitts, M JR	Bondurant-Farrar	19:21	6:14/M
80		Clay Willadsen, M JR	South Hamilton	19:21	6:14/M
81		Daniel Jasek, M SR	Norwalk	19:22	6:14/M
82		Cooper Skinner, M JR	Madrid	19:23	6:14/M
83		Landon Grove, M FR	South Hamilton	19:25	6:15/M
84	69	Levi Webb, M FR	Roland-Story High School	19:29	6:16/M
85	70	Dakota Mobley, M FR	Greene County	19:29	6:16/M
86	71	Caleb Monahan, M JR	Kuemper Catholic	19:31	6:17/M
87	72	Caleb Jones, M SR	Woodward Granger	19:32	6:17/M
88	73	Carsten Wright, M FR	Woodward Granger	19:33	6:18/M
89		Hunter Phillips, M SO	Woodward Academy	19:40	6:20/M
90	74	Zach Thompson, M SO	Southeast Valley	19:40	6:20/M
91	75	Owen Freeman, M FR	Nevada High School	19:46	6:22/M
92	76	Ethan Frederick, M FR	Greene County	19:47	6:22/M
93	77	Luis Lopez Perez, M JR	Nevada High School	19:48	6:22/M
94	78	Connor Brus, M JR	Greene County	19:48	6:22/M
95	79	Jack Grell, M SR	Woodward Granger	19:49	6:23/M
96		Cole Haverman, M FR	North Polk	19:49	6:23/M
97	80	Cole Jaschke, M JR	Saydel	19:50	6:23/M
98	81	Jarod Hart, M JR	Roland-Story High School	19:53	6:24/M
99	82	Garrett Shinn, M SR	Saydel	19:53	6:24/M
100		Noah Moore, M JR	Madrid	19:54	6:24/M
101	83	Chevy Dunlap, M JR	Colo-NESCO	19:55	6:25/M
102	84	Bryce Sutherland, M JR	Nevada High School	19:57	6:25/M
103	85	Cooper Nuss, M FR	Southeast Valley	19:58	6:26/M
104	86	Ben Rouse, M SO	Colo-NESCO	20:02	6:27/M
105		Wyatt Bailey, M SR	Bondurant-Farrar	20:03	6:27/M
106		Ben Hanson, M FR	Norwalk	20:05	6:28/M
107	87	Jacob Samuelson, M JR	Ogden	20:06	6:28/M
108	88	Gabe Campbell, M SO	Southeast Valley	20:08	6:29/M
109	89	Parker Trusler, M FR	Ogden	20:09	6:29/M
110		Caden Stumbaugh, M FR	Norwalk	20:09	6:29/M
111		Tanner Saxton, M JR	Madrid	20:10	6:30/M
112	90	Asa Haub, M SO	Southeast Valley	20:13	6:30/M
113	91	Ben Kayser, M JR	Saydel	20:16	6:31/M
114	92	Austin Pyles, M SR	Saydel	20:25	6:34/M
115	93	Caleb Hecker, M SO	Saydel	20:25	6:34/M
116		Jonah Peak, M FR	Saydel	20:25	6:34/M
117	94	Ethan Larsen, M SO	Greene County	20:26	6:35/M
118		Ross Muhlbauer, M FR	North Polk	20:27	6:35/M
119		Ethan Thomas, M JR	Madrid	20:27	6:35/M
120		Ethan Stierman, M FR	North Polk	20:27	6:35/M
121		Trent Frederick, M FR	Norwalk	20:28	6:35/M
122	95	Sam Janssen, M SO	Kuemper Catholic	20:34	6:37/M
123	96	Nick Frideres, M FR	Nevada High School	20:34	6:37/M
124	97	Carter Drake, M SO	Kuemper Catholic	20:35	6:37/M
125	98	Reece Sadler, M JR	Webster City Community School	20:38	6:39/M
126		Theisen Colton, M SR	Madrid	20:40	6:39/M
127		Gabe Slifka, M SO	Roland-Story High School	20:40	6:39/M
128		Payton Van Sickle, M FR	Ogden	20:42	6:40/M
129		Will Kikel, M JR	Norwalk	20:42	6:40/M
130		Matthew Sego, M FR	Ogden	20:43	6:40/M
131		Rylie Anderson, M JR	Bondurant-Farrar	20:43	6:40/M

