

Boys 100 Meter Dash

Name	Year School	Seed	Finals	H#	Points
Finals					
1 Kennedy, Nathan	Glenwood	11.26	10.86	4	10
2 Stein, Joe	Spirit Lake	11.36	11.07	4	8
3 Foss, Nick	Harlan Commu	11.40	11.11	4	6
4 Reed, Gratt	Atlantic	11.38	11.27	4	5
5 Duggan, Max	Lewis Centra	11.40	11.28	4	4
6 Hatcher, Hayden	Lewis Centra	11.11	11.29	4	3
7 Schwedler, Jorma	Sergeant Blu	11.45	11.44	4	2
8 Ellis, Connor	CB Abraham L	11.60	11.51	3	1
9 Armstrong, Aaron	Southwest Va	11.78	11.74	3	
10 Burchett, Andy	Harlan Commu	11.90	11.78	3	
11 White, Dillon	St. Albert -	11.90	11.79	3	
12 Sonntag, Dillon	Atlantic	12.20	11.90	2	
13 Birt, Issac	Red Oak	11.70	11.92	3	
14 Saddler, Joey	Glenwood	11.47	11.95	4	
15 Grasz, Eric	LeMars	11.72	12.01	3	
16 Warren, Lavarius	Sergeant Blu	11.90	12.12	3	
17 Gaule, Aiden	Southwest Va	12.20	12.13	2	
18 Carley, Jake	St. Albert -	11.90	12.20	3	
19 Rubio, Emilio	CB Thomas JE	12.67	12.22	2	
20 Toki, Aisea	LeMars	12.12	12.34	2	
21 VanDyke, Alex	Spirit Lake	12.10	12.41	2	
22 Salaway, Adrien	Clarinda	12.70	12.52	2	
23 Woods, Sully	Glenwood	12.83	x12.55	1	
24 Boyer, Dale	Creston	12.69	12.55	2	
25 Roberts, Austin	Clarinda	12.79	12.91	2	
26 Plourde, Joe	CB Thomas JE	13.78	12.93	1	
27 Guerra, Zac	Red Oak	12.89	12.95	1	
28 Akers, Kenny	Glenwood	13.80	x13.48	1	
29 Kendrick, Jonathan	Creston	13.47	13.54	1	
30 Podraza, Johnny	CB Abraham L	13.20	13.73	1	

Boys 200 Meter Dash

Name	Year School	Seed	Finals	H#	Points
1 Foss, Nick	Harlan Commu	23.00	23.19	4	10
2 Boekelman, Ty	Sergeant Blu	22.79	23.34	4	8
3 Duggan, Max	Lewis Centra	23.40	23.39	4	6
4 Niklasen, Zade	Atlantic	23.60	23.58	4	5
5 Moen, Tyler	Atlantic	23.71	23.59	3	4
6 Ramos, Frankie	Spirit Lake	24.50	23.82	3	3
7 Ellis, Connor	CB Abraham L	24.30	23.90	3	2
8 Weddum, Brady	Glenwood	23.80	23.93	3	1
9 DeMoss, Sam	Sergeant Blu	23.50	24.16	4	
10 Griffith, Mason	Harlan Commu	24.50	24.50	3	
11 Vanderhoof, Cam	Red Oak	23.90	24.61	3	
12 Houghton, Troy	CB Abraham L	23.60	24.65	4	
13 Strait, Brady	Clarinda	24.90	24.78	2	
14 Jensen, Jordan	LeMars	24.74	25.15	2	
15 Bull, Addison	Southwest Va	24.20	25.18	3	

16	VanDyke, Alex	Spirit Lake	25.30	25.48	
17	Calhoun, Seneca	CB Thomas JE	25.10	25.61	2
18	Whitelaw, Joshua	CB Thomas JE	26.10	26.25	2
19	Reisz, Garret	St. Albert -	25.80	26.29	2
20	Stewart, Ethan	Red Oak	26.20	26.45	1
21	Looney, Hank	Creston	27.99	27.36	1
22	Vondra, Zach	Glenwood	23.64	27.38	4
23	Dollen, Alex	Glenwood	27.40	x27.57	1
24	Pearson, Brendan	Southwest Va	27.50	27.70	1
25	Webb, Jarrett	Creston	30.78	29.65	1

Boys 400 Meter Dash

Name	Year School	Seed	Finals	H#	Points	
1	Delperdang, Britton	Sergeant Blu	50.20	50.51	4	10
2	Boekelman, Ty	Sergeant Blu	49.98	50.63	4	8
3	Erlmeier, Michael	Harlan Commu	52.40	54.75	4	6
4	Nettles, Drake	Lewis Centra	55.90	55.88	4	5
5	Liston, Joe	St. Albert -	57.00	56.77	3	4
6	Lamoreux, Anthony	LeMars	54.88	56.95	4	3
7	Dykema, Jack	Spirit Lake	55.00	57.26	4	2
8	Simmons, Josh	Lewis Centra	56.50	57.41	3	1
9	Blum, Andrew	Glenwood	54.57	57.69	4	
10	Behrends, Nathan	Atlantic	59.50	57.83	2	
11	Case, Jacob	Glenwood	57.22	57.92	3	
12	Cerny, Conner	St. Albert -	56.20	58.12	4	
13	Gomez, Diego	LeMars	56.89	59.10	3	
14	Koppa, Connor	Red Oak	58.71	59.48	3	
15	Weaver, Joe	Atlantic	1:04.20	1:00.72	1	
16	Chase, Zach	Glenwood	59.12	x1:00.78	2	
17	Martinez, Juan	CB Thomas JE	58.33	1:01.21	3	
18	Butler, Harley	Spirit Lake	1:02.00	1:01.25	2	
19	Carter, Lucas	Harlan Commu	58.00	1:02.20	3	
20	Spanjer, Luke	CB Abraham L	1:02.52	1:02.68	2	
21	Graham, Avery	Red Oak	1:00.00	1:03.78	2	
22	Jacobs, Kaden	Southwest Va	1:03.00	1:04.52	2	
23	Espinosa, Jesse	Clarinda	58.00	1:05.28	3	
24	Eledge, Austin	CB Abraham L	1:03.00	1:06.78	1	
25	Looney, Hank	Creston	1:06.24	1:07.44	1	
26	Morgenstern, Jace	Clarinda	1:02.00	1:07.76	2	
27	Kinsella, Jackson	Creston	1:02.00	1:07.81	2	
28	Hedrick, D'Mitre	CB Thomas JE	1:04.10	1:10.50	1	
29	Avila, Brayden	Southwest Va	1:09.00	1:12.16	1	

