

3A Northeast District

Name	School	Grade
Olivia Wardlow	Davenport, Assumption	9
Shelby Hulsebus	Benton Community	12
Angie Gorkow	Benton Community	11
Madi Parson	Camanche	11
Sammy Moss	Mount Vernon	11
Taylor Ryan	Solon	11
Hannah Kelley	Davenport, Assumption	12
Tarah Wehde	Camanche	10
Sydney Schultz	Columbus Catholic, Waterloo	11
Taylor Hogan	Columbus Catholic, Waterloo	11
Casidy Dondiego	Northeast, Goose Lake	12
Marrah Burrack	North Fayette Valley	12
Bailey Sullivan	Mount Vernon	12
Elisabeth Davis	Vinton-Shellsburg	12
Macey Kleitsch	West Delaware, Manchester	10
Laken Lienhard	Crestwood	10
Lauren Frerichs	New Hampton	11
Taylor McDonald	Monticello	12

District Coach of the Year: Ron Ferrill Davenport Assumption

3A West District

Name	School	Grade
Kaitlyn Van Der Zwaag	Boyden-Hull/Rock Valley	12
Alexis Handel	Atlantic	12
Ally Anderson	Atlantic	12
Kelsey Kannenberg	Spirit Lake	12
Karli Olsen	Spirit Lake	10
Payton Slaughter	Cherokee	11
Lindsay Williams	Cherokee	12
Morgan White	Estherville-Lincoln Central	12
Kayla Venner	Kuemper Catholic	11
Kaylea Van Regenmorter	Sioux Center	12
Gracie Hagle	Creston	8
Logan Hughes	Shenandoah	11
Payton Ahrenstorff	Spirit Lake	11
Taylor Richter	Boyden-Hull/Rock Valley	11
Chloe Johnson	Red Oak	10
Alyssa Derby	Atlantic	9

District Coach of the Year: Jenn Nixon Cherokee

3A Central District

Name	School	Grade
Ellie Jacobson	Humboldt	10
Madison Friest	Roland-Story	12
Emma Hjelle	Algona	12
Riley Holmgren	Roland-Story	12
Alle Thompson	Saydel	11
Carlie Thompson	Humboldt	10
Hannah Pals	North Polk	12
Susie Weaver	Roland-Story	11
Sydney Anderson	North Polk	9
Brooke Snider	West Marshall	12
Morgan Hobbs	Forest City	12
Mady Lange	Humboldt	10
Katelyn Halbach	Osage	11
Alexis Carney	Saydel	12
Gracie Francis	Nevada	12
Ellie Owen	North Polk	10
Renae Schaper	West Marshall	10

District Coach of the Year: Doug VanPelt Humboldt

3A Southeast District

Name	School	Grade
Hannah Isley	Albia	12
Randie Richmond	Eddyville Blakesburg	12
Alex Beard	Albia	10
Jena Lawrence	Albia	10
Abby Sweet	Centerville	12
Haylee Lehman	West Libery	10
MaKenna Davis	West Burlington	11
Sadie Marker	Clarke	10
Reina Taylor	Eddyville Blakesburg	11
Bailee Yahnke	Davis Coutny	11
Alexis Watson	Clarke	10
Heather Boeckenstedt	Beckman, Dyersville	11
Macy Akers	West Liberty	11
Madelyn Stutsman	West Burlington	10

District Coach of the Year: Larry Achenbach Albia