132		Trevor Lammers, M SR	South Hamilton	20:44	6:40/M
133		Gavin Franklin, M FR	Norwalk	20:44	6:40/M
134		Carter Engelbrecht, M SO	Bondurant-Farrar	20:45	6:41/M
135	99	Blake Peterson, M JR	Southeast Valley	20:46	6:41/M
136	100	Andrew Anderson, M SR	Woodward Granger	20:48	6:42/M
137	101	Jose Velazco, M FR	Greene County	20:48	6:42/M
138		Wyatt Bingham, M FR	Webster City Community School	20:48	6:42/M
139	102	Matt Gerling, M SO	West Central Valley	20:51	6:43/M
140	103	Brighton Clatt, M SR	Colo-NESCO	20:55	6:44/M
141		Carter Soppe, M JR	Kuemper Catholic	20:58	6:45/M
142	104	Carson Suchan, M SO	Southeast Valley	20:58	6:45/M
143		Payton Compton, M FR	Norwalk	20:59	6:45/M
144		Trey Sievers, M JR	Roland-Story High School	20:59	6:45/M
145	105	Robert Jepsen, M SR	Southeast Valley	21:00	6:46/M
146		Jonah Pock, M FR	Bondurant-Farrar	21:14	6:50/M
147		Gabe O'Brien, M JR	Bondurant-Farrar	21:19	6:52/M
148		Dalton Rowe, M FR	Bondurant-Farrar	21:20	6:52/M
149		Noah Robben, M JR	Bondurant-Farrar	21:23	6:53/M
150		Quin Olson, M SR	Roland-Story High School	21:24	6:53/M
151		Nick Buch, M SR	Woodward Granger	21:25	6:53/M
152		Colton Fink, M FR	South Hamilton	21:27	6:54/M
153		Caleb Wirtz, M JR	Bondurant-Farrar	21:29	6:55/M
154		Taylor Hink, M SR	Roland-Story High School	21:29	6:55/M
155	106	Shawn Gilbert, M SR	Colo-NESCO	21:29	6:55/M
156		Cade Silbaugh, M FR	Greene County	21:29	6:55/M
157		Luke Phillips, M FR	North Polk	21:32	6:56/M
158		Holden Brown, M SR	Norwalk	21:32	6:56/M
159		Xander Webb, M JR	Roland-Story High School	21:32	6:56/M
160		Jayden Carstensen, M SO	Greene County	21:34	6:56/M
161		Cody Berg, M JR	Webster City Community School	21:34	6:56/M
162		Josiah Korpi, M SR	Ogden	21:34	6:57/M
163	107	Luke Hill, M SR	Colo-NESCO	21:35	6:57/M
164		Ty Klatt, M SO	Southeast Valley	21:37	6:58/M
165		Adam Thiel, M FR	Roland-Story High School	21:38	6:58/M
166		Neal Larsen, M SR	Bondurant-Farrar	21:41	6:59/M
167		Anthony Tolsdorf, M JR	Greene County	21:44	7:00/M
168		Dominick Garcia, M JR	Nevada High School	21:48	7:01/M
169		Alex Nielsen, M JR	South Hamilton	21:54	7:03/M
170		Grant Nielsen, M JR	Kuemper Catholic	21:56	7:04/M
171		Jax Carstensen, M SO	Greene County	21:56	7:04/M
172		Clayton Weitzl, M SO	Kuemper Catholic	22:00	7:05/M
173		Joseph McGuire, M JR	Woodward Academy	22:04	7:06/M
174		Connor Cox, M SO	Bondurant-Farrar	22:04	7:06/M
175		Braydon Doty, M FR	Ogden	22:05	7:06/M
176		Levi Russo, M FR	Ogden	22:06	7:07/M
177		Elijah Moore, M JR	Madrid	22:10	7:08/M
178		Gabe Rollins, M FR	Webster City Community School	22:12	7:09/M
179		Patrick Rief, M SR	Webster City Community School	22:15	7:10/M
180		Ben Bailey, M FR	South Hamilton	22:17	7:10/M
181		Caleb Kaltschnee, M SO	Southeast Valley	22:18	7:11/M
182		Wyatt Sprecher, M SO	Southeast Valley	22:19	7:11/M
183		Tj Hocraffer, M JR	Roland-Story High School	22:20	7:11/M
184		Colin Muhlena, M FR	North Polk	22:20	7:11/M

