

Iowa Girls & Boys 1A Qualifying Track Meet - 5/9/2019**Fremont-Mills CSD****Results - 1A District Events****Event 1 Girls 100 Meter Dash 1A**

Name	Year	School	Finals	Wind	H#	Points
Finals						
1 Blaha, Jordyn	11	St. Albert, CB	12.93	NWI	3	10
2 Valenzuela, Selena	11	Bedford	13.59	NWI	3	8
3 Niehart, Jessalee	10	South Page	13.67	NWI	3	6
4 Nolting, Ruby	09	Logan-Magnolia	13.83	NWI	3	5
5 Bell, Deztany	09	Clarinda Acadmy	13.88	NWI	3	4
6 Beckner, Morgan	10	Heartland Christ	14.39	NWI	3	3
7 Stanley, Lindsay	11	Fremont-Mills	14.56	NWI	2	2
8 Christians, Ashley	10	Logan-Magnolia	14.77	NWI	2	1
9 Weed, Kennedy	10	Bedford	14.90	NWI	2	
10 Larson, Ashton	12	Lenox	15.14	NWI	2	
11 Schmit, Cheyenne	10	East Mills	15.40	NWI	1	
12 Bredberg, Tegan	09	Fremont-Mills	15.42	NWI	2	
13 Selander, Adelyn	09	Heartland Christ	15.45	NWI	2	
14 Heitman, Amanda	10	Woodbine	15.54	NWI	1	
15 Hardin, Faith	09	Clarinda Acadmy	15.91	NWI	3	
16 Behrendt, Nicole	11	Boyer Valley	16.02	NWI	2	
17 Anderson, Sam	09	Woodbine	16.03	NWI	1	
18 Etter, Zoe	09	W Harrison	16.19	NWI	1	
19 Yosrungroch, Pinsuda	11	East Mills	16.25	NWI	1	
20 Horvrath, Maddy	09	St. Albert, CB	16.57	NWI	1	

Event 2 Boys 100 Meter Dash 1A

Name	Year	School	Finals	Wind	H#	Points
1 Antisdell, Aiden	11	St. Albert, CB	11.30	NWI	4	10
2 Brummer, Tyler	12	Boyer Valley	11.36	NWI	4	8
3 Leaders, Brock	11	Woodbine	11.60	NWI	4	6
4 Worley, Weston	12	Logan-Magnolia	11.68	NWI	4	5
5 White, Dillon	12	St. Albert, CB	11.84	NWI	4	4
6 Thornburg, Colton	11	Essex	11.86	NWI	4	3
7 James, Rejun	10	Clarinda Acadmy	11.90	NWI	4	2
8 Richardson, Taylor	10	Clarinda Acadmy	12.26	NWI	3	1
9 Nelson, Karter	11	W Harrison	12.33	NWI	4	
10 Mace, Tanner	11	Logan-Magnolia	12.37	NWI	3	
11 Gilgen, Gabe	09	W Harrison	12.45	NWI	3	
12 Gordon, Colton	11	Lenox	12.50	NWI	3	
13 Hunziker, Alec	11	Heartland Christ	12.53	NWI	3	
14 Moore, Luke	11	East Mills	12.85	NWI	2	
15 Gau, Erik	10	Woodbine	12.88	NWI	3	
16 Hensley, Tyler	10	Sidney	12.92	NWI	3	
17 Montiel, Jhordan	12	Lenox	13.52	NWI	1	
18 Kline, Isaiah	09	Essex	13.57	NWI	2	
19 Madison, Nick	09	Fremont-Mills	13.62	NWI	3	
20 Gorden, Nathan	10	Boyer Valley	13.66	NWI	2	
21 Weaver, Jed	10	Bedford	14.07	NWI	2	
22 Perrin, Adam	09	Fremont-Mills	14.66	NWI	2	



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23 Adkisson, Jon	10 Sidney	14.77	NWI	2
24 Strunk-Costa, Matheus	12 Bedford	15.41	NWI	2
25 Drennen, Eli	09 South Page	15.51	NWI	1
26 Ledvina, Daniel	11 Heartland Christ	19.92	NWI	1

Event 9 Girls 200 Meter Dash 1A

Name	Year School	Finals	Wind	H#	Points
1 Blaha, Jordyn	11 St. Albert, CB	27.31	NWI	3	10
2 Reisz, Cambria	12 Logan-Magnolia	28.57	NWI	3	8
3 Jensen, Riley	09 Essex	28.89	NWI	3	6
4 Niehart, Jessalee	10 South Page	28.92	NWI	2	5
5 Goodrich, Abby	12 Logan-Magnolia	29.11	NWI	3	4
6 Larson, Ashton	12 Lenox	30.66	NWI	2	3
7 Beckner, Morgan	10 Heartland Christ	30.91	NWI	3	2
8 Stanley, Lindsay	11 Fremont-Mills	31.21	NWI	2	1
9 Ecklin, Brooklynn	09 Lenox	31.23	NWI	3	
10 Warner, Brandi	11 Fremont-Mills	31.42	NWI	2	
11 Schmit, Cheyenne	10 East Mills	32.24	NWI	1	
12 Heitman, Amanda	10 Woodbine	32.31	NWI	1	
13 Tracy, Vivian	10 Bedford	32.39	NWI	3	
14 Steinkuehler, Alexa	10 Woodbine	32.56	NWI	2	
15 McCollum, Shalee	10 South Page	33.20	NWI	2	
16 Selander, Adelyn	09 Heartland Christ	33.29	NWI	2	
17 John, Kelsey	12 Bedford	34.79	NWI	2	
18 Lehan, Carly	11 Boyer Valley	35.40	NWI	1	
19 Lewis, Kasey	12 W Harrison	35.57	NWI	1	
20 Yosrungroch, Pinsuda	11 East Mills	36.19	NWI	1	
21 Kingery, Makieah	09 Sidney	37.59	NWI	1	
22 Robinson, Isabelle	09 Sidney	39.44	NWI	1	

Event 10 Boys 200 Meter Dash 1A

Name	Year School	Finals	Wind	H#	Points
1 Blaha, Luke	12 St. Albert, CB	23.18	NWI	3	10
2 Coberly, Tyler	12 Woodbine	23.56	NWI	3	8
3 Worley, Weston	12 Logan-Magnolia	23.60	NWI	3	6
4 Pryor, Wyatt	11 Woodbine	24.12	NWI	1	5
5 Carter, David	11 Clarinda Acadmy	24.14	NWI	3	4
6 Larson, Brad	10 Lenox	24.50	NWI	3	3
7 Thornburg, Colton	11 Essex	24.99	NWI	3	2
8 Cerny, Connor	10 St. Albert, CB	25.23	NWI	2	1
9 Burrows, Isaiah	11 Clarinda Acadmy	25.66	NWI	1	
10 Smiley, Nolan	10 East Mills	26.00	NWI	2	
11 Kline, Isaiah	09 Essex	27.30	NWI	2	
12 Gorden, Nathan	10 Boyer Valley	27.34	NWI	2	
13 Hansen, Aaron	11 Boyer Valley	28.45	NWI	2	
14 Castor, Hernan	09 Lenox	29.46	NWI	1	



Iowa Girls & Boys 1A Qualifying Track Meet - 5/9/2019**Fremont-Mills CSD****Results - 1A District Events****...Event 10 Boys 200 Meter Dash 1A**

15 Perrin, Adam	09 Fremont-Mills	30.23	NWI	1
16 Stream, Dawson	09 Bedford	30.40	NWI	2
17 Strunk-Costa, Matheus	12 Bedford	31.66	NWI	1

Event 17 Girls 400 Meter Dash 1A

Name	Year School	Finals	H#	Points
1 Duncan, Maddy	11 Sidney	1:02.45	3	10
2 Rife, Sabrina	11 W Harrison	1:05.42	3	8
3 Jensen, Riley	09 Essex	1:07.49	3	6
4 Lynch, Kayla	10 W Harrison	1:07.54	3	5
5 Evans, Amelia	09 Logan-Magnolia	1:09.20	3	4
6 Lake, Emme	10 Logan-Magnolia	1:10.04	2	3
7 Vinzant, Hayleigh	09 Bedford	1:10.38	3	2
8 Petersen, Jaci	09 Boyer Valley	1:10.39	2	1
9 Morgan, Taylor	10 Fremont-Mills	1:13.78	3	
10 Cox, Jynessa	09 Lenox	1:14.53	2	
11 Beckner, Morgan	10 Heartland Christ	1:14.85	3	
12 Sunderman, Cheyenne	09 South Page	1:15.74	2	
13 Miller, Willow	09 Bedford	1:19.39	2	
14 Stile, Sarah	10 Heartland Christ	1:25.56	1	
15 Zhornova, Anastasiya	12 South Page	1:28.04	1	