Boys 800 Meter Run

Name	Year School	Seed	Finals	H#	Points	
1	Mullenix, Chase	Atlantic	1:58.40	2:01.48	2	10
2	Becker, Craig	Atlantic	2:02.10	2:04.59	2	8
3	Parmelee, Landen	LeMars	2:07.80	2:05.33	2	6
4	Hannemann, Gabe	Sergeant Blu	2:08.00	2:08.94	2	5
5	Soriano, Kyle	CB Thomas JE	2:09.90	2:10.04	2	4
6	Barnes, Kyle	St. Albert -	2:06.00	2:11.35	2	3
7	Sell, Nathan	Lewis Centra	2:14.00	2:11.40	2	2
8	Hofer, Payden	Sergeant Blu	2:10.00	2:11.91	2	1
9	Rieken, Alec	LeMars	2:07.70	2:12.61	2	
10	Gronstal, Luke	St. Albert -	2:07.00	2:12.83	2	
11	Covington, Parson	Glenwood	2:10.00	2:14.31	2	
12	Eldridge, Jonah	Spirit Lake	2:13.00	2:14.81	2	

13	Schechinger, Alex	Harlan Commu	2:16.00	2:14.87	2
14	Olmos, Oscar	Harlan Commu	2:16.00	2:18.64	2
15	Mower, Brett	Glenwood	2:15.00	2:19.45	2
16	Chain, Isaac	Lewis Centra	2:15.00	2:20.13	2
17	Tuttle, Jacob	Spirit Lake	2:25.00	2:21.52	1
18	Belt, Gage	CB Thomas JE	2:25.70	2:21.91	1
19	Graham, Avery	Red Oak	2:28.00	2:27.74	1
20	Tellander, Caden	CB Abraham L	2:25.00	2:27.78	1
21	McCall, Jon	Clarinda	2:30.00	2:29.31	1
22	Wickman, Austin	CB Abraham L	2:35.00	2:29.54	1
23	Jacobs, Kaden	Southwest Va	2:26.00	2:30.28	1
24	Meyer, Jonah	Clarinda	2:26.00	2:33.03	1
25	Hall, Caden	Red Oak	2:30.63	2:35.68	1
26	Volff, Mac	CB Abraham L	2:46.61	x2:38.01	1
27	Freeman, Ethan	Creston	2:37.65	2:38.33	1
28	Case, Ryker	Glenwood	2:25.00	x2:38.54	1
29	Kinsella, Jackson	Creston	2:30.00	2:39.08	1
30	Eubank, Liam	Red Oak	2:25.00	x2:39.30	1
31	Warren, Trevor	Glenwood	2:27.00	x2:39.93	1
32	Duncan, Jake	CB Abraham L	2:41.00	x2:40.44	1

Boys 1600 Meter Run

Name	Year School	Seed	Finals	Points	
1	Eden, Jaxson	Atlantic	4:45.20	4:47.91	10
2	Scott, Miles	Sergeant Blu	4:43.00	4:49.48	8
3	Hughes, Ryan	St. Albert -	4:58.00	4:53.39	6
4	Humpal, Anthony	CB Thomas JE	4:54.76	4:54.23	5
5	Dennis, Bradley	Atlantic	4:52.00	4:55.52	4
6	Parks, Mason	Glenwood	4:55.00	4:55.86	3
7	Hornberg, Steven	CB Abraham L	4:59.44	5:03.41	2
8	Booten, Aiden	CB Thomas JE	5:09.10	5:06.47	1
9	Gross, Trey	Harlan Commu	5:06.00	5:10.15	
10	Hulinsky, Ethan	LeMars	5:00.00	5:10.84	
11	McIntyre, Sam	Glenwood	5:00.00	5:12.58	
12	Sudtelgte, Jason	LeMars	5:07.00	5:14.43	
13	Hannemann, Gabe	Sergeant Blu	4:50.00	5:16.81	
14	Poncelet, Jacob	Spirit Lake	5:07.88	5:16.86	
15	Huey, Tyler	Glenwood	5:11.00	x5:20.44	
16	Ingels, William	Glenwood	5:20.00	x5:20.46	
17	Schmidt, Ryan	Spirit Lake	5:17.00	5:23.11	
18	Leinen, Caleb	CB Abraham L	5:36.59	5:23.91	
19	Koppa, Connor	Red Oak	5:24.05	5:24.46	
20	Ruiz, Tyler	Lewis Centra	5:17.11	5:26.36	
21	Halloran, Tyler	Clarinda	5:30.00	5:28.79	
22	Garrigan, Leo	St. Albert -	5:10.00	5:28.80	
23	Schechinger, CJ	Harlan Commu	5:20.00	5:34.93	
24	Smith, Taylor	Red Oak	5:48.00	5:38.30	
25	Espinosa, Jesse	Clarinda	5:35.00	5:38.43	
26	Meyer, Luke	Lewis Centra	5:46.73	5:42.35	
27	Avila, Brayden	Southwest Va	6:40.00	7:09.04	

