

2017 COED H-10 Southern Meet - 3/28/2017**3/28/2017****Results****Girls 100 Meter Dash**

Name	Year School	Seed	Finals	H#	Points
Finals					
1 Bomer, Devon	Glenwood	13.50	13.46	3	8
2 Manrose, Jessie	Shenandoah	13.60	13.62	3	6
3 Boeye, Juhi	Red Oak	13.90	13.75	3	4
4 Best, Cynthia	Clarinda	13.80	13.79	3	2
5 Marsden, Dana	Red Oak	13.90	13.87	3	1
6 Stewart, Kesia	Creston	13.98	14.03	3	
7 Castillo, Danielle	Creston	15.11	14.22	2	
8 Baldwin, Shauna	Red Oak	15.00	x14.25	2	
9 Maxwell, Tara	Glenwood	14.50	14.45	2	
10 Stogdill, Taylor	Shenandoah	14.50	14.84	2	
11 Shane, Addy	Clarinda	15.00	14.88	2	
12 Jones, Isabella	Glenwood	16.50	x15.07	1	
13 Holstrom, Cloe	Clarinda	14.50	x15.15	3	
14 Killion, Aleah	Glenwood	15.50	x15.16	2	
15 Hascall, Averie	Red Oak	16.00	x15.32	1	
16 Lorimor, Abi	Glenwood	14.50	x15.40	2	
17 Gray, Darah	Clarinda	14.50	x15.44	2	
18 Pantini, Sydney	Creston	16.50	x16.36	1	
19 VanGundy, Jordan	Clarinda	14.00	x16.70	3	
20 Cox, Caterina	Shenandoah	19.00	x19.78	1	
21 Johnson, Natalie	Shenandoah	18.40	x20.00	1	

Girls 200 Meter Dash

Name	Year School	Seed	Finals	H#	Points
1 Bomer, Devon	Glenwood	28.50	27.81	4	8
2 Wilson, Jaeda	Glenwood	29.40	28.08	4	6
3 Pickens, Karmyn	Shenandoah	29.50	29.12	4	4
4 Hardcastle, Danielle	Glenwood	29.41	x29.97	4	
5 Presley, Grace	Glenwood	29.90	x30.12	4	
6 Maxwell, Tara	Glenwood	31.00	x30.93	3	
6 Castillo, Danielle	Creston	33.04	30.93	2	2
8 Bix, Haley	Clarinda	31.18	31.00	3	1
9 Holstrom, Cloe	Clarinda	31.53	31.44	3	
10 Peterson, Trinity	Red Oak	32.00	31.47	3	
11 Carlson, Kate	Red Oak	32.00	31.48	3	
12 Clark, Maddie	Clarinda	32.20	x31.62	2	
13 Jones, Isabella	Glenwood	34.90	x31.88	2	
14 Dailey, Faith	Shenandoah	32.00	31.95	3	
15 Buntrock, Kamryn	Red Oak	35.00	x32.29	2	
16 Killion, Aleah	Glenwood	33.00	x32.57	2	
17 Pantini, Sydney	Creston	36.27	33.87	1	
18 Cox, Caterina	Shenandoah	42.00	x43.15	1	

Girls 400 Meter Dash

Name	Year School	Seed	Finals	H#	Points
1 Jackson, Jessica	Shenandoah	1:05.00	1:05.01	3	8
2 Wilson, Jaeda	Glenwood	1:07.00	1:05.15	3	6
3 Boeye, Juhi	Red Oak	1:02.05	1:05.77	3	4

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4	Ritchey, Caroline	Shenandoah	1:07.00	1:09.02	3	2
5	Presley, Grace	Glenwood	1:09.50	1:09.17	3	1
6	Skarda, Allivea	Creston	1:12.19	1:09.80	1	
7	Wilmes, Bradlie	Clarinda	1:07.00	1:13.26	3	
8	Kuhl, Taylor	Glenwood	1:11.00	x1:15.03	2	
9	Lindsay, Courtni	Red Oak	1:12.00	1:18.18	2	
10	Sics, Jennifer	Clarinda	1:12.00	1:18.43	2	
11	Hankins, Alexis	Glenwood	1:13.00	x1:21.76	1	
12	Schock, Crystal	Clarinda	1:12.00	x1:26.03	2	
13	Birkholz, Megan	Clarinda	1:15.00	x1:27.37	1	