Event 18 Boys 400 Meter Dash 1A

Name	Year School	Finals	H#	Points
1 Rallis, Sam	10 St. Albert, CB	51.47	3	10
2 Nally, Cooper	11 Bedford	52.55	3	8
3 Dalley, Luke	12 Essex	54.63	3	6
4 Arredondo, Emillio	10 Clarinda Acadmy	55.20	3	5
5 Barnes, Keaton	09 St. Albert, CB	55.75	3	4
6 Johnson, Bradley	11 Bedford	56.39	3	3
7 Maguire, Gavin	09 Logan-Magnolia	59.38	2	2
8 Sullivan, Connor	12 Woodbine	59.42	3	1
9 Price, Chase	10 Sidney	1:00.49	2	
10 Schafer, Conrad	10 Woodbine	1:01.51	2	
11 Weilage, DJ	09 Heartland Christ	1:01.77	1	
12 Holsti, Larry	12 Heartland Christ	1:02.07	2	
13 Madison, Nick	09 Fremont-Mills	1:02.19	2	
14 Garside, Eli	10 Boyer Valley	1:03.68	2	
15 Poorker, Keegan	09 East Mills	1:03.72	2	
16 Mumm, Greg	10 Boyer Valley	1:03.75	2	
17 Croghan, Karsen	09 East Mills	1:04.66	1	
18 Fichter, Devin	11 Sidney	1:05.57	1	
19 Gunhus, Justice	11 Clarinda Acadmy	1:10.12	1	
20 Thornburg, Quentin	09 Essex	1:11.94	1	



Iowa Girls & Boys 1A Qualifying Track Meet - 5/9/2019**Fremont-Mills CSD****Results - 1A District Events****Event 25 Girls 800 Meter Run 1A**

Name	Year	School	Finals	H#	Points
1 Lucas, Emma	12	Bedford	2:26.81	2	10
2 Lapke, Violet	11	Logan-Magnolia	2:28.13	2	8
3 Morrison, Kylie	11	Logan-Magnolia	2:28.55	2	6
4 Petersen, Kylie	10	Boyer Valley	2:37.86	2	5
5 Hanigan, Marie	11	Boyer Valley	2:42.77	2	4
6 Springman, Gracie	12	St. Albert, CB	2:43.83	2	3
7 Hogan, McKinna	10	Lenox	2:47.76	2	2
8 Ward, Chay	09	Sidney	2:51.69	2	1
9 Allmon, Mia	09	St. Albert, CB	2:55.46	2	
10 Douglas, Camryn	11	Lenox	2:56.94	2	
11 Barrett, Ann	09	East Mills	2:59.37	1	
12 Crom, Ellie	11	Fremont-Mills	3:03.15	1	
13 Sunderman, Cheyenne	09	South Page	3:06.62	1	
14 Perdew, Carmen	10	Bedford	3:07.55	1	
15 Lewis, Kasey	12	W Harrison	3:18.13	1	
16 Stile, Sarah	10	Heartland Christ	3:19.17	1	
17 Olson, Rachael	09	W Harrison	3:30.92	1	

Event 26 Boys 800 Meter Run 1A

Name	Year	School	Finals	H#	Points
1 Jorgenson, Noah	11	Sidney	2:01.35	2	10
2 Hughes, Ryan	11	St. Albert, CB	2:02.31	2	8
3 Soetmelk, Matt	12	Logan-Magnolia	2:06.24	2	6
4 Meeker, Cuy	12	Woodbine	2:06.44	2	5
5 Sherer, Adam	11	Woodbine	2:08.44	2	4
6 Neihart, Josh	10	Bedford	2:13.50	2	3
7 Kesterson, Kyle	09	Fremont-Mills	2:16.40	2	2
8 Jorgenson, Cole	09	Sidney	2:23.95	2	1
9 Prokop, Tyler	09	East Mills	2:27.62	2	
10 McClarnon, Mason	10	South Page	2:27.66	2	
11 Jaeckel, Brayden	09	W Harrison	2:28.73	1	
12 Holsti, Larry	12	Heartland Christ	2:30.03	2	
13 Miramontes, Nicolas	11	Fremont-Mills	2:30.71	2	
14 Gomez, Mizel	09	Lenox	2:36.88	1	
15 Pfister, Markus	11	East Mills	2:41.22	1	
16 Chinn, Garrot	09	Clarinda Acadmy	2:47.57	1	
17 Webster, Travis	09	Boyer Valley	2:47.62	1	
18 England, Cael	09	Lenox	2:51.10	1	
19 Drennen, Eli	09	South Page	3:07.14	1	
20 Bredensteiner, Sam	10	Bedford	3:18.12	1	

Event 33 Girls 1500 Meter Run 1A

Name	Year	School	Finals	Points
1 Lucas, Emma	12	Bedford	5:05.35	10



Iowa Girls & Boys 1A Qualifying Track Meet - 5/9/2019**Fremont-Mills CSD****Results - 1A District Events****...Event 33 Girls 1500 Meter Run 1A**

2 Sporrer, Taylor	11 Logan-Magnolia	5:12.22	8
3 Sporrer, Courtney	09 Logan-Magnolia	5:27.97	6
4 Gore, Katie	10 W Harrison	5:31.84	5
5 Smith, Brenna	09 St. Albert, CB	5:40.60	4
6 Oyster, Jami	12 East Mills	6:14.65	3
7 Hankins, Lexi	11 Fremont-Mills	6:17.56	2
8 Bowman, Chenoa	09 W Harrison	6:25.94	1
9 Plowman, Jamie	10 Woodbine	6:28.59	
10 Ireland, Audrey	10 Woodbine	6:46.35	

Event 34 Boys 1600 Meter Run 1A

Name	Year School	Finals	Points
1 Heisterkamp, Bennett	11 St. Albert, CB	4:48.70	10
2 Ambrose, Justin	12 Boyer Valley	4:53.70	8
3 Thompson, Adam	12 Sidney	4:53.78	6
4 Maguire, Gavin	09 Logan-Magnolia	5:00.52	5
5 Walski, Gabe	11 Logan-Magnolia	5:08.46	4
6 Green, Nathaniel	10 Boyer Valley	5:10.54	3
7 Jorgenson, Noah	11 Sidney	5:13.34	2
8 Piskorski, Hadyne	09 St. Albert, CB	5:15.85	1
9 Schafer, Conrad	10 Woodbine	5:20.52	
10 Henderson, Caden	11 Essex	5:22.88	
11 Carmody, Aidan	09 Woodbine	5:28.35	
12 McClarnon, Mason	10 South Page	5:39.41	
13 Oyster, Jesse	10 East Mills	5:40.09	
14 Kesterson, Kyle	09 Fremont-Mills	5:54.71	
15 Gomez, Mizel	09 Lenox	6:05.17	
16 Scott, Vance	09 Clarinda Acadmy	6:21.25	
17 Chinn, Garrot	09 Clarinda Acadmy	6:34.45	

Event 41 Girls 3000 Meter Run 1A

Name	Year School	Finals	Points
1 Lucas, Emma	12 Bedford	10:39.09	10
2 Sporrer, Taylor	11 Logan-Magnolia	10:54.39	8
3 Sporrer, Courtney	09 Logan-Magnolia	11:37.63	6
4 Oyster, Jami	12 East Mills	13:17.72	5
5 Bowman, Chenoa	09 W Harrison	13:38.78	4
6 Hankins, Lexi	11 Fremont-Mills	13:56.06	3
7 Ireland, Audrey	10 Woodbine	15:09.57	2
8 Olson, Rachael	09 W Harrison	15:14.15	1
9 Freeman, Skylar	11 Boyer Valley	17:08.11	



Iowa Girls & Boys 1A Qualifying Track Meet - 5/9/2019**Fremont-Mills CSD****Results - 1A District Events****Event 42 Boys 3200 Meter Run 1A**