Boys 3200 Meter Run

Name	Year School	Seed	Finals	Points	
1	Scott, Miles	Sergeant Blu	10:04.00	10:16.87	10
2	Dennis, Bradley	Atlantic	10:48.00	10:29.46	8
3	Petersen, Jalen	Atlantic	10:33.00	10:31.30	6
4	Hornberg, Steven	CB Abraham L	10:48.55	10:44.41	5

5	Hulinsky, Ethan	LeMars	10:47.00	10:52.10	4
6	McIntyre, Sam	Glenwood	11:00.00	10:54.30	3
7	Tellander, Caden	CB Abraham L	11:05.50	10:55.55	2
8	Poncelet, Jacob	Spirit Lake	10:50.00	11:07.53	1
9	Tifft, Carter	Spirit Lake	11:35.14	11:09.80	
10	Garrigan, Leo	St. Albert -	11:12.00	11:10.64	
11	Heisterkamp, Bennett	St. Albert -	11:17.00	11:11.89	
12	Ingels, William	Glenwood	11:15.00	11:16.26	
13	Tonner, Andrew	LeMars	11:15.00	11:16.67	
14	Powders, Archie	CB Thomas JE	11:25.00	11:24.00	
15	Ruiz, Tyler	Lewis Centra	11:18.59	11:41.41	
16	Espinosa, Jesse	Clarinda	11:40.00	11:58.75	
17	Hedrick, D'Mitre	CB Thomas JE	12:30.00	12:01.46	
18	Andersen, Brian	Harlan Commu	12:00.00	12:03.10	
19	Meyer, Jonah	Clarinda	11:55.00	12:04.88	
20	Eubank, Liam	Red Oak	11:15.00	12:05.69	
21	Munch, Brennon	Harlan Commu	12:00.00	12:18.87	
22	McGregor, Nolan	Sergeant Blu	12:00.00	12:26.23	
23	Roberts, Logan	Glenwood	15:15.00	x14:52.61	
24	Fustos, Braeden	Glenwood	15:00.00	x15:30.97	

Boys 110 Meter Hurdles

Name	Year School	Seed	Finals	H#	Points
1	Reed, Gratt	Atlantic	14.70	14.65	3 10
2	Murphy, Max	Sergeant Blu	15.74	14.97	3 8
3	Sampson, Jeron	CB Thomas JE	15.52	15.10	3 6
4	Bernard, Ethan	St. Albert -	15.50	15.23	3 5
5	Freiberg, Austin	Sergeant Blu	16.20	15.64	3 4
6	Maurer, Grant	Southwest Va	16.63	16.71	3 3
7	Arens, Carter	LeMars	17.50	16.93	2 2
8	Fah, Thomas	Harlan Commu	18.50	17.08	2 1
9	McKenzie, Nolan	Lewis Centra	17.70	17.21	2
10	Weddum, Brady	Glenwood	17.48	17.37	2
11	Jensen, Connor	Spirit Lake	17.60	17.47	2
12	Spieler, Zach	LeMars	17.20	17.51	3
13	Godbout, Brenden	Glenwood	18.51	17.61	1
14	Reisz, Garret	St. Albert -	17.00	17.85	3
15	Schafroth, Brett	Southwest Va	19.69	17.89	1
16	Richter, Kolby	Spirit Lake	17.80	18.38	2
17	Mullenix, Collin	Atlantic	18.40	18.44	2
18	Sell, Josh	Lewis Centra	18.00	18.72	2
19	Green, Wyatt	CB Abraham L	19.80	19.40	1
20	Belt, Owen	Glenwood	19.40	x19.55	1
21	Dofner, Mack	CB Thomas JE	20.30	20.63	1

Boys 400 Meter Hurdles

Name	Year School	Seed	Finals	H#	Points
1	Sampson, Jeron	CB Thomas JE	56.32	55.07	3 10
2	Reed, Gratt	Atlantic	54.10	55.92	3 8
3	Freiberg, Austin	Sergeant Blu	59.00	59.54	3 6
4	Bernard, Ethan	St. Albert -	59.30	1:01.18	3 5
5	Owens, Jon	Harlan Commu	58.30	1:01.49	3 4
6	Spieler, Zach	LeMars	1:02.78	1:01.83	2 3
7	Sell, Josh	Lewis Centra	1:04.00	1:02.09	2 2
8	McIntyre, Dillon	Glenwood	1:01.60	1:02.20	2 1
9	Hughes, Jack	Glenwood	1:03.40	1:02.20	2
10	Dykema, Jack	Spirit Lake	1:01.50	1:02.34	3

11	Fah, Thomas	Harlan Commu	59.50	1:02.96	3
12	Mullenix, Collin	Atlantic	1:02.10	1:03.07	2
13	Green, Wyatt	CB Abraham L	1:07.00	1:03.07	1
14	Olson, Brandon	LeMars	1:04.33	1:05.02	2
15	White, Dillon	St. Albert -	1:05.00	1:05.79	1
16	Freiberg, Alex	Sergeant Blu	1:02.00	1:06.48	2
17	Gilo, Wimach	CB Thomas JE	1:08.70	1:08.14	1
18	Godbout, Brenden	Glenwood	1:06.00	x1:08.21	1
19	McKenzie, Nolan	Lewis Centra	1:05.00	1:08.39	1
20	Richter, Kolby	Spirit Lake	1:05.00	1:08.85	2
21	Sutton, Nick	CB Abraham L	1:10.00	1:10.98	1
22	Graham, Avery	Red Oak	1:08.00	1:13.28	1

