

Iowa Girls & Boys 3A Qualifying Track Meet - 5/9/2019
5/9/2019

Results - 3A District Events

Event 112 Girls 800 Sprint Medley 3A

Team	Relay	Finals
Finals		
1 Glenwood		1:53.68 10
1) Ausdemore, Marissa 10	2) Arnold, Audrey 11	
3) Ostrander, Bailey 12	4) Wilson, Jaeda 11	
2 Creston		1:54.88 8
1) Rice, Peyton 10	2) Reynard, Ashley 11	
3) Fields, Brianna 09	4) Hudson, Makenna 11	
3 Atlantic		1:55.11 6
1) Hansen, Taylor 12	2) Miller, Cambry 12	
3) Derby, Alyssa 10	4) Pross, Pluma 11	
4 Boone		1:55.68 5
1) Castle, Ellen 12	2) Lyons, Morgan 09	
3) Wingert, Emily 10	4) Danner, Madyln 12	
5 Humboldt		1:58.02 4
1) Thompson, Carlie 11	2) Hajek, Jori 10	
3) Lange, Mady 11	4) DeWinter, Paige 09	
6 Harlan		1:58.82 3
1) Hansen, Chloe 12	2) Wegner, Delaney 09	
3) Musich, Savanna 09	4) Metzger, Lilly 09	
7 Carroll		2:00.45 2
1) Snyder, Jada 12	2) Klein, Alex 09	
3) Lein, Kennedy 10	4) Collison, Ella 10	
8 Perry		2:17.32 1
1) Tunink, Kennedy 10	2) Riesberg, Mary Ann 10	
3) Whiton, Quinn 10	4) Tunink, Peyton 09	

Event 45 Girls 3000 Meter Run 3A

Name	Yr	School	Finals
Finals			
1 Schraft, Janette	12	Glenwood	11:00.69 10
2 Gidel, Bryce	11	Humboldt	11:06.60 8
3 Borkowski, Lucy	11	Harlan	11:22.16 6
4 Karolus, Jaylene	09	Perry	11:34.39 5
5 Davis, Paige	10	Creston	11:43.98 4
6 Baldwin, Abi	10	Harlan	11:56.35 3
7 Mullennax, Rachel	09	Glenwood	12:02.49 2
8 Dearment, Addie	09	Atlantic	12:03.31 1
9 Christensen, Ali	10	Creston	12:34.40
10 Altman, Abby	11	Atlantic	13:07.71
11 VanSickle, Emma	09	Boone	13:57.58

Event 98 Girls 4x800 Meter Relay 3A

Team	Relay	Finals
Finals		
1 Creston		9:50.93 10
1) Baker, Braelyn 10	2) Rice, Peyton 10	
3) Hudson, Makenna 11	4) Baker, Brielle 12	
2 Harlan		9:55.68 8
1) Bieker, Kaia 09	2) Freund, Liv 10	
3) Alberti, Abby 11	4) Kaster, Greichaly 12	
3 Atlantic		9:58.92 6
1) Rush, Karsyn 12	2) Goergen, Kennedy 10	
3) Botos, Madison 10	4) McCreeedy, Taylor 10	

4 Glenwood		9:59.11 5
1) McIntyre, Abby 10	2) Becker, Lauren 10	
3) Schultz, Erin 10	4) Hughes, Emma 10	
5 Humboldt		11:00.45 4
1) Hildreth, Elizabeth 12	2) Harklau, Brett 09	
3) Beaman, Kirstyn 11	4) Hoefler, Jayda 10	
6 Boone		12:06.14 3
1) Castle, Audrey 09	2) Eppert, Jayda 10	
3) Pratt, Emma 12	4) Reutter, Megan 10	

Event 68 Girls 4x100 Meter Shuttle Hurdle 3A

Team	Relay	Finals
Finals		
1 Glenwood		1:06.25 10
1) Arnold, Audrey 11	2) Ausdemore, Marissa 10	
3) Parr, Sami 11	4) Scarborough, Elle 10	
2 Humboldt		1:08.06 8
1) Hajek, Jori 10	2) Varangkounh, Claire 11	
3) Dettmann, Kailee 10	4) Groat, Lily 10	
3 Harlan		1:09.97 6
1) Curren, Ally 09	2) Buman, Justine 10	
3) Hendricks, Zophi 09	4) Hansen, Chloe 12	
4 Atlantic		1:11.18 5
1) Williams, Heidi 12	2) Trotter, Mia 10	
3) Pellett, Caroline 10	4) Lowary, Anna 11	
5 Carroll		1:14.20 4
1) Ayala, Josie 09	2) Farrell, Abby 10	
3) Klocke, Addison 09	4) Millermon, Kendra 11	
6 Creston		1:22.14 3
1) Linch, Brittany 11	2) Abildtrup, Ryli 10	
3) Evans, Halle 09	4) Seaton, Taylor 09	