Name	Year	School	Finals	Points
1 Heisterkamp, Bennett	11	St. Albert, CB	10:07.03	10
2 Thompson, Adam	12	Sidney	10:07.05	8
3 Ambrose, Justin	12	Boyer Valley	10:12.42	6
4 Carmody, Aidan	09	Woodbine	11:25.69	5
5 Bock, Noah	10	Logan-Magnolia	11:27.80	4
6 Green, Nathaniel	10	Boyer Valley	11:31.04	3
7 Piskorski, Hadyn	09	St. Albert, CB	11:31.56	2
8 Wright, Nathan	09	Woodbine	11:45.11	1
9 Henderson, Caden	11	Essex	11:58.34	
10 Chinn, Garrot	09	Clarinda Acadmy	14:14.06	
11 Bredensteiner, Sam	10	Bedford	15:36.84	
-- Barrett, Storm	11	Sidney	DNF	

Event 49 Girls 100 Meter Hurdles 1A

Name	Year	School	Finals	Wind	H#	Points
1 Diggins, Olivia	11	Logan-Magnolia	15.99	NWI	2	10
2 Reed, Kendall	11	Fremont-Mills	17.41	NWI	2	8
3 Croghan, Kassidy	12	East Mills	17.66	NWI	2	6
4 Reisz, Pearl	09	St. Albert, CB	17.72	NWI	2	5
5 Nelson, Cassidy	10	Lenox	18.23	NWI	2	4
6 Howard, Kenna	10	Fremont-Mills	18.40	NWI	1	3
7 Klein, Sydney	10	Boyer Valley	18.44	NWI	2	2
8 Kuhlman, Whitney	09	Woodbine	18.58	NWI	1	1
9 Lease, Paige	11	Logan-Magnolia	19.17	NWI	2	
10 Dukes, Abby	09	Bedford	19.49	NWI	1	
11 Lauritsen, Jadyn	12	Bedford	19.60	NWI	1	
12 McCollum, Shalee	10	South Page	19.72	NWI	1	
13 Murphy, Iliana	12	Heartland Christ	20.54	NWI	1	
14 Daffer, Jaden	12	Sidney	22.53	NWI	2	
15 King, Beth	09	St. Albert, CB	22.75	NWI	1	

Event 52 Boys 110 Meter Hurdles 1A

Name	Year	School	Finals	Wind	H#	Points
1 Bernard, Ethan	12	St. Albert, CB	15.09	NWI	2	10
2 Brummer, Tyler	12	Boyer Valley	15.19	NWI	2	8
3 Gartner, Austin	12	Fremont-Mills	16.21	NWI	2	6
4 Morris, Eli	10	Bedford	16.24	NWI	2	5
5 Riedel, Talon	11	Bedford	16.34	NWI	2	4
6 Andersen, Colby	12	Woodbine	17.67	NWI	2	3
7 Hansen, Hunter	10	W Harrison	17.83	NWI	2	2
8 Story, Riley	12	East Mills	17.94	NWI	1	1
9 Nelson, Jack	11	Woodbine	18.13	NWI	2	
10 Weaver, Jonathon	09	Lenox	18.64	NWI	1	
11 Wood, Carsan	09	Boyer Valley	18.72	NWI	1	



Iowa Girls & Boys 1A Qualifying Track Meet - 5/9/2019**Fremont-Mills CSD****Results - 1A District Events****....Event 52 Boys 110 Meter Hurdles 1A**

12 Fitzgerald, Conner	09 Lenox	18.77	NWI	1
13 Selander, Caden	10 Heartland Christ	19.30	NWI	1
14 Croghan, Karsen	09 East Mills	21.44	NWI	1

Event 57 Girls 400 Meter Hurdles 1A

Name	Year School	Finals	H#	Points
1 Williams, Lauren	09 St. Albert, CB	1:09.45	2	10
2 Stoaks, TJ	10 Lenox	1:13.62	2	8
3 Daffer, Jaden	12 Sidney	1:14.20	2	6
4 Seipold, Emma	11 East Mills	1:16.60	2	5
5 Thompson, Emilie	10 Logan-Magnolia	1:17.28	2	4
6 Brenden, Marissa	10 Logan-Magnolia	1:18.47	2	3
7 Baker, Maddy	09 Fremont-Mills	1:18.62	2	2
8 Wallis, Sage	09 W Harrison	1:21.38	1	1
9 Kuhlman, Whitney	09 Woodbine	1:22.41	2	
10 Vinzant, Hayleigh	09 Bedford	1:24.26	1	
11 Dukes, Abby	09 Bedford	1:27.01	1	
12 Murphy, Iliana	12 Heartland Christ	1:34.90	1	
13 Reffitt, Zoe	10 Boyer Valley	1:37.20	1	

Event 61 Boys 400 Meter Hurdles 1A

Name	Year School	Finals	H#	Points
1 Brummer, Tyler	12 Boyer Valley	56.31	3	10
2 Pryor, Layne	10 Woodbine	57.13	3	8
3 Switzer, James	11 Fremont-Mills	57.62	3	6
4 Duysen, Nic	11 East Mills	59.14	3	5
5 Hauschild, Colton	11 Fremont-Mills	59.22	3	4
6 Guyett, Trevor	11 Logan-Magnolia	1:02.65	3	3
7 Nelson, Jack	11 Woodbine	1:05.05	3	2
8 Greene, Garrett	10 Bedford	1:05.76	2	1
9 Churchill, Jonah	09 St. Albert, CB	1:06.86	2	
10 Garside, Eli	10 Boyer Valley	1:09.06	2	
11 Poorker, Keegan	09 East Mills	1:09.56	2	
12 Selander, Caden	10 Heartland Christ	1:11.83	1	
13 Bierker, Keegan	10 Clarinda Acadmy	1:12.05	1	
14 Benedict, Matthew	09 Sidney	1:12.79	2	
15 Hoffman, Rex	10 Lenox	1:14.43	2	
16 Jones, Tacoma	11 Clarinda Acadmy	1:17.13	1	

Event 66 Girls 4x100 Meter Shuttle Hurdle 1A

School	Finals	H#	Points
1 Fremont-Mills	1:11.92	2	10
1) Gartner, Mckayla 12			
2) Howard, Kenna 10			
3) Alley, Lydia 11			
4) Reed, Kendall 11			



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Fremont-Mills CSD

Results - 1A District Events

....Event 66 Girls 4x100 Meter Shuttle Hurdle 1A

5) Bartles, Elizabeth 11	6) Fichter, Damita 12		
2 Lenox	1:12.64	2	8
1) Nelson, Cassidy 10	2) Parrish, Morgan 12		
3) Hogan, McKinna 10	4) Stoaks, TJ 10		
5) Douglas, Camryn 11	6) Ecklin, Brooklynn 09		
3 Logan-Magnolia	1:13.60	2	6
1) Diggins, Olivia 11	2) Lease, Paige 11		
3) Thompson, Emilie 10	4) Ohl, Courtney 10		
5) Brenden, Marissa 10	6) Yoder, Samantha 09		
4 Woodbine	1:13.81	1	5
1) Clark, Jayde 12	2) Jensen, Alyssa 12		
3) Schafer, Alyssa 10	4) Van Pelt, Oakley 09		
5) Kuhlman, Whitney 09	6) Hamblen, Kerragen 12		
5 Boyer Valley	1:19.85	1	4
1) Simon, Jenna 12	2) Sherwood, Shelly 12		
3) Cooper, Leah 09	4) Klein, Sydney 10		
5) Tremel, Kelsey 11	6) Freeman, Skylar 11		
6 Bedford	1:20.35	1	3
1) Dukes, Abby 09	2) Rogers, Danielle 09		
3) Lauritsen, Jady 12	4) Vinzant, Hayleigh 09		
5) Miller, Willow 09	6) Akers, Cailyn 10		

Event 70 Girls 4x100 Meter Relay 1A

School	Finals	H#	Points
1 Sidney	53.10	2	10
1) Daffer, Jaden 12	2) Larsen, Olivia 11		
3) DeFroment, Ally 11	4) Duncan, Maddy 11		
5) Laumann, Makenna 09	6) Brumbaugh, Presley 11		
2 Woodbine	53.75	2	8
1) Van Pelt, Oakley 09	2) Clark, Jayde 12		
3) Foster, Amanda 10	4) Hamblen, Kerragen 12		
5) Kerger, Riley 09	6) Steinkuehler, Alexa 10		
3 St. Albert, CB	54.95	2	6
1) Groves, Taitum 10	2) White, Bailey 12		
3) Williams, Lauren 09	4) Blaha, Jordyn 11		
5) Poor, Presley 11	6) Allmon, Mia 09		
4 Logan-Magnolia	55.36	2	5
1) Nolting, Ruby 09	2) Armstrong, Kaelin 12		
3) Shafer, Bree 09	4) Reisz, Cambria 12		
5) Christians, Ashley 10	6) Doiel, Ashlyn 10		
5 Bedford	56.31	2	4
1) Sefrit, Macie 10	2) Weed, Kennedy 10		
3) O'Dell, Hannah 12	4) Valenzuela, Selena 11		
5) Tracy, Vivian 10	6) Russell, Loni 12		
6 Clarinda Acadmy	56.46	2	3
1) Olabemhiro, Jhona 10	2) Ranschau, Traci 10		
3) Bell, Deztany 09	4) Hardin, Faith 09		
5) Williams, Trinity 11	6)		