Boys 4x100 Meter Relay

School		Seed	Finals	H#	Points
1	Sergeant Bluff-Luton 'A'	44.51	44.42	2	10
	1) Shultz, Zach	2) Schwedler, Jorma			
	3) Delperdang, Britton	4) Boekelman, Ty			
2	Glenwood 'A'	44.50	44.88	2	8
	1) Saddler, Joey	2) Lee, Jon			
	3) Watson, Kohen	4) Kennedy, Nathan			
3	St. Albert - Male 'A'	45.30	45.60	2	6
	1) Rallis, Blake	2) Blaha, Tyler			
	3) Rallis, Sam	4) Hanafan, Andrew			
4	Lewis Central 'A'	45.00	45.73	2	5
	1) Miller, Brady	2) Rew, Collin			
	3) Duggan, Max	4) Hatcher, Hayden			
5	Harlan Community 'A'	44.80	45.80	2	4
	1) Erlmeier, Michael	2) McLaughlin, Jake			
	3) Bruck, Jacob	4) Foss, Nick			
6	Spirit Lake 'A'	45.00	45.91	2	3
	1) Jungjohan, Brock	2) Newman, Spencer			
	3) Stein, Joe	4) VanDyke, Alex			
7	Southwest Valley 'A'	46.33	46.35	2	2
	1) Kuhn, Taylor	2) Cobb, Chance			
	3) Gaule, Aiden	4) Armstrong, Aaron			
8	CB Thomas Jefferson 'A'	46.90	47.29	1	1
	1) Santiago, Gerardo	2) Lukavsky, Cameron			
	3) Lesley, Chandler	4) Sampson, Jeron			
9	Clarinda 'A'	48.05	48.04	1	
	1) Shull, Mike	2) Strait, Brady			
	3) Salaway, Adrien	4) Morris, Carter			
10	Creston 'A'	48.00	48.20	1	
	1) Boyer, Dale	2) Trembly, Keegan			
	3) Kralik, Cael	4) Scherer, Michael			
11	Glenwood 'B'	49.56	x48.76	1	
	1) Silvius, Cooper	2) Krewson, Brian			
	3) Mayberry, Cole	4) Goos, Jackson			
12	Atlantic 'A'	48.20	49.06	1	
	1) Pelzer, Blake	2) Reilly, Logan			
	3) Pellett, Connor	4) Granner, Sam			
13	CB Abraham Lincoln 'A'	46.50	49.16	1	
	1) Fichter, Ben	2) Herzog, Lanny			
	3) Fant, Herb	4) Hayes, TJ			
--	LeMars 'A'	46.20	DQ	2	
	1) Jensen, Jordan	2) Toki, Aisea			
	3) Lamoreux, Anthony	4) Franck, Cody			

Boys 4x200 Meter Relay

School	Seed	Finals	H#	Points
1 Glenwood 'A'	1:32.00	1:32.71	2	10
1) Saddler, Joey	2) Vondra, Zach			
3) Watson, Kohen	4) Kennedy, Nathan			
2 Atlantic 'A'	1:33.20	1:33.93	2	8
1) Niklasen, Zade	2) Sonntag, Dillon			
3) Moen, Tyler	4) Granner, Sam			
3 LeMars 'A'	1:36.80	1:35.66	2	6
1) Waskow, Andrew	2) Engebretson, JT			
3) Rasmussen, Dylan	4) Grasz, Eric			
4 Lewis Central 'A'	1:36.00	1:36.95	2	5
1) Rew, Collin	2) Pomrenke, Jonah			
3) Miller, Brady	4) Fidone, Thomas			
5 CB Abraham Lincoln 'A'	1:36.40	1:37.00	2	4
1) Herzog, Lanny	2) Houghton, Troy			
3) Fant, Herb	4) Ellis, Connor			
6 Harlan Community 'A'	1:36.00	1:37.26	2	3
1) Burchett, Andy	2) Monson, Jonathon			
3) McLaughlin, Jake	4) Owens, Jon			
7 St. Albert - Male 'A'	1:35.90	1:37.43	2	2
1) Rallis, Sam	2) Carley, Jake			
3) Gronstal, Luke	4) White, Dillon			
8 Creston 'A'	1:42.03	1:39.43	1	1
1) Boyer, Dale	2) Trembly, Keegan			
3) Kralik, Cael	4) Scherer, Michael			
9 Southwest Valley 'A'	1:37.50	1:39.82	1	
1) Kuhn, Taylor	2) Cobb, Chance			
3) Gaule, Aiden	4) Armstrong, Aaron			
10 CB Thomas Jefferson 'A'	1:41.10	1:40.06	1	
1) Saokaeo, Thanakorn	2) Baker, Cameron			
3) Calhoun, Seneca	4) Flowers, Mitch			
11 Clarinda 'A'	1:40.00	1:41.26	1	
1) Shull, Mike	2) Strait, Brady			
3) Salaway, Adrien	4) Morris, Carter			
12 Red Oak 'A'	1:40.00	1:42.31	1	
1) Vanderhoof, Cam	2) Bruce, Carter			
3) Birt, Issac	4) Maynes, Carter			
13 Glenwood 'B'	1:42.00	x1:43.03	1	
1) Mayberry, Cole	2) Clark, Logen			
3) Nusser, Alex	4) Chase, Justin			
14 Spirit Lake 'A'	1:50.00	1:47.02	1	
1) Ooman, Caleb	2) Christians, Darin			
3) Schmidt, Ryan	4) Mingus, Nick			
-- Sergeant Bluff-Luton 'A'	1:36.00	DNF	2	
1) Mathison, Drew	2) Stangel, Josh			
3) Warren, Lavarius	4) DeMoss, Sam			

Boys 4x400 Meter Relay

School	Seed	Finals	H#	Points
1 Sergeant Bluff-Luton 'A'	3:30.00	3:25.84	2	10
1) Shultz, Zach	2) Schwedler, Jorma			
3) Delperdang, Britton	4) Boekelman, Ty			
2 Atlantic 'A'	3:30.00	3:26.28	2	8
1) Niklasen, Zade	2) Sonntag, Dillon			
3) Moen, Tyler	4) Mullenix, Chase			
3 St. Albert - Male 'A'	3:30.10	3:28.03	2	6
1) Rallis, Blake	2) Blaha, Tyler			