Girls 800 Meter Run

Name	Year	School	Seed	Finals	Points
1	Baker, Brielle	Creston	2:36.99	2:35.70	8
2	Kaufman, Kate	Glenwood	2:47.00	2:37.62	6
3	Manrose, Carlie	Shenandoah	2:38.00	2:39.80	4
4	Finnegan, Jillian	Glenwood	2:40.00	2:41.97	2
5	Van Fosson, Shelby	Clarinda	2:50.00	2:42.29	1
6	Morgenstern, Brynn	Clarinda	2:50.00	2:55.00	
7	Skarda, Allivea	Creston	2:54.09	2:55.24	
8	Welch, Amanda	Shenandoah	2:50.00	2:57.09	
9	Bird, Alexis	Glenwood	2:59.00	x2:59.81	
10	Boeye, Juhi	Red Oak	2:50.00	3:01.98	
11	Feller, Ashley	Shenandoah	3:20.00	x3:07.19	
12	Kuhl, Taylor	Glenwood	3:00.00	x3:08.60	
13	Hankins, Alexis	Glenwood	3:05.00	x3:15.57	
14	Peterson, Emily	Red Oak	3:34.00	3:19.56	
15	Hewett, Madison	Red Oak	3:31.00	x3:24.65	
16	Strough, Keyla	Red Oak	3:33.00	x3:30.04	

Girls 1500 Meter Run

Name	Year	School	Seed	Finals	Points
1	Campbell, Claire	Shenandoah	5:30.00	5:31.68	8
2	McIntyre, Aubrey	Glenwood	5:25.00	5:45.96	6
3	Jackson, Lacey	Glenwood	5:29.00	6:08.18	4
4	Clark, Maddie	Clarinda	7:50.00	6:24.55	2
5	Feller, Ashley	Shenandoah	6:20.00	6:37.45	1
6	Zavalas, Sipsy	Clarinda	6:50.00	6:47.53	
7	Schock, Crystal	Clarinda	7:25.00	x7:09.31	
8	Strough, Keyla	Red Oak	7:00.00	7:28.54	

Girls 3000 Meter Run

Name	Year	School	Seed	Finals	Points
1	Campbell, Claire	Shenandoah	11:40.00	11:58.40	8
2	Kaufman, Kate	Glenwood	12:00.00	12:06.30	6
3	Bird, Alexis	Glenwood	12:30.00	12:58.60	4

2017 COED H-10 Southern Meet - 3/28/2017**3/28/2017****Results****Girls 100 Meter Hurdles**

Name	Year School	Seed	Finals	H#	Points
1 Wilwerding, Katelyn	Glenwood	16.90	17.49	2	8
2 Castillo, Danielle	Creston	18.61	18.05	2	6
3 Arnold, Audrey	Glenwood	16.95	18.13	2	4
4 Dailey, Faith	Shenandoah	18.30	18.16	2	2
5 Bertini, Taryn	Glenwood	18.00	x19.68	2	
6 Apperson, Ami	Shenandoah	20.00	20.03	1	1
7 Adkins, Claire	Shenandoah	19.50	x20.34	2	
8 Engstrand, Alicia	Clarinda	19.50	21.87	1	
9 Wilmes, Bradlie	Clarinda	19.50	22.10	1	
10 Rod-em, Pakgad	Shenandoah	20.00	x22.98	1	
11 Shackelford, Kylie	Clarinda	19.50	x23.04	1	
12 Denton, Roxy	Shenandoah	17.50	x25.65	2	