185		Grant Miller, M SO	Norwalk	22:20	7:11/M
186		Logan Ihle, M SO	Roland-Story High School	22:22	7:12/M
187		Marcus Nelson, M SO	Nevada High School	22:23	7:12/M
188		Reece Martin, M FR	Roland-Story High School	22:24	7:12/M
189		Gabe Nady, M SR	Roland-Story High School	22:25	7:13/M
190		Jordan Wehmeyer, M SO	Bondurant-Farrar	22:32	7:15/M
191		Hayden Steele, M FR	Norwalk	22:37	7:17/M
192	108	Brett Hazen, M JR	West Central Valley	22:39	7:18/M
193	109	Tate Cichter, M SO	West Central Valley	22:44	7:19/M
194		Kyle Johnson, M FR	Southeast Valley	22:46	7:20/M
195		Ross Halligan, M SR	Southeast Valley	22:49	7:21/M
196		Nolan Jackson, M SR	Southeast Valley	22:49	7:21/M
197		Sam Strawn, M FR	Norwalk	22:50	7:21/M
198		Jonah Greubel, M FR	Bondurant-Farrar	22:52	7:22/M
199		Carson Ludwig, M SR	Kuemper Catholic	22:58	7:23/M
200		Levi Origer, M JR	Roland-Story High School	22:58	7:24/M
201		Kurt Crouse, M JR	Woodward Granger	23:01	7:24/M
202		Logan Duffy, M SR	Norwalk	23:09	7:27/M
203		Makail Brooks, M SR	Saydel	23:11	7:28/M
204		Adryan Stravers, M SR	Norwalk	23:12	7:28/M
205		Brandon Powers, M SO	Roland-Story High School	23:12	7:28/M
206		Joseph Hovick, M SR	Roland-Story High School	23:14	7:29/M
207		Christian Decoske, M SO	Nevada High School	23:15	7:29/M
208		Josiah Howland, M FR	Norwalk	23:17	7:30/M
209		Mitchell Badding, M JR	Kuemper Catholic	23:18	7:30/M
210		Elijah Bell, M FR	Woodward Granger	23:18	7:30/M
211		Corey Burkhart, M JR	Madrid	23:20	7:31/M
212		Kainen Fuson, M JR	Woodward Granger	23:26	7:32/M
213		Noah Britten, M JR	Roland-Story High School	23:27	7:33/M
214		Ethan Weatherly, M FR	Madrid	23:30	7:34/M
215		Tjaden Smeltzer, M SO	Woodward Granger	23:31	7:34/M
216		Joel Harney, M SO	Woodward Granger	23:36	7:36/M
217		Cael Schreier, M JR	Roland-Story High School	23:45	7:39/M
218		Gage Erickson, M FR	Southeast Valley	23:49	7:40/M
219		George Vila, M SO	Webster City Community School	23:57	7:43/M
220		Brian Hardaway, M SR	Greene County	23:59	7:43/M
221		Dalton Butler, M JR	Greene County	24:03	7:44/M
222		Vlad Dodon, M JR	Woodward Granger	24:14	7:48/M
223		Parker Johnson, M SR	Southeast Valley	24:15	7:48/M
224		Sam Sirna, M SR	Roland-Story High School	24:15	7:48/M
225		Jesse Rechkemmer, M JR	Roland-Story High School	24:16	7:49/M
226		Austin Hulsing, M SR	Kuemper Catholic	24:24	7:51/M
227		Austin Kruzich, M JR	Nevada High School	24:28	7:52/M
228		Korin Kenealy, M JR	Nevada High School	24:29	7:53/M
229		Maximillian Meyers, M JR	Kuemper Catholic	24:30	7:53/M
230	110	Nick Smith, M FR	West Central Valley	24:34	7:55/M
231		Sam Sytsma, M JR	Southeast Valley	24:38	7:56/M
232		Colton Davis, M SR	Norwalk	24:41	7:57/M
233		Carter Allman, M FR	Kuemper Catholic	24:42	7:57/M
234		Colton Kniffen, M FR	Madrid	24:46	7:58/M
235		Dylan McKinley, M SR	Roland-Story High School	24:48	7:59/M
236		Landon Bogardus, M FR	Woodward Granger	24:48	7:59/M
237		Kevon Edwards, M SR	Webster City Community School	24:57	8:02/M
238		Caleb Gilchrist, M SO	Nevada High School	24:58	8:02/M
239		Jake Ferneding, M SO	Kuemper Catholic	25:02	8:04/M