3) Rallis, Sam	4) Hanafan, Andrew			
4 Glenwood 'A'		3:32.00	3:29.15	2 5
1) Watson, Kohen	2) Stanislav, Christian			
3) Weddum, Brady	4) Kennedy, Nathan			
5 LeMars 'A'		3:38.40	3:40.21	2 4
1) Waskow, Andrew	2) Engebretson, JT			
3) Rasmussen, Dylan	4) Grasz, Eric			
6 Harlan Community 'A'		3:36.00	3:41.33	2 3
1) Monson, Jonathon	2) McLaughlin, Jake			
3) Owens, Jon	4) Erlmeier, Michael			
7 CB Thomas Jefferson 'A'		3:44.80	3:46.24	2 2
1) Soriano, Kyle	2) Osborn, Connor			
3) Evans, Reggie	4) Rubio, Emilio			
8 Lewis Central 'A'		3:46.00	3:47.18	1 1
1) Nettles, Drake	2) Simmons, Josh			
3) Sell, Nathan	4) Fidone, Thomas			
9 Spirit Lake 'A'		3:48.00	3:50.49	1
1) Ooman, Caleb	2) Christians, Darin			
3) Eldridge, Jonah	4) Tuttle, Jacob			
10 Clarinda 'A'		3:57.00	3:58.86	1
1) Landhuis, Nik	2) Fitzpatrick, Wyatt			
3) Davis, Kaleb	4) Yearington, Hunter			
11 CB Abraham Lincoln 'A'		4:12.00	4:15.64	1
1) Arellano, Martin	2) Spanjer, Luke			
3) Eledge, Austin	4) Nichols, Devin			
12 Red Oak 'A'		3:50.00	4:16.32	1
1) Maynes, Carter	2) Koppa, Connor			
3) Smith, Taylor	4) Lukehart, Bruce			
13 Southwest Valley 'A'		4:10.00	4:22.67	1
1) McCuen, Christian	2) Myers, Tallen			
3) Jacobs, Kaden	4) Pearson, Brendan			

Boys 4x800 Meter Relay

School	Seed	Finals	Points
1 Atlantic 'A'	8:12.20	8:25.74	10
1) Eden, Jaxson	2) Becker, Craig		
3) Behrends, Nathan	4) Mullenix, Chase		
2 Sergeant Bluff-Luton 'A'	8:32.00	8:30.90	8
1) Muller, Nick	2) Ritz, Easton		
3) Groves, Conner	4) Hannemann, Gabe		
3 LeMars 'A'	9:00.00	8:33.88	6
1) Waskow, Andrew	2) Parmelee, Landen		
3) Wurth, Austin	4) Rieken, Alec		
4 St. Albert - Male 'A'	8:35.00	8:35.77	5
1) Liston, Joe	2) Gronstal, Luke		
3) Cerny, Conner	4) Hughes, Ryan		
5 Glenwood 'A'	8:55.00	8:55.74	4
1) Covington, Parson	2) Parks, Mason		
3) Stanislav, Christian	4) Mower, Brett		
6 Harlan Community 'A'	8:45.00	9:05.91	3
1) Schechinger, CJ	2) Schechinger, Alex		
3) Monson, Jonathon	4) Bruck, Jacob		
7 Spirit Lake 'A'	9:00.00	9:15.58	2
1) Ooman, Caleb	2) Schmidt, Ryan		
3) Block, Will	4) Butler, Harley		
8 CB Thomas Jefferson 'A'	8:57.50	9:18.32	1
1) Booten, Aiden	2) Gilo, Beayha		
3) Keller, Aiden	4) Martinez, Juan		
9 Clarinda 'A'	10:00.00	9:36.15	

	1) Halloran, Tyler	2) McCall, Jon	
	3) Fitzpatrick, Wyatt	4) Yearington, Hunter	
10	Glenwood 'B'	9:23.00	x9:45.62
	1) Brooks, Jayden	2) Presley, Adison	
	3) Hughes, Nate	4) Rohrberg, Nathan	
11	Lewis Central 'A'	9:45.00	9:50.74
	1) Sell, Nathan	2) Meyer, Luke	
	3) Guevara, Bryan	4) Ruhaak, Alex	
12	Red Oak 'A'	10:00.00	9:53.87
	1) Koppa, Connor	2) Lukehart, Bruce	
	3) Hall, Caden	4) Graham, Avery	

Boys 800 Sprint Medley

School	Seed	Finals	H#	Points
1 Sergeant Bluff-Luton 'A'	1:36.00	1:35.66	2	10
1) Shultz, Zach	2) DeMoss, Sam			
3) Delperdang, Britton	4) Schwedler, Jorma			
2 St. Albert - Male 'A'	1:37.80	1:36.02	2	8
1) White, Dillon	2) Rallis, Sam			
3) Rallis, Blake	4) Hanafan, Andrew			
3 Atlantic 'A'	1:37.00	1:36.14	2	6
1) Moen, Tyler	2) Sonntag, Dillon			
3) Reed, Gratt	4) Niklasen, Zade			
4 Glenwood 'A'	1:38.00	1:37.26	2	5
1) Saddler, Joey	2) Lee, Jon			
3) Vondra, Zach	4) Watson, Kohen			
5 Lewis Central 'A'	1:39.00	1:37.89	2	4
1) Rew, Collin	2) Miller, Brady			
3) Hatcher, Hayden	4) Duggan, Max			
6 Spirit Lake 'A'	1:38.00	1:38.03	2	3
1) Jungjohan, Brock	2) Newman, Spencer			
3) Stein, Joe	4) McCaffery, Mason			
7 CB Abraham Lincoln 'A'	1:40.00	1:38.83	2	2
1) Herzog, Lanny	2) Fant, Herb			
3) Houghton, Troy	4) Ellis, Connor			
8 Harlan Community 'A'	1:39.50	1:41.93	2	1
1) Burchett, Andy	2) Bruck, Jacob			
3) Griffith, Mason	4) Dawson-Anderson, Erik			
9 Southwest Valley 'A'	1:41.00	1:43.19	1	
1) Kuhn, Taylor	2) Cobb, Chance			
3) Armstrong, Aaron	4) Maurer, Grant			
10 LeMars 'A'	1:42.56	1:44.31	1	
1) Engebretson, JT	2) Lamoreux, Anthony			
3) Rasmussen, Dylan	4) Jensen, Jordan			
11 CB Thomas Jefferson 'A'	1:48.46	1:45.00	1	
1) Saokao, Thanakorn	2) Lesley, Chandler			
3) Santiago, Gerardo	4) Baker, Cameron			
12 Red Oak 'A'	1:43.00	1:45.80	1	
1) Maynes, Carter	2) Vanderhoof, Cam			
3) Birt, Issac	4) McCunn, Justin			
13 Clarinda 'A'	1:45.00	1:47.17	1	
1) Roberts, Austin	2) Salaway, Adrien			
3) Strait, Brady	4) Landhuis, Nik			
14 Glenwood 'B'	1:46.50	x1:50.70	1	
1) Silvius, Cooper	2) Krewson, Brian			
3) Schaben, Collin	4) Chase, Zach			
15 Creston 'A'	2:01.61	2:02.43	1	
1) Webb, Jarrett	2) Freeman, Ethan			
3) Looney, Hank	4) Kendrick, Jonathan			