Girls 400 Meter Hurdles

Name	Year School	Seed	Finals	H#	Points
1 Holmes, Adrianna	Shenandoah	1:15.00	1:13.53	2	8
2 Wilwerding, Katelyn	Glenwood	1:11.50	1:14.12	2	6
3 Mixan, Savanna	Glenwood	1:14.00	1:15.76	2	4
4 Ostrander, Bailey	Glenwood	1:14.50	x1:20.23	2	
5 Morales-Llan, Lydia	Shenandoah	1:22.00	1:23.62	1	2
6 Linch, Brittany	Creston	1:25.00	1:24.65	1	1
7 Engstrand, Alicia	Clarinda	1:25.00	1:36.68	1	

Girls 4x100 Meter Relay

School	Seed	Finals	H#	Points
1 Creston 'A' 1) Shepherd, Rachel 3) Stewart, Kesia	56.05	54.25	2	8
2 Clarinda 'A' 1) Landhuis, Kate 3) Campbell, Skie	55.00	54.40	2	6
3 Shenandoah 'A' 1) Adkins, Claire 3) Stogdill, Kayla	57.00	56.30	2	4
4 Glenwood 'A' 1) Palmer, Haley 3) Ostrander, Bailey	55.00	56.31	2	2
5 Red Oak 'A' 1) Streicher, Sydney 3) Rengstorf, Ellie	56.90	56.37	2	
6 Shenandoah 'B' 1) Dailey, Faith 3) Apperson, Ami	59.00	x56.45	2	
7 Red Oak 'B' 1) Carlson, Kate 3) Lindsay, Courtnei	1:04.00	x1:01.52	1	
8 Creston 'B' 1) Linch, Brittany 3) Skarda, Allivea	1:05.50	x1:04.33	1	

2017 COED H-10 Southern Meet - 3/28/2017**3/28/2017****Results****....Girls 4x100 Meter Relay**

9 Glenwood 'B'	1:08.00	x1:04.95	1
1) McMullen, Delaney			2) Richardson, Jerianne
3) Kittle, Samantha			4) Gregg, Maddie

Girls 4x200 Meter Relay

School	Seed	Finals	H#	Points
1 Glenwood 'A'	1:55.00	1:54.99	2	8
1) Allgood, Sadey			2) Mixan, Savanna	
3) Ostrander, Bailey			4) Springer, Arianna	
2 Creston 'A'	1:56.20	1:56.38	2	6
1) Latham, Kiersten			2) Rice, Saige	
3) Maitlen, Cayla			4) Stewart, Kesia	
3 Red Oak 'A'	2:09.57	1:56.68	2	4
1) Kells, Kyndal			2) Streicher, Sydney	
3) Walker, Sophie			4) Marsden, Dana	
4 Clarinda 'A'	2:15.00	1:57.58	1	2
1) Landhuis, Kate			2) Holstrom, Cloe	
3) Campbell, Skie			4) Bair, Lauren	
5 Shenandoah 'A'	2:05.00	2:06.80	2	
1) Stogdill, Kayla			2) Stogdill, Taylor	
3) Mulligan, Hannah			4) Apperson, Ami	
6 Red Oak 'B'	2:11.00	x2:12.96	1	
1) Lindsay, Courtni			2) Peterson, Emily	
3) Hewett, Madison			4) Hascall, Averie	
-- Glenwood 'B'	2:20.00	DQ	1	
1) McMullen, Delaney			2) Richardson, Jerianne	
3) Kittle, Samantha			4) Gregg, Maddie	