240	Trey Minnihan, M JR	Ogden	25:13	8:07/M
241	Teagan Trask, M FR	South Hamilton	25:17	8:08/M
242	Keaton Basinger, M JR	Norwalk	25:26	8:11/M
243	Jared Craig, M SO	Kuemper Catholic	25:27	8:12/M
244	Lucas Hansen, M SO	Woodward Granger	25:29	8:12/M
245	Nate Rosen, M SR	Woodward Granger	25:34	8:14/M
246	Eli Newland, M FR	Norwalk	25:35	8:14/M
247	Conner Brooner, M FR	Saydel	25:42	8:16/M
248	Matt Borkowski, M SO	Webster City Community School	25:43	8:17/M
249	111 Nick Dezeeuw, M FR	West Central Valley	25:44	8:17/M
250	Logan Roll, M JR	Woodward Granger	26:03	8:23/M
251	Conner Saxton, M FR	Madrid	26:07	8:24/M
252	A.J. Everly, M FR	Bondurant-Farrar	26:11	8:26/M
253	Evan Brincks, M SR	Kuemper Catholic	26:13	8:26/M
254	Jackson Goshon, M SO	Norwalk	26:17	8:28/M
255	Matt Borkowki, M FR	Kuemper Catholic	26:27	8:31/M
256	Ethan Swartz, M JR	Bondurant-Farrar	27:00	8:41/M
257	Mason Dorenkamp, M FR	Woodward Granger	27:43	8:55/M
258	Keith Newton, M FR	Madrid	27:59	9:00/M
259	Killian Farrell, M SR	Norwalk	28:10	9:04/M
260	Aj Smith, M SR	Southeast Valley	28:13	9:05/M
261	Jacob Snyder, M FR	Southeast Valley	28:18	9:06/M
262	Trendan Peasley, M FR	Madrid	28:24	9:08/M

Place 1	Norwalk	Time Spread = 0:31	TTL Time = 1:26:04	Ave Time = 17:13	Score = 55
Place	Name		Time		Pace mpm
5	Derek Webster, M JR		16:56		5:27
7	Patrick Foster, M JR		17:01		5:29
12	Jack Brown, M FR		17:15		5:33
15	Donovan Card, M FR		17:25		5:36
16	Will Chase, M FR		17:27		5:37
27	Luke Geyer, M SO		17:48		5:44
31	Austin Brenizer, M JR		17:56		5:46
	Colin Frederick, M JR		18:09		5:50
	Tanner Merriman, M FR		18:37		6:00
	Adam Serck, M JR		19:10		6:10
	Ethan Franklin, M FR		19:16		6:12
	Daniel Jasek, M SR		19:22		6:14
	Ben Hanson, M FR		20:05		6:28
	Caden Stumbaugh, M FR		20:09		6:29
	Trent Frederick, M FR		20:28		6:35
	Will Kikel, M JR		20:42		6:40
	Gavin Franklin, M FR		20:44		6:40
	Payton Compton, M FR		20:59		6:45
	Holden Brown, M SR		21:32		6:56
	Grant Miller, M SO		22:20		7:11
	Hayden Steele, M FR		22:37		7:17
	Sam Strawn, M FR		22:50		7:21
	Logan Duffy, M SR		23:09		7:27
	Adryan Stravers, M SR		23:12		7:28
	Josiah Howland, M FR		23:17		7:30
	Colton Davis, M SR		24:41		7:57
	Keaton Basinger, M JR		25:26		8:11