Boys Distance Medley

School	Seed	Finals	H#	Points
1 Spirit Lake 'A'	3:41.00	3:44.29	2	10
1) Newman, Spencer	2) Stein, Joe			
3) Ramos, Frankie	4) McCaffery, Mason			
2 St. Albert - Male 'A'	3:45.00	3:46.27	2	8
1) Rallis, Blake	2) Hanafan, Andrew			
3) Blaha, Tyler	4) Barnes, Kyle			
3 Sergeant Bluff-Luton 'A'	3:42.00	3:53.80	2	6
1) Shultz, Zach	2) Stangel, Josh			
3) DeMoss, Sam	4) Ritz, Easton			
4 CB Thomas Jefferson 'A'	3:53.50	3:54.46	2	5
1) Santiago, Gerardo	2) Lesley, Chandler			
3) Lukavsky, Cameron	4) Osborn, Connor			
5 Red Oak 'A'	3:56.00	3:59.13	2	4
1) Vanderhoof, Cam	2) Bruce, Carter			
3) Birt, Issac	4) McCunn, Justin			
6 Harlan Community 'A'	3:58.00	4:01.15	2	3
1) Griffith, Mason	2) Bruck, Connor			
3) Dawson-Anderson, Erik	4) Gross, Trey			
7 Glenwood 'A'	3:59.00	4:02.52	2	2
1) Hughes, Jack	2) McIntyre, Dillon			
3) Giambalvo, Justin	4) Huey, Tyler			
8 LeMars 'A'	3:55.00	4:02.60	2	1
1) Koons, Jake	2) Olson, Brandon			
3) Spieler, Eric	4) Albrecht, Ote			
9 Clarinda 'A'	4:12.00	4:10.30	1	
1) Shull, Mike	2) Davis, Kaleb			
3) Landhuis, Nik	4) Yearington, Hunter			
10 Atlantic 'A'	4:12.00	4:11.89	1	
1) Granner, Sam	2) Reilly, Logan			
3) Pelzer, Blake	4) Sturm, Grant			
11 CB Abraham Lincoln 'A'	4:05.00	4:12.14	1	
1) Fichter, Ben	2) Garner, Nick			
3) Hayes, TJ	4) Leinen, Caleb			
12 Lewis Central 'A'	4:10.00	4:12.14	1	
1) Kobes, Bret	2) Clermont, Dorvenst			
3) Chain, Isaac	4) Carpenter, Logan			
13 Southwest Valley 'A'	4:20.00	4:24.84	1	
1) Webb, Jacob	2) Pearson, Brendan			
3) Myers, Tallen	4) McCuen, Christian			
14 Glenwood 'B'	4:15.00	x4:31.54	1	
1) Chase, Justin	2) Hayes, Zander			
3) Goos, Jackson	4) Parks, Jacob			

Boys 4x100 Meter Shuttle Hurdle

School	Seed	Finals	H#	Points
1 St. Albert - Male 'A'	1:01.60	1:00.94	3	10
1) Reisz, Garret	2) Carley, Jake			
3) Bernard, Ethan	4) Blaha, Tyler			
2 Sergeant Bluff-Luton 'A'	1:00.50	1:01.06	3	8
1) Murphy, Max	2) Verros, Nate			
3) Hansen, Matthew	4) Freiberg, Austin			
3 Glenwood 'A'	1:06.00	1:04.72	2	6
1) Godbout, Brenden	2) Silvius, Cooper			
3) Krewson, Brian	4) Weddum, Brady			

4	Southwest Valley 'A'	1) Bull, Addison 3) Cobb, Chance	2) Schafroth, Brett 4) Maurer, Grant	1:05.86	1:04.81	2	5
5	Harlan Community 'A'	1) Fah, Thomas 3) Owens, Jon	2) Bruck, Connor 4) McLaughlin, Jake	1:06.00	1:05.00	2	4
6	LeMars 'A'	1) Arens, Carter 3) Szczech, Tyler	2) Spieler, Eric 4) Spieler, Zach	1:05.77	1:05.77	3	3
7	Spirit Lake 'A'	1) Jensen, Connor 3) Dykema, Jack	2) Richter, Kolby 4) Newman, Spencer	1:05.00	1:08.19	3	2
8	Glenwood 'B'	1) Nusser, Alex 3) Mayberry, Cole	2) McIntyre, Dillon 4) Belt, Owen	1:12.00	x1:09.41	1	
9	Atlantic 'A'	1) Pelzer, Blake 3) Weaver, Joe	2) Pellett, Connor 4) Mullenix, Collin	1:12.00	1:10.62	1	1
10	Lewis Central 'A'	1) McKenzie, Nolan 3) Sell, Josh	2) Fidone, Thomas 4) Kobes, Brennan	1:10.00	1:12.67	2	
11	CB Abraham Lincoln 'A'	1) Green, Wyatt 3) Sutton, Nick	2) Nichols, Devin 4) Barnhouse, Caleb	1:16.23	1:16.17	1	
12	CB Thomas Jefferson 'A'	1) Mosqueda, Alex 3) Maxwell, Izaiha	2) Dofner, Mack 4) Gilo, Wimach	1:14.00	1:17.25	1	