Girls 4x400 Meter Relay

School	Seed	Finals	H#	Points
1 Glenwood 'A'	4:34.00	4:26.42	2	8
1) Springer, Arianna			2) Allgood, Sadey	
3) Jensen, Alysa			4) Wilwerding, Katelyn	
2 Shenandoah 'A'	4:35.00	4:27.72	2	6
1) Ritchey, Caroline			2) Manrose, Carlie	
3) Jackson, Jessica			4) Webster, Vanessa	
3 Clarinda 'A'	4:30.00	4:32.80	2	4
1) Landhuis, Kate			2) Bair, Lauren	
3) Wedemeyer, Taylor			4) Campbell, Skie	
4 Creston 'A'	4:31.00	4:37.91	2	2
1) Baker, Brielle			2) Hanson, Emma	
3) Maitlen, Cayla			4) Rice, Saige	
5 Red Oak 'A'	4:45.00	4:50.33	1	
1) Rengstorf, Ellie			2) Carlson, Kate	
3) Walker, Sophie			4) Boeye, Juhi	
6 Glenwood 'B'	4:49.00	x4:59.43	1	
1) Lorimor, Abi			2) Maxwell, Tara	
3) Bertini, Taryn			4) Arnold, Audrey	
7 Shenandoah 'B'	4:55.00	x5:03.29	1	
1) Mulligan, Hannah			2) Rod-em, Pakgad	
3) Morales-Llan, Lydia			4) Welch, Amanda	

2017 COED H-10 Southern Meet - 3/28/2017**3/28/2017****Results****Girls 4x800 Meter Relay**

School	Seed	Finals	Points
1 Shenandoah 'A'	10:44.00	10:30.13	8
1) Manrose, Carlie	2) Webster, Vanessa		
3) Holmes, Adrianna	4) Jackson, Jessica		
2 Glenwood 'A'	10:52.00	10:59.22	6
1) Springer, Arianna	2) McIntyre, Aubrey		
3) Jackson, Lacey	4) Finnegan, Jillian		
3 Creston 'A'	10:59.24	11:22.81	4
1) Rice, Saige	2) Linch, Brittany		
3) Baker, Brielle	4) Hanson, Emma		
4 Clarinda 'A'	12:00.00	11:42.55	2
1) Wedemeyer, Taylor	2) Van Fosson, Shelby		
3) Wilmes, Bradlie	4) Morgenstern, Brynn		

Girls 800 Sprint Medley

School	Seed	Finals	Points
1 Clarinda 'A'	2:35.00	2:01.89	8
1) VanGundy, Jordan	2) Best, Cynthia		
3) Bair, Lauren	4) Wedemeyer, Taylor		
2 Glenwood 'A'	2:05.00	2:02.26	6
1) Mixan, Savanna	2) Presley, Grace		
3) Hays, Paige	4) Allgood, Sadey		
3 Creston 'A'	2:04.75	2:02.73	4
1) Latham, Kiersten	2) Stewart, Kesia		
3) Shepherd, Rachel	4) Maitlen, Cayla		
4 Red Oak 'A'	2:10.00	2:03.04	2
1) Kells, Kyndal	2) Streicher, Sydney		
3) Rengstorf, Ellie	4) Walker, Sophie		
5 Shenandoah 'A'	2:07.00	2:05.37	
1) Adkins, Claire	2) Stogdill, Kayla		
3) Denton, Roxy	4) Ritchey, Caroline		

Girls Distance Medley

School	Seed	Finals	H#	Points
1 Glenwood 'A'	4:47.00	4:44.47	2	8
1) Palmer, Haley	2) Jensen, Alysa			
3) Hays, Paige	4) Hardcastle, Danielle			
2 Shenandoah 'A'	4:50.00	4:46.33	2	6
1) Adkins, Claire	2) Manrose, Jessie			
3) Webster, Vanessa	4) Campbell, Claire			
3 Creston 'A'	4:55.40	4:47.35	2	4
1) Latham, Kiersten	2) Rice, Saige			
3) Baker, Brielle	4) Shepherd, Rachel			
4 Red Oak 'A'	5:15.00	4:51.68	1	2
1) Marsden, Dana	2) Streicher, Sydney			
3) Walker, Sophie	4) Rengstorf, Ellie			
5 Clarinda 'A'	5:00.00	5:07.08	2	
1) Bix, Haley	2) Campbell, Skie			
3) Wedemeyer, Taylor	4) Morgenstern, Brynn			
6 Shenandoah 'B'	5:05.00	x5:14.06	1	