Iowa Girls & Boys 1A Qualifying Track Meet - 5/9/2019

Fremont-Mills CSD

Results - 1A District Events

....Event 70 Girls 4x100 Meter Relay 1A

7 Lenox	57.34	2	2
1) Nelson, Cassidy 10	2) Sparks, Niki 11		
3) Trost, Sam 11	4) Ecklin, Brooklynn 09		
5) Yzaguirre, Kayla 11	6) Larson, Ashton 12		
8 W Harrison	58.90	1	1
1) Rife, Haleigh 10	2) Peasley, Kali 09		
3) Rife, Sabrina 11	4) Lewis, Kasey 12		
5) Gilgen, Lydia 12	6) Etter, Zoe 09		
9 East Mills	59.42	1	
1) Croghan, Kassidy 12	2) Seipold, Emma 11		
3) Knop, Alex 11	4) Vandenberg, Kaylee 09		
5) Schmit, Cheyenne 10	6) Barrett, Ann 09		
10 Boyer Valley	1:00.30	1	
1) Simon, Jenna 12	2) Behrendt, Nicole 11		
3) Tremel, Kelsey 11	4) Sherwood, Shelly 12		
5) Wood, Addie 10	6) Lehan, Carly 11		
11 South Page	1:11.33	1	
1) Runyon, Alexia 10	2) Guthrie, Peyton 09		
3) Sayre, Emaley 09	4) Zhornova, Anastasiya 12		
-- Fremont-Mills	DNF	2	
1) Bartles, Elizabeth 11	2) Gartner, Mckayla 12		
3) Wright, Kaylee 11	4) Howard, Lexie 11		
5) Alley, Lydia 11	6) Meese, Addison 10		

Event 71 Boys 4x100 Meter Relay 1A

School	Finals	H#	Points
1 St. Albert, CB	45.31	2	10
1) White, Dillon 12	2) Geier, Jack 12		
3) Blaha, Luke 12	4) Antisdell, Aiden 11		
5) Gronstal, Bennett 10	6) Cerny, Connor 10		
2 Fremont-Mills	45.93	2	8
1) Powers, Jaeger 12	2) Gartner, Austin 12		
3) Malcom, Seth 10	4) Vanatta, Mason 12		
5) Alley, Connor 12	6) Switzer, James 11		
3 Bedford	46.12	2	6
1) French, Jacob 11	2) Morris, Eli 10		
3) Riedel, Talon 11	4) Nally, Cooper 11		
5) Johnson, Bradley 11	6) Neihart, Josh 10		
4 Clarinda Acadmy	47.15	2	5
1) Carter, David 11	2) James, Rejun 10		
3) Arredondo, Emillio 10	4) Richardson, Taylor 10		
5 Woodbine	47.83	2	4
1) Wakehouse, Caleb 10	2) Andersen, Colby 12		
3) Sherer, Adam 11	4) Meeker, Cuy 12		
5) Nelson, Jack 11	6) Gau, Erik 10		
6 Lenox	49.35	2	3
1) Venteicher, Drew 11	2) Ramirez, Danny 10		
3) Larson, Brad 10	4) Gordon, Colton 11		



Iowa Girls & Boys 1A Qualifying Track Meet - 5/9/2019

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Results - 1A District Events

....Event 71 Boys 4x100 Meter Relay 1A

5) Alonso, Juan 10	6) Montiel, Jhordan 12		
7 Logan-Magnolia		49.91	1 2
1) Oviatt, Dylan 09	2) Peschel, Beau 12		
3) Mace, Tanner 11	4) Melby, Tre 10		
5) Worley, Weston 12	6) Cunard, Dylan 11		
8 East Mills		51.40	2 1
1) Story, Riley 12	2) Moore, Luke 11		
3) Wells, Justin 10	4) Ragazzo, Pedro 11		
5) Prokop, Tyler 09	6) Poorker, Keegan 09		
9 Boyer Valley		51.78	1
1) Soma, Jesse 10	2) Heffernan, Michael 10		
3) Berens, Lucas 11	4) Garrett, Colin 12		
5) Gorden, Nathan 10	6) Berens, Dylan 11		
-- Sidney		DQ	1
1) Phillips, Garrett 09	2) Price, Chase 10		
3) Huntley, Brydon 09	4) Lovett, Starson 12		
5) Hensley, Tyler 10	6) Benedict, Matthew 09		

Event 78 Girls 4x200 Meter Relay 1A

School		Finals	H#	Points
1 Logan-Magnolia		1:53.35	2	10
1) Goodrich, Abby 12	2) Nolting, Ruby 09			
3) Armstrong, Kaelin 12	4) Reisz, Cambria 12			
5) Evans, Amelia 09	6) Christians, Alexis 12			
2 St. Albert, CB		1:55.49	2	8
1) Groves, Taitum 10	2) White, Bailey 12			
3) Williams, Lauren 09	4) Blaha, Jordyn 11			
5) Springman, Gracie 12	6) Smith, Brenna 09			
3 Woodbine		1:56.91	2	6
1) Van Pelt, Oakley 09	2) Foster, Amanda 10			
3) Jensen, Alyssa 12	4) Clark, Jayde 12			
5) Kerger, Riley 09	6) Steinkuehler, Alexa 10			
4 Bedford		1:58.63	2	5
1) Tracy, Vivian 10	2) Sefrit, Macie 10			
3) O'Dell, Hannah 12	4) Valenzuela, Selena 11			
5) Russell, Loni 12	6) Weed, Kennedy 10			
5 Sidney		2:01.90	2	4
1) Laumann, Danica 11	2) Laumann, Makenna 09			
3) Larsen, Olivia 11	4) Snyder, Roxanna 09			
5) Brumbaugh, Presley 11	6) Brumbaugh, Faith 09			
6 Fremont-Mills		2:02.40	2	3
1) Bartles, Elizabeth 11	2) Gartner, Mckayla 12			
3) Alley, Lydia 11	4) Howard, Lexie 11			
5) Howard, Kenna 10	6) Morgan, Taylor 10			
7 Lenox		2:05.38	2	2
1) Larson, Ashton 12	2) Ricks, Jena 09			
3) Trost, Sam 11	4) Sparks, Niki 11			
5) Nelson, Cassidy 10	6) Maynes, Caitlyn 09			



Iowa Girls & Boys 1A Qualifying Track Meet - 5/9/2019

Fremont-Mills CSD

Results - 1A District Events

...Event 78 Girls 4x200 Meter Relay 1A

8 East Mills	2:09.55	1	1
1) Vandenberg, Kaylee 09	2) Yosrungroch, Pinsuda 11		
3) Marburger, Madi 09	4) Schmit, Cheyenne 10		
5) Barrett, Ann 09	6) Knop, Alex 11		
9 Boyer Valley	2:13.24	1	
1) Simon, Jenna 12	2) Wood, Addie 10		
3) Tremel, Kelsey 11	4) Ringenberg, Paige 09		
5) Behrendt, Nicole 11	6) Petersen, Jaci 09		
10 Clarinda Acadmy	2:19.06	1	
1) Bigfire, Reniah 10	2) Lynch, Teyawna 10		
3) Gannon, McKenzeigh 10	4) Ranschau, Traci 10		
-- W Harrison		DQ	2
1) Rife, Haleigh 10	2) Etter, Zoe 09		
3) Wallis, Sage 09	4) Lynch, Kayla 10		
5) Peasley, Kali 09	6)		