Eli Newland, M FR	25:35	8:14
Jackson Goshon, M SO	26:17	8:28
Killian Farrell, M SR	28:10	9:04

Place 2	Madrid	Time Spread = 1:08	TTL Time = 1:25:49	Ave Time = 17:10	Score = 64
Place	Name	Time		Pace mpm	
1	Jason Renze, M JR	16:27		5:18	
4	Clay Pehl, M JR	16:44		5:23	
17	Rory McDermott, M SR	17:28		5:37	
20	Chaz Warson, M JR	17:35		5:39	
22	Gabe Soda, M JR	17:35		5:40	
47	Matthew White, M SR	18:45		6:02	
57	Harison Bickham, M SR	19:12		6:11	
	Cooper Skinner, M JR	19:23		6:14	
	Noah Moore, M JR	19:54		6:24	
	Tanner Saxton, M JR	20:10		6:30	
	Ethan Thomas, M JR	20:27		6:35	
	Theisen Colton, M SR	20:40		6:39	
	Elijah Moore, M JR	22:10		7:08	
	Corey Burkhart, M JR	23:20		7:31	
	Ethan Weatherly, M FR	23:30		7:34	
	Colton Kniffen, M FR	24:46		7:58	
	Conner Saxton, M FR	26:07		8:24	
	Keith Newton, M FR	27:59		9:00	
	Trendan Peasley, M FR	28:24		9:08	
	Braeden Albrecht, M FR	29:56		9:38	

Place 3	North Polk	Time Spread = 1:13	TTL Time = 1:26:21	Ave Time = 17:16	Score = 74
Place	Name	Time		Pace mpm	
2	Zach Spora, M FR	16:28		5:18	
11	Max Spora, M FR	17:14		5:33	
18	Caleb Henderson, M JR	17:28		5:37	
19	Gabe Drake, M SR	17:31		5:38	
24	Will Ford, M FR	17:41		5:41	
34	Austin Stierman, M FR	18:09		5:50	
43	Will Lesh, M JR	18:40		6:00	
	Matt Crabb, M SR	18:53		6:05	
	Nathan Crabb, M SO	19:02		6:08	
	Cole Haverman, M FR	19:49		6:23	
	Ross Muhlbauer, M FR	20:27		6:35	
	Ethan Stierman, M FR	20:27		6:35	
	Luke Phillips, M FR	21:32		6:56	
	Colin Muhlena, M FR	22:20		7:11	

Place 4	Bondurant-Farrar	Time Spread = 0:57	TTL Time = 1:28:54	Ave Time = 17:47	Score = 130
Place	Name	Time		Pace mpm	
10	Seth Vanbaale, M SR	17:14		5:33	
26	Jackson McGovern, M SR	17:47		5:43	
28	Payton Rowe, M JR	17:51		5:45	
30	Campbell Murra, M SR	17:52		5:45	
36	Trenton Silvers, M JR	18:11		5:51	
40	Cameron Welch-Grows, M SO	18:20		5:54	

41	Devon Keuning, M JR	18:26	5:56
	Jordan Clark, M JR	18:50	6:04
	Cainan Murra, M SO	19:02	6:08
	Tobias Coy, M SO	19:16	6:12
	Spencer Pitts, M JR	19:21	6:14
	Wyatt Bailey, M SR	20:03	6:27
	Rylie Anderson, M JR	20:43	6:40
	Carter Engelbrecht, M SO	20:45	6:41
	Jonah Pooch, M FR	21:14	6:50
	Gabe O'Brien, M JR	21:19	6:52
	Dalton Rowe, M FR	21:20	6:52
	Noah Robben, M JR	21:23	6:53
	Caleb Wirtz, M JR	21:29	6:55
	Neal Larsen, M SR	21:41	6:59
	Connor Cox, M SO	22:04	7:06
	Jordan Wehmeyer, M SO	22:32	7:15
	Jonah Greubel, M FR	22:52	7:22
	A.J. Everly, M FR	26:11	8:26
	Ethan Swartz, M JR	27:00	8:41
	Ethan Williams, M JR	29:41	9:33