Event 5 Girls 100 Meter Dash 3A

Name	Yr	School	Finals
Finals			
1 Ostrander, Bailey	12	Glenwood	13.19 10
2 Thompson, Carlie	11	Humboldt	13.38 8
3 Shriver, Jasmine	10	Perry	13.49 6
4 Olson, Morgan	09	Humboldt	13.83 5
5 Lyons, Morgan	09	Boone	13.84 4
6 Jorgensen, Hannah	09	Carroll	13.88 3
7 Brockt, Natalie	10	Harlan	14.08 2
8 Bruckner, Grace	11	Atlantic	14.20 1
9 Price, Bailey	10	Boone	14.26
10 Smith, Aubri	10	Harlan	14.29
11 Worthington, Alison	09	Creston	14.39
12 Gray, Cera	12	Glenwood	14.46
13 Niklasen, Aspen	09	Atlantic	14.52
14 Escalante, Wendy	10	Perry	17.76
15 Gutknecht, Lexi	09	Creston	19.67

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Results - 3A District Events

Event 150 Girls Distance Medley 3A

Team	Relay	Finals
Finals		
1 Atlantic		4:17.81 10
1) Hansen, Taylor 12	2) Derby, Alyssa 10	
3) Rasmussen, Haley 10	4) McCreedy, Taylor 10	
2 Creston		4:21.16 8
1) Reynard, Ashley 11	2) Fields, Brianna 09	
3) Hudson, Makenna 11	4) Baker, Braelyn 10	
3 Humboldt		4:28.64 6
1) Lange, Mady 11	2) Varangkounh, Claire 11	
3) Beaman, Kirstyn 11	4) Gidel, Bryce 11	
4 Harlan		4:28.69 5
1) Eckermann, Grace 10	2) Metzger, Lilly 09	
3) Bieker, Kaia 09	4) Freund, Liv 10	
5 Glenwood		4:29.36 4
1) Roenfeldt, Lauren 09	2) Schultz, Abi 12	
3) Hughes, Abby 09	4) McIntyre, Abby 10	
6 Boone		4:46.64 3
1) Trough, Polina 11	2) Blackburn, Britni 09	
3) Muller, Maggy 12	4) Purtle, Liz 10	
7 Perry		4:51.72 2
1) Tunink, Peyton 09	2) Riesberg, Mary Ann 10	
3) Tunink, Kennedy 10	4) Karolus, Jaylene 09	
8 Carroll		4:57.48 1
1) Kastle, Sydney 11	2) Ayala, Josie 09	
3) Hammer, Gabi 10	4) White, Rachel 11	

Event 21 Girls 400 Meter Dash 3A

Name	Yr	School	Finals
Finals			
1 Pross, Pluma	11	Atlantic	1:01.52 10
2 Wilson, Jaeda	11	Glenwood	1:01.57 8
3 Rice, Peyton	10	Creston	1:03.33 6
4 Lein, Kennedy	10	Carroll	1:03.34 5
5 Kjergaard, Kennedy	10	Harlan	1:06.41 4
6 Hardcastle, Danielle	12	Glenwood	1:06.83 3
7 Burchett, Makayla	09	Harlan	1:07.61 2
8 Hoefler, Jayda	10	Humboldt	1:09.19 1
9 Worthington, Alison	09	Creston	1:09.21
10 Smith, Joie	09	Humboldt	1:09.69
11 Johnson, Jada	09	Boone	1:14.79
12 Johnson, Alexis	12	Boone	1:20.91

Event 82 Girls 4x200 Meter Relay 3A

Team	Relay	Finals
Finals		
1 Harlan		1:46.91 10
1) Musich, Savanna 09	2) Wegner, Delaney 09	
3) Alberti, Abby 11	4) Hansen, Chloe 12	
2 Glenwood		1:46.97 8
1) Allgood, Sadey 12	2) Ostrander, Bailey 12	
3) Ausdemore, Marissa 10	4) Matheny, Coryl 09	