2017 COED H-10 Southern Meet - 3/28/2017**3/28/2017****Results****....Girls Distance Medley**

1) Rod-em, Pakgad	2) Mulligan, Hannah			
3) Morales-Llan, Lydia	4) Welch, Amanda			
7 Red Oak 'B'		5:53.38	x5:35.36	1
1) Peterson, Trinity	2) Kells, Kyndal			
3) Hascall, Averie	4) Hewett, Madison			

Girls 4x100 Meter Shuttle Hurdle

School	Seed	Finals	Points
1 Shenandoah 'A'	1:15.00	1:13.96	8
1) Dailey, Faith			
3) Denton, Roxy			
2 Glenwood 'A'	1:15.00	1:23.36	6
1) Arnold, Audrey			
3) Mixan, Savanna			
2) Pickens, Karmyn			
4) Holmes, Adrianna			
2) Parr, Sami			
4) Bertini, Taryn			

Girls High Jump

Name	Year School	Seed	Finals	Points
1 Jackson, Jessica	Shenandoah	4-10.00	5-01.00	8
2 Hardcastle, Danielle	Glenwood	4-10.00	J5-01.00	6
3 Denton, Roxy	Shenandoah	4-08.00	4-10.00	4
4 Ostrander, Bailey	Glenwood	4-06.00	4-04.00	2
4 Bertini, Taryn	Glenwood	4-06.00	x4-04.00	
4 Manley, Jillian	Glenwood	4-02.00	x4-04.00	

Girls Long Jump

Name	Year School	Seed	Finals	Points
1 Pickens, Karmyn	Shenandoah	15-07.00	15-08.00	8
2 Parr, Sami	Glenwood	15-01.50	14-04.50	6
3 Bix, Haley	Clarinda	12-11.00	14-03.75	4
4 Castillo, Danielle	Creston	14-07.50	14-02.00	2
5 Jensen, Alysa	Glenwood	13-07.00	13-09.75	1
6 Arnold, Audrey	Glenwood	13-09.00	x13-08.50	
7 Manrose, Jessie	Shenandoah	13-11.00	13-07.00	
8 Finnegan, Jillian	Glenwood	13-05.00	x12-05.50	
9 Stogdill, Taylor	Shenandoah	12-00.00	x11-09.25	

Girls Shot Put

Name	Year School	Seed	Finals	Points
1 Hood, Hannah	Creston	39-07.50	38-09.25	8
2 Hughes, Logan	Shenandoah	36-01.00	35-09.00	6
3 Palmer, Haley	Glenwood	35-00.00	34-07.50	4
4 Baldwin, Shauna	Red Oak		33-00.00	2
5 Biermann, Sydney	Glenwood	33-08.00	32-04.00	1
6 Wilson, Faith	Creston	32-09.00	32-00.50	
7 Franzen, Haille	Glenwood	31-00.00	x30-06.00	
8 Clark, Maddie	Clarinda	27-00.00	30-02.00	
9 Cronovich, Olivia	Glenwood	26-00.00	x30-01.00	

2017 COED H-10 Southern Meet - 3/28/2017**3/28/2017****Results****....Girls Shot Put**

10 Buntrock, Kamryn	Red Oak		28-11.00
11 Liddell, Maddie	Glenwood	27-02.00	x28-05.50
12 Milone, Isabella	Glenwood	24-00.00	x28-02.00
12 Godfread, Madie	Shenandoah	27-02.00	28-02.00
14 Hood, Abbi	Creston	29-06.50	x27-00.00
15 Lewis, Joslyn	Glenwood	25-00.00	x26-09.50
16 LePorte, Leanna	Shenandoah	28-06.00	x26-06.00
17 Stromgren, Shaelee	Glenwood	24-00.00	x26-00.50
18 Holstrom, Cloe	Clarinda	27-00.00	25-11.00
19 Palmer, Katelyn	Shenandoah	25-00.00	x25-02.00
20 Shane, Addy	Clarinda	23-00.00	x24-05.25
21 Gray, Madi	Clarinda	27-00.00	x23-02.00
22 Rodman, Amanda	Red Oak		x18-11.50