Place 5	Ogden	Time Spread = 1:55	TTL Time = 1:29:46	Ave Time = 17:57	Score = 147
Place	Name	Time		Pace mpm	

6	Garrett Buxton, M SR	16:56	5:27
14	Stephen Flynn, M JR	17:25	5:36
29	Landon Smith, M SR	17:51	5:45
45	Jordan King, M FR	18:42	6:01
53	Linden Seeger, M SO	18:51	6:04
87	Jacob Samuelson, M JR	20:06	6:28
89	Parker Trusler, M FR	20:09	6:29
	Payton Van Sickle, M FR	20:42	6:40
	Matthew Sego, M FR	20:43	6:40
	Josiah Korpi, M SR	21:34	6:57
	Braydon Doty, M FR	22:05	7:06
	Levi Russo, M FR	22:06	7:07
	Trey Minnihhan, M JR	25:13	8:07

Place 6	Kuemper Catholic	Time Spread = 2:18	TTL Time = 1:31:00	Ave Time = 18:12	Score = 175
Place	Name	Time		Pace mpm	

9	Tyler Putney, M SR	17:13	5:33
13	Michael Pottebaum, M SO	17:24	5:36
21	Jack Hagen, M SR	17:35	5:40
61	Patrick Hensel, M SO	19:16	6:12
71	Caleb Monahan, M JR	19:31	6:17
95	Sam Janssen, M SO	20:34	6:37
97	Carter Drake, M SO	20:35	6:37
	Carter Soppe, M JR	20:58	6:45
	Grant Nielsen, M JR	21:56	7:04
	Clayton Weitzl, M SO	22:00	7:05
	Carson Ludwig, M SR	22:58	7:23
	Mitchell Badding, M JR	23:18	7:30

Austin Hulsing, M SR	24:24	7:51
Maximillian Meyers, M JR	24:30	7:53
Carter Allman, M FR	24:42	7:57
Jake Ferneding, M SO	25:02	8:04
Jared Craig, M SO	25:27	8:12
Evan Brincks, M SR	26:13	8:26
Matt Borkowki, M FR	26:27	8:31
Simon Wood, M FR	30:11	9:43

Place 7	South Hamilton	Time Spread = 2:04	TTL Time = 1:31:21	Ave Time = 18:16	Score = 183
Place	Name	Time		Pace mpm	

8	Quinton Grove, M SR	17:09	5:31
23	Ty Skarvedt, M JR	17:39	5:41
38	Aaron Hegland, M SR	18:18	5:53
56	Gage Koster, M JR	19:01	6:07
58	Eli Potter, M FR	19:13	6:11
60	Logan Austin, M SR	19:16	6:12
67	Seth Pencook, M FR	19:20	6:13
	Clay Willadsen, M JR	19:21	6:14
	Landon Grove, M FR	19:25	6:15
	Trevor Lammers, M SR	20:44	6:40
	Colton Fink, M FR	21:27	6:54
	Alex Nielsen, M JR	21:54	7:03
	Ben Bailey, M FR	22:17	7:10
	Teagan Trask, M FR	25:17	8:08
	Aidan Penning, M JR	32:19	10:24

Place 8	Webster City Community School	Time Spread = 1:15	TTL Time = 1:31:38	Ave Time = 18:20	Score = 193
Place	Name	Time		Pace mpm	

25	Jacob Willson, M JR	17:46	5:43
32	Matthew Perin, M JR	18:03	5:48
33	Jose Ramirez, M SO	18:04	5:49
48	Cole Reiling, M SO	18:45	6:02
55	Kasey Porter, M SR	19:00	6:07
63	Jackson Moberly, M SR	19:18	6:13
98	Reece Sadler, M JR	20:38	6:39
	Wyatt Bingham, M FR	20:48	6:42
	Cody Berg, M JR	21:34	6:56
	Gabe Rollins, M FR	22:12	7:09
	Patrick Rief, M SR	22:15	7:10
	George Vila, M SO	23:57	7:43
	Kevon Edwards, M SR	24:57	8:02
	Matt Borkowski, M SO	25:43	8:17
	Derek Carr, M FR	33:20	10:44