3 Humboldt		1:52.19 6
1) Thompson, Carlie 11	2) Lange, Mady 11	
3) Hansen, Alexis 09	4) DeWinter, Paige 09	
4 Creston		1:52.61 5
1) Chuong, Angelina 10	2) Reynard, Ashley 11	
3) Fields, Brianna 09	4) Fields, Kelsey 10	
5 Carroll		1:54.75 4
1) Klein, Alex 09	2) Jorgensen, Hannah 09	
3) Mohr, Taylor 12	4) Collison, Ella 10	
6 Atlantic		1:55.67 3
1) Burg, Tayler 11	2) Miller, Cambry 12	
3) Bean, Aleigh 11	4) Williams, Heidi 12	
7 Boone		2:04.30 2
1) Price, Bailey 10	2) Hightshoe, Zoey 10	
3) Cherry, Jenessa 11	4) Castle, Audrey 09	
8 Perry		2:12.51 1
1) Fish, Lanie 10	2) Escalante, Viviana 09	
3) Avila, Alondra 12	4) Hopper, Zari 09	

Event 51 Girls 100 Meter Hurdles 3A

Name	Yr	School	Finals
Finals			
1 Scarborough, Elle	10	Glenwood	15.86 10
2 Arnold, Audrey	11	Glenwood	15.95 8
3 Hajek, Jori	10	Humboldt	16.47 6
4 Danner, Madyln	12	Boone	16.83 5
5 Groat, Lily	10	Humboldt	16.96 4
6 Blackburn, Britni	09	Boone	17.84 3
7 Buman, Justine	10	Harlan	18.06 2
8 Millermon, Kendra	11	Carroll	18.16 1
9 Trotter, Mia	10	Atlantic	18.50
10 Ayala, Josie	09	Carroll	18.52
11 Schmitz, Maci	09	Harlan	18.61
12 Abildtrup, Ryli	10	Creston	19.16
13 Linch, Brittany	11	Creston	19.49
14 Lowary, Anna	11	Atlantic	20.74

Event 29 Girls 800 Meter Run 3A

Name	Yr	School	Finals
Finals			
1 Schraft, Janette	12	Glenwood	2:21.68 10
2 Baker, Brielle	12	Creston	2:25.26 8
3 Rush, Karsyn	12	Atlantic	2:27.27 6
4 Schultz, Erin	10	Glenwood	2:34.09 5
5 White, Rachel	11	Carroll	2:37.32 4
6 Goergen, Kennedy	10	Atlantic	2:38.07 3
7 Gross, Ellie	09	Harlan	2:38.85 2
8 Sickels, Molly	10	Creston	2:39.49 1
9 Smith, Joie	09	Humboldt	2:48.19
10 Harklau, Brett	09	Humboldt	2:48.26
11 Eppert, Jayda	10	Boone	3:03.05
12 Reutter, Megan	10	Boone	3:13.75

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Results - 3A District Events

Event 13 Girls 200 Meter Dash 3A

Name	Yr	School	Finals
Finals			
1 Rasmussen, Haley	10	Atlantic	26.41 10
2 Derby, Alyssa	10	Atlantic	26.76 8
3 DeWinter, Paige	09	Humboldt	26.85 6
4 Collison, Ella	10	Carroll	27.84 5
5 Roenfeldt, Lauren	09	Glenwood	28.40 4
6 Kjergaard, Kennedy	10	Harlan	28.61 3
7 Trouch, Polina	11	Boone	28.84 2
8 Eckermann, Grace	10	Harlan	28.92 1
9 Hansen, Alexis	09	Humboldt	29.03
10 Klein, Alex	09	Carroll	29.14
11 Worthington, Alison	09	Creston	29.33
12 Whiton, Quinn	10	Perry	29.84
13 Gray, Cera	12	Glenwood	30.22
14 Cherry, Jenessa	11	Boone	30.59
15 Abildtrup, Ryli	10	Creston	31.06