Girls Discus Throw

Name	Year School	Seed	Finals	Points
1 Biermann, Sydney	Glenwood	100-00	108-03	8
2 Hughes, Logan	Shenandoah	106-00	98-11	6
3 Howard, Jenna	Glenwood	100-00	98-05	4
4 Wilson, Faith	Creston	85-08	94-06	2
5 Stromgren, Shaelee	Glenwood	90-00	x92-02	
6 Palmer, Haley	Glenwood	100-00	x91-05	
7 Gray, Madi	Clarinda		90-06.50	1
8 Liddell, Maddie	Glenwood	80-00	x89-11	
9 Clark, Maddie	Clarinda		86-00	
10 Godfread, Madie	Shenandoah	85-00	85-11	
11 Hood, Hannah	Creston	100-06	85-03	
12 Wendt, Maddie	Red Oak		84-03	
13 Palmer, Katelyn	Shenandoah	95-00	x82-04	
14 LePorte, Leanna	Shenandoah	80-00	x82-02	
15 Milone, Isabella	Glenwood	70-00	x77-04.50	
16 Ray, Victoria	Red Oak		71-09.50	
17 Franzen, Haille	Glenwood	70-00	x71-00	
18 Hood, Abbi	Creston	75-00	x61-04	
19 Konfrst, Quinn	Glenwood	60-00	x54-00	
20 Westover, Savana	Red Oak		x52-01	

Boys 100 Meter Dash

Name	Year School	Seed	Finals	H#	Points
1 Decker, Mavrick	Glenwood	11.30	11.28	4	8
2 Saddler, Joey	Glenwood	11.80	11.64	4	6
3 Silence, Mason	Shenandoah	11.65	11.80	4	4
4 Powell, Tylur	Shenandoah	12.14	11.93	4	2
5 Bierle, Dalton	Creston	12.80	12.19	3	1
6 Willcoxon, Brendon	Clarinda	13.00	12.28	2	
7 Stogdill, Anthony	Shenandoah	12.50	x12.36	4	
8 Roberts, Austin	Clarinda	13.10	12.39	2	
9 Wake, Cullen	Glenwood	12.40	x12.40	4	
10 Grebert, Alec	Shenandoah	12.50	x12.41	3	
11 Mayberry, Cole	Glenwood	12.80	x12.44	3	
12 Cerven, Kyle	Shenandoah	12.50	x12.48	3	

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13	Schaben, Collin	Glenwood	13.40	x12.62	2
14	Chase, Zach	Glenwood	12.70	x12.67	3
15	Perkins, Devin	Shenandoah	12.20	x12.72	4
16	Robertson, Dominic	Glenwood	12.50	x12.78	3
17	Phillips, Nick	Shenandoah	13.40	x12.85	2
18	Nusser, Alex	Glenwood	12.70	x12.95	3
19	Peterson, Camden	Creston	12.20	13.15	4
20	Swanson, Blake	Shenandoah	13.10	x13.20	2
21	Looney, Hank	Creston	13.90	x13.47	1
22	Moreland, Jared	Creston	13.50	x13.62	2
23	Chase, Justin	Glenwood	13.50	x13.74	2
24	Guerra, Zac	Red Oak	13.70	13.80	1
25	Woods, Hunter	Red Oak	13.50	14.00	2
26	Wills, Ashton	Creston	13.60	x14.04	1
27	McGregor, Jared	Clarinda	14.50	x14.86	1
28	Hague, Zac	Creston	16.00	x15.84	1