Place 9	Roland-Story High School	Time Spread = 1:00	TTL Time = 1:33:30	Ave Time = 18:42	Score = 236
Place	Name	Time		Pace mpm	

37	Dylan Ihle, M SR	18:17	5:53
39	Seth Halleland, M SR	18:18	5:53
44	Nathan Limas, M SO	18:40	6:01
54	Zane Haglund, M JR	18:56	6:06
62	Jay Sanderson, M SO	19:17	6:13
69	Levi Webb, M FR	19:29	6:16
81	Jarod Hart, M JR	19:53	6:24
	Gabe Slifka, M SO	20:40	6:39

Trey Sievers, M JR	20:59	6:45
Quin Olson, M SR	21:24	6:53
Taylor Hink, M SR	21:29	6:55
Xander Webb, M JR	21:32	6:56
Adam Thiel, M FR	21:38	6:58
Tj Hocraffer, M JR	22:20	7:11
Logan Ihle, M SO	22:22	7:12
Reece Martin, M FR	22:24	7:12
Gabe Nady, M SR	22:25	7:13
Levi Origer, M JR	22:58	7:24
Brandon Powers, M SO	23:12	7:28
Joseph Hovick, M SR	23:14	7:29
Noah Britten, M JR	23:27	7:33
Cael Schreier, M JR	23:45	7:39
Sam Sirna, M SR	24:15	7:48
Jesse Rechkemmer, M JR	24:16	7:49
Dylan McKinley, M SR	24:48	7:59

Place 10	Woodward Granger	Time Spread = 1:23	TTL Time = 1:35:52	Ave Time = 19:10	Score = 309
Place	Name	Time		Pace mpm	

35	Dylan Steele, M SR	18:10	5:51
64	Alex Bice, M SR	19:18	6:13
65	Xavier Ibarra, M JR	19:19	6:13
72	Caleb Jones, M SR	19:32	6:17
73	Carsten Wright, M FR	19:33	6:18
79	Jack Grell, M SR	19:49	6:23
100	Andrew Anderson, M SR	20:48	6:42
	Nick Buch, M SR	21:25	6:53
	Kurt Crouse, M JR	23:01	7:24
	Elijah Bell, M FR	23:18	7:30
	Kainen Fuson, M JR	23:26	7:32
	Tjaden Smeltzer, M SO	23:31	7:34
	Joel Harney, M SO	23:36	7:36
	Vlad Dodon, M JR	24:14	7:48
	Landon Bogardus, M FR	24:48	7:59
	Lucas Hansen, M SO	25:29	8:12
	Nate Rosen, M SR	25:34	8:14
	Logan Roll, M JR	26:03	8:23
	Mason Dorenkamp, M FR	27:43	8:55

Place 11	Nevada High School	Time Spread = 1:04	TTL Time = 1:36:53	Ave Time = 19:23	Score = 325
Place	Name	Time		Pace mpm	

46	Elliot Frideres, M JR	18:44	6:02
59	Dean Check, M SR	19:14	6:11
68	Caleb Pawlovich, M SR	19:21	6:14
75	Owen Freeman, M FR	19:46	6:22
77	Luis Lopez Perez, M JR	19:48	6:22
84	Bryce Sutherland, M JR	19:57	6:25
96	Nick Frideres, M FR	20:34	6:37
	Dominick Garcia, M JR	21:48	7:01
	Marcus Nelson, M SO	22:23	7:12
	Christian Decoske, M	23:15	7:29

SO

Austin Kruzich, M JR	24:28	7:52
Korin Kenealy, M JR	24:29	7:53
Caleb Gilchrist, M SO	24:58	8:02

Place 12	Greene County	Time Spread = 1:00	TTL Time = 1:37:12	Ave Time = 19:26	Score = 340
Place	Name	Time		Pace mpm	