Boys High Jump

Name	Year School	Seed	Finals	Points
1 Dillavou, Danny	Sergeant Blu	5-06.00	5-10.00	10
2 Stanislav, Christian	Glenwood	5-10.00	J5-10.00	8
3 Rarrat-Kass, Dylan	LeMars	6-01.00	5-08.00	6
4 McCaffery, Mason	Spirit Lake	6-02.00	J5-08.00	5
5 Houghton, Troy	CB Abraham L	5-06.00	5-06.00	3.50
5 Freiberg, Austin	Sergeant Blu	5-06.00	5-06.00	3.50
7 Ray, Spencer	Atlantic	5-06.00	J5-06.00	2
8 McCuen, Christian	Southwest Va	5-10.00	J5-06.00	1
9 Koons, Jake	LeMars	5-08.00	J5-06.00	
10 Geier, Jack	St. Albert -	5-04.00	5-04.00	
10 Garner, Nick	CB Abraham L	5-06.00	5-04.00	
12 Scherer, Michael	Creston	5-06.00	J5-04.00	
-- Handlos, Skylar	Atlantic	5-04.00	NH	
-- Block, Will	Spirit Lake	5-00.00	NH	
-- Nordyke, Caleb	Clarinda	4-10.00	NH	
-- Kralik, Cael	Creston	5-08.00	NH	
-- Fitzpatrick, Wyatt	Clarinda	5-00.00	NH	

Boys Long Jump

Name	Year School	Seed	Finals	Points
1 Foss, Nick	Harlan Commu	21-09.00	21-08.00	10
2 Engebretson, JT	LeMars	20-03.00	20-08.50	8
3 Erlmeier, Michael	Harlan Commu	19-04.00	20-07.00	6
4 Rohe, Ryan	Lewis Centra	19-10.00	20-03.00	5
5 Bull, Addison	Southwest Va	19-02.00	20-02.50	4
6 Bernard, Ethan	St. Albert -	18-07.00	19-06.75	3
7 Lukavsky, Cameron	CB Thomas JE	20-05.00	19-03.25	2

8	Morris, Carter	Clarinda	18-02.00	18-10.50	1
9	Lamoreux, Anthony	LeMars	18-05.00	18-10.25	
10	Richter, Kolby	Spirit Lake	19-01.00	18-10.00	
11	Reisz, Garret	St. Albert -	18-07.00	18-07.00	
12	Vondra, Zach	Glenwood	19-02.75	18-03.00	
13	Pomrenke, Jonah	Lewis Centra	18-00.00	17-11.00	
14	Mathison, Drew	Sergeant Blu	17-06.00	17-08.00	
15	Hofer, Payden	Sergeant Blu	17-04.00	17-03.75	
16	Whitelaw, Joshua	CB Thomas JE	16-04.00	16-11.75	
17	Goos, Jackson	Glenwood	17-04.00	16-10.00	
18	Nusser, Alex	Glenwood	15-08.00	x16-09.50	
19	Giambalvo, Justin	Glenwood	18-01.00	x16-09.25	
20	Gaule, Aiden	Southwest Va	17-11.00	16-08.50	
21	Fichter, Ben	CB Abraham L	17-03.25	16-06.25	
22	Ray, Spencer	Atlantic	16-00.00	15-10.75	
23	Arellano, Martin	CB Abraham L	16-00.00	14-11.00	
24	Meyer, Jonah	Clarinda	14-07.00	14-05.25	
25	Pellett, Connor	Atlantic	15-00.00	14-04.50	

Boys Shot Put

Name	Year School	Seed	Finals	Points	
1	Phelps, Nick	Kp-Wc	66-00.25	59-05.50	10
2	Jones, Logan	Lewis Centra	52-08.00	51-05.75	8
3	Theobald, Dane	Lewis Centra	52-10.00	49-09.00	6
4	Stottlemeyer, Jasper	CB Abraham L	48-02.00	47-10.00	5
5	Fagan, Matt	St. Albert -	48-06.00	46-11.00	4
6	Wiser, Dillon	Glenwood	46-10.00	46-06.00	3
7	Camerer, Max	Sergeant Blu	45-00.00	45-10.50	2
8	Webb, Jacob	Southwest Va	44-05.00	43-01.00	1
9	Flowers, Mitch	CB Thomas JE	41-00.00	42-00.00	
10	Boyer, Dale	Creston	40-00.00	41-04.50	
11	Mower, Mason	CB Abraham L	38-00.00	41-01.50	
12	Sanders, Caleb	Glenwood	48-10.00	40-09.00	
13	Poston, Hunter	Southwest Va	41-03.00	40-04.25	
14	Fisher, Jayce	CB Abraham L	38-08.50	x40-03.50	
15	Weyer, Derec	Harlan Commu	42-00.00	40-01.50	
16	Gaul, Carson	Sergeant Blu	42-00.00	39-06.50	
17	Hauser, Lucas	LeMars	40-10.00	38-07.50	
18	Franck, Cody	LeMars	42-04.00	37-08.00	
19	Beck, Parker	Spirit Lake	38-09.00	37-05.50	
20	Vugteveen, Garret	Spirit Lake	37-00.00	37-04.00	
21	Watson, Kane	Glenwood	34-04.00	x37-01.00	
22	Ludwigs, Wylie	LeMars	39-10.00	x36-07.00	
23	Wellman, Evan	Lewis Centra	37-00.00	x36-05.00	
24	Kinnison, Colton	Red Oak	34-05.00	36-02.00	
25	Van Soelen, Ben	St. Albert -	40-01.00	35-06.50	
25	Arkfeld, Joey	Harlan Commu	42-00.00	35-06.50	
27	Harger, Tristan	Glenwood	35-02.00	x35-06.00	
28	Peterson, Konner	Glenwood	38-00.00	x35-04.00	
29	Rounds, Chase	Glenwood	33-00.00	x34-11.00	
30	Sorenson, Trache	CB Abraham L	37-00.00	x34-03.00	
31	Fahey, Dylan	Clarinda	35-00.00	34-00.00	
31	Heimgartner, Jacob	LeMars	37-08.00	x34-00.00	
33	Myers, Tallen	Southwest Va	35-03.00	x33-08.00	
34	McGregor, Jared	Clarinda	32-00.00	33-05.00	
35	Roller, Cale	Atlantic	35-00.00	32-00.50	
36	Nordyke, Caleb	Clarinda	32-00.00	x31-08.00	
37	Petersen, Korben	Atlantic	30-00.00	31-06.00	
38	Seals, Andy	Southwest Va	33-10.00	x31-05.00	