Event 79 Boys 4x200 Meter Relay 1A

School	Finals	H#	Points
1 St. Albert, CB	1:32.60	2	10
1) Geier, Jack 12	2) Bernard, Ethan 12		
3) Blaha, Luke 12	4) Antisdell, Aiden 11		
5) Rallis, Sam 10	6) Cerny, Connor 10		
2 Woodbine	1:33.12	2	8
1) Pryor, Wyatt 11	2) Pryor, Layne 10		
3) Leaders, Brock 11	4) Coberly, Tyler 12		
5) Wakehouse, Caleb 10	6) Andersen, Colby 12		
3 Logan-Magnolia	1:37.58	2	6
1) Mace, Tanner 11	2) Cunard, Dylan 11		
3) Walski, Gabe 11	4) Worley, Weston 12		
5) Soetmelk, Matt 12	6) Peschel, Beau 12		
4 Clarinda Acadmy	1:41.28	2	5
1) Carter, David 11	2) Burrows, Isaiah 11		
3) Arredondo, Emillio 10	4) Richardson, Taylor 10		
5) Jones, Tacoma 11	6)		
5 W Harrison	1:42.95	2	4
1) Gilgen, Gabe 09	2) Acker, Austin 12		
3) Rife, Nick 11	4) Deppe, Tyler 11		
5) Gilgen, Grant 10	6) Nelson, Karter 11		
6 Sidney	1:43.73	1	3
1) Phillips, Garrett 09	2) Huntley, Brydon 09		
3) Lovett, Starson 12	4) Hensley, Tyler 10		
7 Boyer Valley	1:45.86	2	2
1) Reineke, Gavin 10	2) Berens, Lucas 11		
3) Berens, Dylan 11	4) Heffernan, Michael 10		
5) Garrett, Colin 12	6) Mumm, Greg 10		
8 East Mills	1:45.95	2	1
1) Anderson, Thomas 11	2) Moore, Luke 11		
3) Wells, Justin 10	4) Ragazzo, Pedro 11		



Iowa Girls & Boys 1A Qualifying Track Meet - 5/9/2019

Fremont-Mills CSD

Results - 1A District Events

....Event 79 Boys 4x200 Meter Relay 1A

5) Duysen, Nic 11	6) Franks, Wyatt 09		
9 Lenox		1:47.87	1
1) Ramirez, Danny 10	2) Kennan, Andrew 09		
3) Montiel, Jhordan 12	4) Alonso, Juan 10		
5) Weaver, Jonathon 09	6)		
10 Bedford		1:49.70	1
1) Bucher, Logan 09	2) Stream, Dawson 09		
3) Greene, Garrett 10	4) Johnson, Noah 09		

Event 86 Girls 4x400 Meter Relay 1A

School	Finals	H#	Points
1 Logan-Magnolia	4:20.97	2	10
1) Morrison, Kylie 11	2) Goodrich, Abby 12		
3) Christians, Alexis 12	4) Lapke, Violet 11		
5) Sporrer, Courtney 09	6) Diggins, Olivia 11		
2 Woodbine	4:25.87	2	8
1) Kerger, Riley 09	2) Foster, Amanda 10		
3) Clark, Jayde 12	4) Jensen, Alyssa 12		
5) Kuhlman, Whitney 09	6) Schafer, Alyssa 10		
3 W Harrison	4:43.14	2	6
1) Lynch, Kayla 10	2) Wallis, Sage 09		
3) Rife, Sabrina 11	4) Peasley, Kali 09		
4 Sidney	4:43.53	2	5
1) Brumbaugh, Presley 11	2) Snyder, Roxanna 09		
3) Larsen, Olivia 11	4) Laumann, Makenna 09		
5) Brumbaugh, Faith 09	6) Spurlock, Harley 09		
5 Lenox	4:44.01	2	4
1) Hogan, McKinna 10	2) Parrish, Morgan 12		
3) Douglas, Camryn 11	4) Stoaks, TJ 10		
5) Cox, Jynessa 09	6) Ricks, Jena 09		
6 St. Albert, CB	4:46.50	2	3
1) Springman, Gracie 12	2) Smith, Brenna 09		
3) Allmon, Mia 09	4) Groves, Taitum 10		
5) Williams, Lauren 09	6) Blaha, Jordyn 11		
7 Fremont-Mills	4:53.83	2	2
1) Morgan, Taylor 10	2) Wietzki, Rachel 11		
3) Alley, Lydia 11	4) Reed, Kendall 11		
5) Baker, Maddy 09	6) Wright, Kaylee 11		
8 Boyer Valley	4:55.26	1	1
1) Hanigan, Marie 11	2) Ringenberg, Paige 09		
3) Petersen, Jaci 09	4) Burkhart, Abigail 12		
5) Petersen, Kylie 10	6) Sherwood, Shelly 12		
9 Bedford	5:10.22	1	
1) Perdew, Carmen 10	2) Vinzant, Hayleigh 09		
3) Rogers, Danielle 09	4) Dukes, Abby 09		
5) Sefrit, Macie 10	6) Tracy, Vivian 10		



Iowa Girls & Boys 1A Qualifying Track Meet - 5/9/2019**Fremont-Mills CSD****Results - 1A District Events****Event 87 Boys 4x400 Meter Relay 1A**

School	Finals	H#	Points
1 St. Albert, CB	3:29.87	2	10
1) Bernard, Ethan 12	2) Cerny, Connor 10		
3) Hughes, Ryan 11	4) Rallis, Sam 10		
5) Blaha, Luke 12	6) Antisdell, Aiden 11		
2 Woodbine	3:30.81	2	8
1) Pryor, Wyatt 11	2) Pryor, Layne 10		
3) Leaders, Brock 11	4) Coberly, Tyler 12		
5) Sherer, Adam 11	6) Nelson, Jack 11		
3 Logan-Magnolia	3:37.52	2	6
1) Soetmelk, Matt 12	2) Cunard, Dylan 11		
3) Mace, Tanner 11	4) Worley, Weston 12		
5) Walski, Gabe 11	6) Maguire, Gavin 09		
4 Sidney	3:38.80	2	5
1) Benedict, Michael 12	2) Sears, Jaden 12		
3) Hunt, Cole 10	4) Jorgenson, Noah 11		
5) McNaughton, Mister 12	6) Lovett, Starson 12		
5 Bedford	3:40.14	2	4
1) Neihart, Josh 10	2) Johnson, Bradley 11		
3) Lucas, Owen 09	4) Nally, Cooper 11		
5) Burn, Stephen 10	6) French, Jacob 11		
6 W Harrison	3:49.08	1	3
1) Gilgen, Grant 10	2) Rife, Nick 11		
3) Acker, Austin 12	4) Deppe, Tyler 11		
5) Nelson, Karter 11	6) Hansen, Hunter 10		
7 Fremont-Mills	4:07.77	2	2
1) Miramontes, Nicolas 11	2) Madison, Nick 09		
3) Alley, Connor 12	4) Kesterson, Kyle 09		
5) Vanatta, Mason 12	6) Switzer, James 11		

Event 94 Girls 4x800 Meter Relay 1A

School	Finals	Points
1 Logan-Magnolia	10:29.94	10
1) Lapke, Violet 11	2) Sporrer, Taylor 11	
3) Christians, Alexis 12	4) Morrison, Kylie 11	
5) Sporrer, Courtney 09	6) Thompson, Emilie 10	
2 Boyer Valley	10:42.63	8
1) Hanigan, Marie 11	2) Ringenberg, Paige 09	
3) Burkhart, Abigail 12	4) Petersen, Kylie 10	
5) Petersen, Jaci 09	6) Lehan, Carly 11	
3 Sidney	11:32.12	6
1) Brumbaugh, Presley 11	2) Ward, Chay 09	
3) Brumbaugh, Faith 09	4) Spurlock, Harley 09	
5) Ward, Caitlyn 12	6) McClintock, Camryn 12	
4 Woodbine	11:56.89	5
1) Kerger, Riley 09	2) Schafer, Alyssa 10	
3) Foster, Amanda 10	4) Jensen, Alyssa 12	



Iowa Girls & Boys 1A Qualifying Track Meet - 5/9/2019

Fremont-Mills CSD

Results - 1A District Events

....Event 94 Girls 4x800 Meter Relay 1A

5) Moores, Grace 10	6) Plowman, Jamie 10	
5 Lenox	12:08.41	4
1) Douglas, Camryn 11	2) Maynes, Caitlyn 09	
3) Ricks, Jena 09	4) Cox, Jynessa 09	
5) Kerchner, Gracelyn 11	6) Sparks, Niki 11	
6 Fremont-Mills	12:25.37	3
1) Crom, Ellie 11	2) Fichter, Damita 12	
3) Wietzki, Rachel 11	4) Wright, Kaylee 11	
5) Baker, Maddy 09	6) Hankins, Lexi 11	
7 Bedford	13:55.61	2
1) Perdew, Carmen 10	2) Rogers, Danielle 09	
3) John, Kelsey 12	4) Miller, Willow 09	
5) Russell, Loni 12	6) Akers, Cailyn 10	