Event 59 Girls 400 Meter Hurdles 3A

Name	Yr	School	Finals
Finals			
1 Schraft, Janette	12	Glenwood	1:07.44 10
2 Danner, Madyln	12	Boone	1:08.14 8
3 Groat, Lily	10	Humboldt	1:09.46 6
4 Williams, Heidi	12	Atlantic	1:10.39 5
5 Becker, Lauren	10	Glenwood	1:11.89 4
6 Varangkounh, Claire	11	Humboldt	1:13.28 3
7 Lowary, Anna	11	Atlantic	1:13.56 2
8 Chuong, Angelina	10	Creston	1:16.31 1
9 Kastle, Sydney	11	Carroll	1:17.94
10 Castle, Audrey	09	Boone	1:18.26
11 Evans, Halle	09	Creston	1:20.35
12 Farrell, Abby	10	Carroll	1:25.35

Event 37 Girls 1500 Meter Run 3A

Name	Yr	School	Finals
Finals			
1 Schraft, Janette	12	Glenwood	4:58.74 10
2 Baker, Brielle	12	Creston	5:01.59 8
3 McCreedy, Taylor	10	Atlantic	5:02.57 6
4 Baker, Braelyn	10	Creston	5:06.59 5
5 Gidel, Bryce	11	Humboldt	5:08.31 4
6 Karolus, Jaylene	09	Perry	5:22.07 3
7 Botos, Madison	10	Atlantic	5:22.68 2
8 Kaster, Greichaly	12	Harlan	5:25.02 1
9 Andersen, Olivia	10	Harlan	5:34.17
10 Hildreth, Elizabeth	12	Humboldt	5:37.31
11 Hughes, Emma	10	Glenwood	5:42.93
12 Rose, Sophia	10	Boone	6:14.52
13 Nath, Isabella	10	Perry	6:23.69
14 Pratt, Emma	12	Boone	6:37.11

Event 74 Girls 4x100 Meter Relay 3A

Team	Relay	Finals
Finals		
1 Glenwood		51.17 10
1) Allgood, Sadey 12	2) Ostrander, Bailey 12	
3) Ausdemore, Marissa 10	4) Arnold, Audrey 11	
2 Harlan		51.26 8
1) Musich, Savanna 09	2) Wegner, Delaney 09	
3) Alberti, Abby 11	4) Hansen, Chloe 12	
3 Boone		52.69 6
1) Lyons, Morgan 09	2) Wingert, Emily 10	
3) Castle, Ellen 12	4) Danner, Madyln 12	
4 Humboldt		52.70 5
1) Thompson, Carlie 11	2) Hajek, Jori 10	
3) Varangkounh, Claire 11	4) Lange, Mady 11	
5 Carroll		52.76 4
1) Snyder, Jada 12	2) Collison, Ella 10	
3) Mohr, Taylor 12	4) Jorgensen, Hannah 09	
6 Creston		54.30 3
1) Linch, Brittany 11	2) Fields, Kelsey 10	
3) Fields, Brianna 09	4) Reynard, Ashley 11	
7 Atlantic		54.68 2
1) Burg, Tayler 11	2) Bruckner, Grace 11	
3) Bean, Aleigh 11	4) Hansen, Taylor 12	
8 Perry		58.01 1
1) Tunink, Kennedy 10	2) Whiton, Quinn 10	
3) Riesberg, Mary Ann 10	4) Shriver, Jasmine 10	

Event 90 Girls 4x400 Meter Relay 3A

Team	Relay	Finals
Finals		
1 Atlantic		4:06.77 10
1) Derby, Alyssa 10	2) Pross, Pluma 11	
3) McCreedy, Taylor 10	4) Rasmussen, Haley 10	
2 Glenwood		4:09.18 8
1) Wilson, Jaeda 11	2) Hughes, Abby 09	
3) Schultz, Abi 12	4) Matheny, Coryl 09	
3 Creston		4:13.50 6
1) Baker, Braelyn 10	2) Rice, Peyton 10	
3) Baker, Brielle 12	4) Hudson, Makenna 11	
4 Harlan		4:16.34 5
1) Bieker, Kaia 09	2) Freund, Liv 10	
3) Metzger, Lilly 09	4) Alberti, Abby 11	
5 Humboldt		4:18.56 4
1) DeWinter, Paige 09	2) Beaman, Kirstyn 11	
3) Groat, Lily 10	4) Gidel, Bryce 11	
6 Boone		4:37.75 3
1) Muller, Maggy 12	2) Blackburn, Britni 09	
3) Purtle, Liz 10	4) Wingert, Emily 10	
--- Perry		DNF
1) Troung, Cindy 10	2) Tunink, Kennedy 10	
3) Tunink, Peyton 09	4) Karolus, Jaylene 09	