39	Biggerstaff, Carter	Glenwood	31-11.00	x31-01.00
40	Hansen, Trey	Glenwood	28-01.00	x30-09.00
41	George, Jackson	Spirit Lake	30-00.00	x30-07.00
42	Biermann, Gavin	Glenwood	27-05.00	x30-06.50
43	Kirchhoff, Gunner	Atlantic	28-00.00	x29-03.00
44	Brumley, Cole	Spirit Lake	30-00.00	x28-05.50
45	Merksick, Tony	Lewis Centra	25-00.00	x25-11.50
--	Carlson, Cole	Red Oak	29-05.00	ND

Boys Discus Throw

Name	Year School	Seed	Finals	Points	
1	Phelps, Nick	Kp-Wc	185-00	181-02	10
2	Jones, Logan	Lewis Centra	156-00	161-05	8
3	Theobald, Dane	Lewis Centra	145-00	149-07	6
4	Stottlemeyer, Jasper	CB Abraham L	124-10	142-11	5
5	Franck, Cody	LeMars	142-00	142-00	4
6	Jensen, Connor	Spirit Lake	130-00	138-01	3
7	Sanders, Caleb	Glenwood	153-10	135-01	2
8	Weyer, Derec	Harlan Commu	128-00	131-10	1
9	Schaben, Wyatt	Harlan Commu	120-00	123-05	
10	Poston, Hunter	Southwest Va	110-00	123-02	
11	Isebrand, Eric	LeMars	118-00	116-07	
12	Van Soelen, Ben	St. Albert -	110-07	115-02	
13	Gaul, Carson	Sergeant Blu	130-00	113-06	
14	Fagan, Greg	St. Albert -	121-08	112-06	
15	Flowers, Mitch	CB Thomas JE	118-08	112-00	
16	Kluver, Riley	LeMars	109-00	x109-00	
17	Beck, Parker	Spirit Lake	110-00	107-09.50	
18	Watson, Kane	Glenwood	106-02	107-09	
19	Myers, Tallen	Southwest Va	95-09	105-01.50	
20	Kinnison, Colton	Red Oak	105-05	103-06	
21	Vugteveen, Garret	Spirit Lake	115-00	x102-00	
22	Roller, Cale	Atlantic	90-00	101-09	
23	Sorenson, Cody	Glenwood	131-03	x101-05	
24	Peterson, Konner	Glenwood	102-09	x101-01	
25	Rounds, Chase	Glenwood	93-07	x100-10	
26	Nordyke, Caleb	Clarinda	97-00	97-05	
27	Seals, Andy	Southwest Va	99-09	x96-00	
28	Lansink, Drew	Sergeant Blu	120-00	95-09	
29	Ludwigs, Wylie	LeMars	105-05	x94-04	
30	Petersen, Korben	Atlantic	85-00	93-04	
30	Hansen, Trey	Glenwood	93-04	x93-04	
32	Sorenson, Trache	CB Abraham L	89-09	92-10	
33	McGregor, Jared	Clarinda	86-00	91-04	
34	Wellman, Evan	Lewis Centra	83-00	x90-01	
35	Kirchhoff, Gunner	Atlantic	80-00	x86-09	
36	Mower, Mason	CB Abraham L	100-00	x86-06	
37	Webb, Jacob	Southwest Va	105-00	x85-02	
38	Reilly, Logan	Atlantic	90-00	x83-08.50	
39	Biggerstaff, Carter	Glenwood	80-07	x83-07	
40	Biermann, Gavin	Glenwood	77-11	x78-09	
41	Brumley, Cole	Spirit Lake	80-00	x77-02.50	
42	George, Jackson	Spirit Lake	90-00	x76-09	
43	Petry, River	CB Abraham L	75-06	x75-10.50	
44	Harger, Tristan	Glenwood	85-00	x71-08.50	
45	Souther, Caden	Lewis Centra	75-00	x69-05.50	
46	Hernandez, Dawson	Red Oak	51-04	48-08	

1) Sergeant Bluff-Luton	137.50	2) Atlantic	113
3) St. Albert - Male	75	4) Lewis Central	71
4) Glenwood	71	6) Harlan Community	65
7) LeMars	56	8) Spirit Lake	42
9) CB THOMAS JEFFERSON	37	10) CB Abraham Lincoln	31.50
11) KP-WC	20	12) Southwest Valley	16
13) Red Oak	4	14) Creston	1
14) Clarinda	1		