Event 95 Boys 4x800 Meter Relay 1A

School	Finals	Points
1 Sidney	8:27.76	10
1) McNaughton, Mister 12	2) Sears, Jaden 12	
3) Hunt, Cole 10	4) Jorgenson, Noah 11	
5) Lovett, Starson 12	6) Benedict, Michael 12	
2 Woodbine	8:32.59	8
1) Sherer, Adam 11	2) Pryor, Wyatt 11	
3) Coberly, Tyler 12	4) Meeker, Cuy 12	
5) Sullivan, Connor 12	6) Schafer, Conrad 10	
3 Logan-Magnolia	8:56.15	6
1) Soetmelk, Matt 12	2) Maguire, Gavin 09	
3) Walski, Gabe 11	4) Cunard, Dylan 11	
4 Bedford	9:07.04	5
1) Johnson, Bradley 11	2) Lucas, Owen 09	
3) Burn, Stephen 10	4) Neihart, Josh 10	
5) Johnson, Noah 09	6)	
5 St. Albert, CB	9:58.37	4
1) Barnes, Keaton 09	2) Churchill, Jonah 09	
3) Collett, Zane 10	4) Kay, Nate 09	
5) Cerny, Connor 10	6) Piskorski, Hadyn 09	
6 East Mills	10:04.26	3
1) Wells, Justin 10	2) Prokop, Tyler 09	
3) Pfister, Markus 11	4) Oyster, Jesse 10	
7 Boyer Valley	10:26.90	2
1) Garrett, Colin 12	2) Lantz, Sam 11	
3) Mumm, Greg 10	4) Petersen, Zack 09	
5) Garside, Eli 10	6) Heffernan, Michael 10	
8 Lenox	10:56.06	1
1) Reed, Jamieson 09	2) Gomez, Mizel 09	
3) Sandoval, Roberto 09	4) England, Cael 09	



Iowa Girls & Boys 1A Qualifying Track Meet - 5/9/2019

Fremont-Mills CSD

Results - 1A District Events

Event 108 Girls 800 Sprint Medley 1A

School	Finals	H#	Points
1 Sidney	1:55.66	2	10
1) Daffer, Jaden 12	2) Larsen, Olivia 11		
3) DeFroment, Ally 11	4) Duncan, Maddy 11		
5) Laumann, Makenna 09	6) Brumbaugh, Presley 11		
2 Fremont-Mills	2:04.52	2	8
1) Bartles, Elizabeth 11	2) Howard, Lexie 11		
3) Reed, Kendall 11	4) Morgan, Taylor 10		
5) Meese, Addison 10	6) Howard, Kenna 10		
3 Lenox	2:04.54	2	6
1) Trost, Sam 11	2) Sparks, Niki 11		
3) Ecklin, Brooklynn 09	4) Parrish, Morgan 12		
5) Nelson, Cassidy 10	6) Larson, Ashton 12		
4 Logan-Magnolia	2:05.70	2	5
1) Nolting, Ruby 09	2) Armstrong, Kaelin 12		
3) Evans, Amelia 09	4) Goodrich, Abby 12		
5) Shafer, Bree 09	6) Christians, Alexis 12		
5 East Mills	2:06.01	2	4
1) Croghan, Kassidy 12	2) Vandenberg, Kaylee 09		
3) Knop, Alex 11	4) Seipold, Emma 11		
5) Yosrungroch, Pinsuda 11	6) Barrett, Ann 09		
6 Bedford	2:06.24	2	3
1) Sefrit, Macie 10	2) Weed, Kennedy 10		
3) O'Dell, Hannah 12	4) Tracy, Vivian 10		
5) Russell, Loni 12	6) Perdew, Carmen 10		
7 St. Albert, CB	2:06.94	2	2
1) Groves, Taitum 10	2) Poor, Presley 11		
3) White, Bailey 12	4) Smith, Brenna 09		
5) Blaha, Jordyn 11	6) Williams, Lauren 09		
8 W Harrison	2:09.07	2	1
1) Rife, Haleigh 10	2) Peasley, Kali 09		
3) Wallis, Sage 09	4) Lynch, Kayla 10		
5) Gilgen, Lydia 12	6) Bowman, Chenoa 09		
9 Boyer Valley	2:10.87	1	
1) Klein, Sydney 10	2) Sherwood, Shelly 12		
3) Cooper, Leah 09	4) Petersen, Jaci 09		
5) Simon, Jenna 12	6) Burkhart, Abigail 12		
10 Woodbine	2:21.84	1	
1) Anderson, Sam 09	2) Heitman, Amanda 10		
3) Steinkuehler, Alexa 10	4) Moores, Grace 10		
5) Plowman, Jamie 10	6) Kuhlman, Whitney 09		
11 South Page	2:22.81	1	
1) Runyon, Alexia 10	2) Zhornova, Anastasiya 12		
3) McCollum, Shalee 10	4) Sunderman, Cheyenne 09		
12 Heartland Christ	2:23.85	1	
1) Beckner, Morgan 10	2) Murphy, Iliana 12		
3) Selander, Adelyn 09	4) Stile, Sarah 10		
5) Raymond, Anna 11	6)		



Iowa Girls & Boys 1A Qualifying Track Meet - 5/9/2019

Fremont-Mills CSD

Results - 1A District Events

Event 109 Boys Distance Medley 1A

School	Finals	H#	Points
1 St. Albert, CB	3:45.64	2	10
1) Geier, Jack 12	2) Antisdell, Aiden 11		
3) Cerny, Connor 10	4) Hughes, Ryan 11		
5) Bernard, Ethan 12	6) Blaha, Luke 12		
2 East Mills	3:50.83	2	8
1) Anderson, Thomas 11	2) Smiley, Nolan 10		
3) Duysen, Nic 11	4) Schafer, Michael 11		
5) Story, Riley 12	6) Glockel, Trevor 12		
3 Fremont-Mills	3:51.46	2	6
1) Owen, Eli 11	2) Hauschild, Colton 11		
3) Switzer, James 11	4) Miramontes, Nicolas 11		
5) Madison, Nick 09	6) Kesterson, Kyle 09		
4 Woodbine	4:08.90	2	5
1) Nelson, Jack 11	2) Malone, Jerry 09		
3) Wakehouse, Caleb 10	4) Colwell, Nathan 09		
5) Schafer, Conrad 10	6) Gau, Erik 10		
5 W Harrison	4:09.09	1	4
1) Gilgen, Grant 10	2) Acker, Austin 12		
3) Deppe, Tyler 11	4) Hansen, Hunter 10		
5) Nelson, Karter 11	6) Jaeckel, Brayden 09		
6 Sidney	4:12.24	2	3
1) McNaughton, Mister 12	2) Benedict, Michael 12		
3) Hunt, Cole 10	4) Sears, Jaden 12		
5) Jorgenson, Noah 11	6) Jorgenson, Cole 09		
7 Boyer Valley	4:14.55	1	2
1) Soma, Hunter 11	2) Soma, Jesse 10		
3) Malone, Trevor 09	4) Zehner, Ben 12		
5) Puck, Adam 09	6) Reineke, Gavin 10		
8 Lenox	4:48.72	1	1
1) Alonso, Juan 10	2) Christensen, Keegan 10		
3) Kennan, Andrew 09	4) Gomez, Mizel 09		

Event 116 Girls High Jump 1A

Name	Year School	Finals	Points
1 Jensen, Riley	09 Essex	4-10.00	10
2 Steinkuehler, Alexa	10 Woodbine	4-10.00	8
3 Nelson, Cassidy	10 Lenox	4-08.00	6
4 Howard, Kenna	10 Fremont-Mills	4-06.00	4.50
4 Kuhlman, Whitney	09 Woodbine	4-06.00	4.50
6 Wietzki, Rachel	11 Fremont-Mills	4-06.00	3
-- Lauritsen, Jady	12 Bedford	NH	
-- Thompson, Emilie	10 Logan-Magnolia	NH	
-- Reisz, Pearl	09 St. Albert, CB	NH	



Iowa Girls & Boys 1A Qualifying Track Meet - 5/9/2019**Fremont-Mills CSD****Results - 1A District Events****Event 117 Boys High Jump 1A**