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Results - 3A District Events

Event 120 Girls High Jump 3A

Name	Yr	School	Finals
Finals			
1	Mohr, Taylor	12 Carroll	5-00.00 10
2	Matheny, Coryl	09 Glenwood	5-00.00 8
3	Hardecastle, Danielle	12 Glenwood	4-10.00 6
4	Dettmann, Kailee	10 Humboldt	4-10.00 5
5	Wegner, Grace	10 Harlan	4-08.00 4
6	Blackburn, Britni	09 Boone	4-08.00 3
7	Lein, Kennedy	10 Carroll	4-06.00 2
8	Pellett, Caroline	10 Atlantic	4-06.00 1
---	Smith, Joie	09 Humboldt	NH
---	Heithoff, Kate	09 Harlan	NH

Event 128 Girls Long Jump 3A

Name	Yr	School	Finals
Finals			
1	Rasmussen, Haley	10 Atlantic	17-02.00 10
2	Castle, Ellen	12 Boone	16-02.25 8
3	Bieker, Kaia	09 Harlan	15-10.50 6
4	Trouch, Polina	11 Boone	15-07.50 5
5	Snyder, Jada	12 Carroll	15-04.50 4
6	Parr, Sami	11 Glenwood	15-03.25 3
7	Whiton, Quinn	10 Perry	15-02.50 2
8	Bruckner, Grace	11 Atlantic	15-02.50 1
9	Hansen, Alexis	09 Humboldt	14-05.75
10	Eckermann, Grace	10 Harlan	14-05.50
11	Roefeldt, Lauren	09 Glenwood	14-01.00
12	Evans, Halle	09 Creston	13-06.00
13	Linch, Brittany	11 Creston	13-02.50

Event 136 Girls Discus Throw 3A

Name	Yr	School	Finals
Finals			
1	Clark, Kendal	10 Humboldt	132-07 10
2	Fields, Kelsey	10 Creston	128-02 8
3	Biermann, Sydney	12 Glenwood	126-03 6
4	Onken, Ashley	11 Carroll	125-07 5
5	Andersen, Lauren	10 Harlan	113-06 4
6	Goshorn, Brooke	10 Harlan	108-00 3
7	McCartan, Grace	12 Carroll	104-05 2
8	Abildtrup, Ryli	10 Creston	103-03 1
9	McDaniel, Deni	10 Humboldt	101-05
10	Joyce, Emma	12 Atlantic	100-04
11	Helmers, Sydney	11 Perry	73-05
12	Thomason, Elaine	11 Perry	64-09

Event 144 Girls Shot Put 3A

Name	Yr	School	Finals
Finals			
1	Fields, Kelsey	10 Creston	41-05.00 10
2	Biermann, Sydney	12 Glenwood	39-01.00 8
3	Onken, Ashley	11 Carroll	36-04.25 6
4	Dighton, Emma	10 Boone	35-06.50 5
5	Schumacher, Madison	10 Harlan	34-08.00 4

6	Hood, Abbi	11 Creston	33-10.50 3
7	Jones, Kennedy	09 Glenwood	33-09.75 2
8	Boyd, Annie	12 Humboldt	33-00.25 1
9	McCartan, Grace	12 Carroll	31-06.00
10	Larsen, Chloe	09 Harlan	30-02.50
11	Woodward, Malena	09 Atlantic	24-09.25
12	Helmers, Sydney	11 Perry	24-05.25
13	Trotter, Lexie	09 Atlantic	23-08.75
14	Stewart, Phoebe	10 Perry	21-09.25

Women - 3A - Team Rankings - 19 Events Scored

1)	Glenwood	182
2)	Atlantic	108
3)	Humboldt	104
4)	Creston	98
5)	Harlan	92
6)	Boone	65
7)	Carroll	62
8)	Perry	21

Men - 3A - Team Rankings - 19 Events Scored

1)	Humboldt	157
2)	Atlantic	143
3)	Glenwood	115
3)	Harlan	115
5)	Boone	91
6)	Carroll	60
7)	Perry	41
8)	Creston	13