50	Logan Woodruff, M SO	18:48	6:03
66	Luis Velazco, M JR	19:20	6:13
70	Dakota Mobley, M FR	19:29	6:16
76	Ethan Frederick, M FR	19:47	6:22
78	Connor Brus, M JR	19:48	6:22
94	Ethan Larsen, M SO	20:26	6:35
101	Jose Velazco, M FR	20:48	6:42
	Cade Silbaugh, M FR	21:29	6:55
	Jayden Carstensen, M SO	21:34	6:56
	Anthony Tolsdorf, M JR	21:44	7:00
	Jax Carstensen, M SO	21:56	7:04
	Brian Hardaway, M SR	23:59	7:43
	Dalton Butler, M JR	24:03	7:44

Place 13	Saydel	Time Spread = 1:42	TTL Time = 1:37:22	Ave Time = 19:28	Score = 346
Place	Name	Time		Pace mpm	

42	Ryan Hynick, M SR	18:33	5:58
51	Seth Plascencia, M SR	18:49	6:03
80	Cole Jaschke, M JR	19:50	6:23
82	Garrett Shinn, M SR	19:53	6:24
91	Ben Kayser, M JR	20:16	6:31
92	Austin Pyles, M SR	20:25	6:34
93	Caleb Hecker, M SO	20:25	6:34
	Jonah Peak, M FR	20:25	6:34
	Makail Brooks, M SR	23:11	7:28
	Conner Brooner, M FR	25:42	8:16
	Deric Van Houten, M FR	30:39	9:52

Place 14	Colo-NESCO	Time Spread = 2:09	TTL Time = 1:38:30	Ave Time = 19:42	Score = 373
Place	Name	Time		Pace mpm	

49	Ryan Wonders, M JR	18:46	6:03
52	Jacob Reischauer, M JR	18:51	6:04
83	Chevy Dunlap, M JR	19:55	6:25
86	Ben Rouse, M SO	20:02	6:27
103	Brighton Clatt, M SR	20:55	6:44
106	Shawn Gilbert, M SR	21:29	6:55
107	Luke Hill, M SR	21:35	6:57
	Nolan Smith, M FR	32:24	10:26

Place 15	West Central Valley	Time Spread = 8:00	TTL Time = 1:47:23	Ave Time = 21:29	Score = 432
Place	Name	Time		Pace mpm	

3	Louden Foster, M SR	16:35	5:20
102	Matt Gerling, M SO	20:51	6:43
108	Brett Hazen, M JR	22:39	7:18
109	Tate Cichter, M SO	22:44	7:19
110	Nick Smith, M FR	24:34	7:55

111 Nick Dezeeuw, M FR

25:44

8:17

Place 16	Southeast Valley	Time Spread = 1:06	TTL Time = 1:40:45	Ave Time = 20:09	Score = 436
Place	Name	Time		Pace mpm	
74	Zach Thompson, M SO	19:40		6:20	
85	Cooper Nuss, M FR	19:58		6:26	
88	Gabe Campbell, M SO	20:08		6:29	
90	Asa Haub, M SO	20:13		6:30	
99	Blake Peterson, M JR	20:46		6:41	
104	Carson Suchan, M SO	20:58		6:45	
105	Robert Jepsen, M SR	21:00		6:46	
	Ty Klatt, M SO	21:37		6:58	
	Caleb Kaltschnee, M SO	22:18		7:11	
	Wyatt Sprecher, M SO	22:19		7:11	
	Kyle Johnson, M FR	22:46		7:20	
	Ross Halligan, M SR	22:49		7:21	
	Nolan Jackson, M SR	22:49		7:21	
	Gage Erickson, M FR	23:49		7:40	
	Parker Johnson, M SR	24:15		7:48	
	Sam Sytsma, M JR	24:38		7:56	
	Aj Smith, M SR	28:13		9:05	
	Jacob Snyder, M FR	28:18		9:06	
	Zane Geis, M SR	29:33		9:31	
	Jamie Dalley, M FR	32:34		10:29	

Incomplete Teams:

Woodward Academy					
Place	Name	Time		Pace	
29	Tajhon Cayou, M JR	17:50.97		5:45	
89	Hunter Phillips, M SO	19:40.19		6:20	
173	Joseph McGuire, M JR	22:04.27		7:06	

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