Name	Year	School	Finals	Points
1 Benedict, Matthew	09	Sidney	5-10.00	10
2 Vanatta, Mason	12	Fremont-Mills	5-08.00	8
3 Geier, Jack	12	St. Albert, CB	5-08.00	6
4 Bradshaw, Randen	10	Logan-Magnolia	5-06.00	5
5 Reineke, Gavin	10	Boyer Valley	5-04.00	4
6 Christensen, Keegan	10	Lenox	5-04.00	3

Event 124 Girls Long Jump 1A

Name	Year	School	Finals	Wind	Points
1 Duncan, Maddy	11	Sidney	16-03.25	NWI	10
2 Diggins, Olivia	11	Logan-Magnolia	16-02.75	NWI	8
3 Alley, Lydia	11	Fremont-Mills	15-09.50	NWI	6
4 Shafer, Bree	09	Logan-Magnolia	14-09.75	NWI	5
5 Wietzki, Rachel	11	Fremont-Mills	14-06.75	NWI	4
6 Sparks, Niki	11	Lenox	13-11.25	NWI	3
7 Ward, Chay	09	Sidney	13-07.75	NWI	2
8 Tremel, Kelsey	11	Boyer Valley	13-05.00	NWI	1
9 Weed, Kennedy	10	Bedford	13-02.75	NWI	
10 Maynes, Caitlyn	09	Lenox	11-07.75	NWI	
11 Sefrit, Macie	10	Bedford	10-09.25	NWI	
12 Lynch, Teyawna	10	Clarinda Acadmy	10-05.75	NWI	

Event 125 Boys Long Jump 1A

Name	Year	School	Finals	Wind	Points
1 Thornburg, Colton	11	Essex	20-07.25	NWI	10
2 Powers, Jaeger	12	Fremont-Mills	20-00.25	NWI	8
3 James, Rejun	10	Clarinda Acadmy	20-00.00	NWI	6
4 Brummer, Tyler	12	Boyer Valley	19-10.25	NWI	5
5 Larson, Brad	10	Lenox	18-11.75	NWI	4
6 Story, Riley	12	East Mills	17-10.50	NWI	3
7 Gilgen, Gabe	09	W Harrison	17-04.25	NWI	2
8 McClarnon, Mason	10	South Page	17-03.50	NWI	1
9 Rife, Nick	11	W Harrison	17-02.00	NWI	
10 Price, Chase	10	Sidney	17-01.75	NWI	
11 Ramirez, Danny	10	Lenox	16-01.25	NWI	
12 Moheng, Connor	09	Sidney	15-03.50	NWI	
13 Freund, Paul	09	Woodbine	15-01.00	NWI	
14 Garrett, Colin	12	Boyer Valley	14-00.50	NWI	
15 Reisz, Easton	09	Woodbine	12-06.75	NWI	



Iowa Girls & Boys 1A Qualifying Track Meet - 5/9/2019**Fremont-Mills CSD****Results - 1A District Events****Event 132 Girls Discus Throw 1A**

Name	Year	School	Finals	Points
1 Phillips, Sophie	12	Fremont-Mills	124-01	10
2 Fichter, Kendra	12	Fremont-Mills	115-07	8
3 Sherer, Sydney	12	W Harrison	110-08	6
4 Oswald, Sheridyn	09	Sidney	94-01	5
5 Plowman, Jamie	10	Woodbine	89-06	4
6 Wood, Addie	10	Boyer Valley	89-03	3
7 Klein, Taylor	11	Boyer Valley	87-08	2
8 Yzaguirre, Kayla	11	Lenox	85-05	1
9 Brunow, Natalie	11	Woodbine	80-06	
10 Sheldon, Jolie	10	Sidney	76-03	
11 Collins, Kylie	11	St. Albert, CB	74-00	
12 Bernard, Lilly	09	St. Albert, CB	64-05	
13 Marburger, Madi	09	East Mills	59-05	
14 Akers, Cailyn	10	Bedford	55-01	
15 Guthrie, Peyton	09	South Page	55-00	
16 Bond, Savanna	12	Bedford	53-02	

Event 133 Boys Discus Throw 1A

Name	Year	School	Finals	Points
1 Pryor, Layne	10	Woodbine	160-03	10
2 Melby, Tre	10	Logan-Magnolia	147-03	8
3 Alley, Connor	12	Fremont-Mills	142-02	6
4 Berens, Dylan	11	Boyer Valley	141-00	5
5 Kuhlman, Clay	12	Woodbine	137-02	4
6 Gubbles, Adam	12	St. Albert, CB	135-04	3
7 Whipple, Trey	12	Lenox	129-09	2
8 Berens, Lucas	11	Boyer Valley	128-00	1
9 Wilson, Thomas	11	Sidney	122-08	
10 Chambers, Dylan	12	Fremont-Mills	120-09	
11 Snethen, Tanner	10	Bedford	119-08	
12 Melby, Tru	09	Logan-Magnolia	117-03	
13 Fagan, Greg	10	St. Albert, CB	113-02	
14 Whipple, Devin	09	Lenox	103-02	
15 Luna, Bryan	10	Clarinda Acadmy	100-09	
16 Swaney, Dylan	10	Bedford	99-09	
17 Pavlik, Breken	10	W Harrison	98-05	
18 Ragazzo, Pedro	11	East Mills	92-03	
19 Weilage, DJ	09	Heartland Christ	90-09	
20 Thornburg, Quentin	09	Essex	88-09	
21 Drennen, Eli	09	South Page	69-04	
22 Radil, Cody	11	W Harrison	68-03	
-- Blunt, DJ	11	Clarinda Acadmy	ND	
-- Lorimor, Brady	12	Sidney	ND	



Iowa Girls & Boys 1A Qualifying Track Meet - 5/9/2019**Fremont-Mills CSD****Results - 1A District Events****Event 140 Girls Shot Put 1A**

Name	Year School	Finals	Points
1 Fichter, Kendra	12 Fremont-Mills	38-02.75	10
2 Sherer, Sydney	12 W Harrison	37-01.00	8
3 Kirchert, Chloe	09 Fremont-Mills	34-05.00	6
4 Moores, Grace	10 Woodbine	33-00.50	5
5 Yzaguirre, Kayla	11 Lenox	31-10.75	4
6 Brunow, Natalie	11 Woodbine	31-05.50	3
7 Klein, Taylor	11 Boyer Valley	27-11.50	2
8 Oswald, Sheridyn	09 Sidney	25-11.50	1
9 Douglas, Camryn	11 Lenox	25-07.00	
10 Wood, Addie	10 Boyer Valley	25-04.00	
11 Akers, Cailyn	10 Bedford	22-00.25	
12 Guthrie, Peyton	09 South Page	20-08.75	
13 Romero, Izzy	11 Clarinda Acadmy	16-02.50	
-- Williams, Adi	12 Sidney	ND	
-- Foote, Kaci	11 Bedford	ND	

Event 141 Boys Shot Put 1A

Name	Year School	Finals	Points
1 Alley, Connor	12 Fremont-Mills	48-07.50	10
2 Hoefler, Dylan	09 Woodbine	45-05.50	8
3 Melby, Tre	10 Logan-Magnolia	43-06.50	6
4 Lorimor, Brady	12 Sidney	43-05.50	5
5 Perkins, Jordan	11 Bedford	42-11.50	4
6 Fagan, Greg	10 St. Albert, CB	42-06.50	3
7 Castor, Hernan	09 Lenox	41-00.50	2
8 Rosa, Martin	12 Woodbine	40-06.50	1
9 Wilson, Thomas	11 Sidney	40-03.50	
10 Kirchert, Mathew	11 Fremont-Mills	40-01.50	
11 Peschel, Beau	12 Logan-Magnolia	40-00.00	
12 Berens, Lucas	11 Boyer Valley	39-00.00	
13 Berens, Dylan	11 Boyer Valley	38-07.25	
14 Radil, Cody	11 W Harrison	38-00.25	
15 Blunt, DJ	11 Clarinda Acadmy	37-09.50	
16 Whipple, Trey	12 Lenox	37-08.50	
17 Pavlik, Corbin	12 W Harrison	37-02.00	
18 Swaney, Dylan	10 Bedford	33-09.50	
19 Thornburg, Quentin	09 Essex	32-11.50	
20 Ragazzo, Pedro	11 East Mills	32-04.50	
21 Luna, Bryan	10 Clarinda Acadmy	32-02.50	
22 Selander, Caden	10 Heartland Christ	29-05.00	

Event 148 Girls Distance Medley 1A

School	Finals	Points
1 Bedford	4:30.73	10



Iowa Girls & Boys 1A Qualifying Track Meet - 5/9/2019

Fremont-Mills CSD

Results - 1A District Events

....Event 148 Girls Distance Medley 1A

1) O'Dell, Hannah 12	2) Valenzuela, Selena 11		
3) Tracy, Vivian 10	4) Lucas, Emma 12		
5) Sefrit, Macie 10	6) Weed, Kennedy 10		
2 Logan-Magnolia		4:32.99	8
1) Diggins, Olivia 11	2) Reisz, Cambria 12		
3) Lapke, Violet 11	4) Sporrer, Courtney 09		
5) Morrison, Kylie 11	6) Armstrong, Kaelin 12		
3 Lenox		4:37.94	6
1) Parrish, Morgan 12	2) Ecklin, Brooklynn 09		
3) Stoaks, TJ 10	4) Hogan, McKinna 10		
5) Sparks, Niki 11	6) Douglas, Camryn 11		
4 St. Albert, CB		4:48.46	5
1) Allmon, Mia 09	2) Williams, Lauren 09		
3) Smith, Brenna 09	4) Springman, Gracie 12		
5) Blaha, Jordyn 11	6) Poor, Presley 11		
5 Sidney		5:14.28	4
1) Laumann, Danica 11	2) Laumann, Makenna 09		
3) Snyder, Roxanna 09	4) Spurlock, Harley 09		
5) Brumbaugh, Presley 11	6) Brumbaugh, Faith 09		
6 Boyer Valley		5:21.94	3
1) Cooper, Leah 09	2) Klein, Sydney 10		
3) Burkhardt, Abigail 12	4) Petersen, Kylie 10		
5) Hanigan, Marie 11	6) Sherwood, Shelly 12		
7 Fremont-Mills		5:24.27	2
1) Meese, Addison 10	2) Wright, Kaylee 11		
3) Baker, Maddy 09	4) Fichter, Damita 12		
5) Crom, Ellie 11	6) Morgan, Taylor 10		
8 Woodbine		5:25.07	1
1) Steinkuehler, Alexa 10	2) Moores, Grace 10		
3) Kerger, Riley 09	4) Plowman, Jamie 10		
5) Ireland, Audrey 10	6) Heitman, Amanda 10		

Event 154 Boys 4x110 Meter Shuttle Hurdle 1A

School	Finals	H#	Points
1 Fremont-Mills	1:00.90	2	10
1) Switzer, James 11	2) Malcom, Seth 10		
3) Hauschild, Colton 11	4) Gartner, Austin 12		
5) Powers, Jaeger 12	6) Miramontes, Nicolas 11		
2 Bedford	1:04.51	2	8
1) Riedel, Talon 11	2) French, Jacob 11		
3) Morris, Eli 10	4) Greene, Garrett 10		
5) Neihart, Josh 10	6) Johnson, Bradley 11		
3 Woodbine	1:06.85	2	6
1) Meeker, Cuy 12	2) Andersen, Colby 12		
3) Nelson, Jack 11	4) Wakehouse, Caleb 10		
5) Schafer, Conrad 10	6) Wright, Nathan 09		
4 Lenox	1:16.87	2	5
1) Fitzgerald, Conner 09	2) Weaver, Jonathon 09		



Iowa Girls & Boys 1A Qualifying Track Meet - 5/9/2019

Fremont-Mills CSD

Results - 1A District Events

....Event 154 Boys 4x110 Meter Shuttle Hurdle 1A

3) Hoffman, Rex 10	4) Venteicher, Drew 11		
5) Kennan, Andrew 09	6) Montiel, Jhordan 12		
5 Boyer Valley		1:18.46	1 4
1) Garside, Eli 10	2) Reineke, Gavin 10		
3) Webster, Travis 09	4) Wood, Carsan 09		
5) Mumm, Greg 10	6) Petersen, Zack 09		
6 Sidney		1:24.48	1 3
1) Adkisson, Jon 10	2) Barrett, Storm 11		
3) Benedict, Matthew 09	4) Hobbie, Jacob 09		
5) Pierce, Sam 10	6) Racine, Donovan 10		
-- East Mills		FS	1
1) Story, Riley 12	2) Poorker, Keegan 09		
3) Croghan, Karsen 09	4) Franks, Wyatt 09		
5) Moore, Luke 11	6) Ragazzo, Pedro 11		

Event 158 Boys 800 Sprint Medley 1A

School	Finals	H#	Points
1 St. Albert, CB	1:35.33	2	10
1) White, Dillon 12	2) Bernard, Ethan 12		
3) Blaha, Luke 12	4) Rallis, Sam 10		
5) Antisdell, Aiden 11	6) Hughes, Ryan 11		
2 Clarinda Acadmy	1:41.60	2	8
1) Carter, David 11	2) James, Rejun 10		
3) Richardson, Taylor 10	4) Arredondo, Emillio 10		
3 Sidney	1:41.84	2	6
1) McNaughton, Mister 12	2) Sears, Jaden 12		
3) Benedict, Michael 12	4) Hunt, Cole 10		
5) Phillips, Garrett 09	6) Jorgenson, Noah 11		
4 W Harrison	1:42.57	2	5
1) Gilgen, Gabe 09	2) Rife, Nick 11		
3) Gilgen, Grant 10	4) Deppe, Tyler 11		
5) Acker, Austin 12	6) Nelson, Karter 11		
5 Fremont-Mills	1:43.50	2	4
1) Powers, Jaeger 12	2) Gartner, Austin 12		
3) Malcom, Seth 10	4) Vanatta, Mason 12		
5) Alley, Connor 12	6) Switzer, James 11		
6 Woodbine	1:45.39	2	3
1) Leaders, Brock 11	2) Andersen, Colby 12		
3) Wakehouse, Caleb 10	4) Sullivan, Connor 12		
5) Malone, Jerry 09	6) Sherer, Adam 11		
7 Boyer Valley	1:47.20	1	2
1) Puck, Adam 09	2) Soma, Jesse 10		
3) Malone, Trevor 09	4) Soma, Hunter 11		
5) Reineke, Gavin 10	6) Zehner, Ben 12		
8 Lenox	1:48.88	2	1
1) Venteicher, Drew 11	2) Ramirez, Danny 10		
3) Gordon, Colton 11	4) Larson, Brad 10		
5) Alonso, Juan 10	6) Christensen, Keegan 10		



Iowa Girls & Boys 1A Qualifying Track Meet - 5/9/2019

Fremont-Mills CSD

Results - 1A District Events

....Event 158 Boys 800 Sprint Medley 1A

9 Heartland Christ		1:51.37	1
1) Hunziker, Alec 11	2) Weilage, DJ 09		
3) Raymond, Max 10	4) Holsti, Larry 12		
5) Schuetze, Ethan 10	6)		
10 Bedford		1:53.42	1
1) Weaver, Jed 10	2) Swaney, Dylan 10		
3) Stream, Dawson 09	4) Bucher, Logan 09		
5) Johnson, Noah 09	6)		
11 East Mills		2:06.27	2
1) Prokop, Tyler 09	2) Poorker, Keegan 09		
3) Croghan, Karsen 09	4) Franks, Wyatt 09		
5) Pfister, Markus 11	6) Oyster, Jesse 10		
-- Logan-Magnolia		DNF	1
1) Peschel, Beau 12	2) Bradshaw, Randen 10		
3) Oviatt, Dylan 09	4) Guyett, Trevor 11		
5) Melby, Tru 09	6) Mace, Tanner 11		

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Women - 1A - Team Rankings - 19 Events Scored

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1) Logan-Magnolia	151	2) Fremont-Mills	100.50
3) Sidney	74	4) Bedford	67
5) St. Albert, CB	66	6) Lenox	63
7) Woodbine	60.50	8) W Harrison	47
9) Boyer Valley	36	10) East Mills	24
11) Essex	22	12) South Page	11
13) Clarinda Acadmy	7	14) Heartland Christ	5

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Men - 1A - Team Rankings - 19 Events Scored

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1) St. Albert, CB	146	2) Woodbine	113
3) Fremont-Mills	80	4) Logan-Magnolia	74
5) Boyer Valley	73	6) Sidney	72
7) Bedford	51	8) Clarinda Acadmy	36
9) Lenox	25	10) East Mills	22
11) Essex	21	12) W Harrison	20
13) South Page	1		