Boys 200 Meter Dash

Name	Year School	Seed	Finals	H#	Points	
1	Vondra, Zach	Glenwood	24.40	24.07	5	8
2	Silence, Mason	Shenandoah	25.08	24.08	4	6
3	Wilwerding, Kolten	Glenwood	24.50	24.23	5	4
4	Erwin, Christian	Glenwood	25.00	x24.70	5	
5	Strait, Brady	Clarinda	25.60	24.99	4	2
6	Wake, Cullen	Glenwood	25.10	x25.01	4	
7	Campbell, Carson	Clarinda	26.00	25.05	3	1
8	Millikan, Matt	Clarinda	24.60	x25.07	5	
9	Bruce, Carter	Red Oak	25.80	25.16	4	
10	Cerven, Kyle	Shenandoah	25.87	25.28	4	
11	Mayberry, Cole	Glenwood	26.30	x26.04	2	
12	Perkins, Devin	Shenandoah	26.10	x26.25	3	
13	Salaway, Adrien	Clarinda	26.10	x26.35	3	
14	Robertson, Dominic	Glenwood	26.00	x26.48	3	
15	Grebert, Alec	Shenandoah	27.57	x26.53	1	
16	Chase, Zach	Glenwood	26.20	x27.00	3	
17	Stogdill, Anthony	Shenandoah	25.90	x27.19	4	
18	Lincoln, Preston	Glenwood	26.90	x27.23	2	
19	Peterson, Camden	Creston	24.90	27.41	5	
20	Looney, Hank	Creston	27.40	27.49	1	
21	Chase, Justin	Glenwood	27.10	x27.86	1	
22	Guerra, Zac	Red Oak	26.50	28.23	2	
23	Baker, Gentry	Clarinda	26.20	x28.41	2	
24	Zamarron, Carlos	Red Oak	26.70	x28.48	2	
25	Wills, Ashton	Creston	31.00	x28.58	1	
26	Akers, Kenny	Glenwood	27.00	x29.92	2	
27	Potter, Jacob	Clarinda	27.00	x30.25	1	
28	Hague, Zac	Creston	35.00	x33.63	1	

Boys 400 Meter Dash

Name	Year School	Seed	Finals	H#	Points	
1	Watson, Kohen	Glenwood	53.30	52.85	3	8

2017 COED H-10 Southern Meet - 3/28/2017**3/28/2017****Results****....Boys 400 Meter Dash**

2	Bowden, Matt	Glenwood	53.00	53.29	3	6
3	Stogdill, Anthony	Shenandoah	58.90	59.54	3	4
4	Morgenstern, Jace	Clarinda	58.00	1:00.58	3	2
5	Black, William	Glenwood	1:01.00	x1:00.75	2	
6	McCunn, Justin	Red Oak	59.00	1:01.07	3	1
7	Sams, Dawson	Clarinda	1:02.00	1:01.64	2	
8	Stewart, Ethan	Red Oak	1:01.00	1:02.61	2	
9	Fouts, Cody	Red Oak	1:00.00	x1:03.01	3	
10	Swanson, Blake	Shenandoah	1:00.56	1:03.62	2	
11	bennett, Ian	Shenandoah	1:01.02	x1:04.17	2	
12	Akers, Kenny	Glenwood	1:03.00	x1:04.78	1	
13	Wilson, JR	Clarinda	1:06.00	x1:05.57	1	
14	Phillips, Nick	Shenandoah	1:05.34	x1:06.46	1	
15	Herzberg, Ethan	Clarinda	1:02.00	x1:06.87	2	
16	Wilson, Demetrious	Shenandoah	1:15.12	x1:13.53	1	

Boys 800 Meter Run

Name	Year School	Seed	Finals	Points	
1	Miller, Jordan	Shenandoah	2:08.61	2:04.73	8
2	Nebel, Bridger	Shenandoah	2:12.14	2:11.40	6
3	Bierle, Dalton	Creston	2:20.00	2:16.08	4
4	Yearington, Hunter	Clarinda	2:18.00	2:16.32	2
5	Bentley, Cody	Red Oak	2:15.00	2:17.44	1
6	Stanley, Nick	Shenandoah	2:10.34	x2:21.75	
7	Schnurr, Ryan	Glenwood	2:33.00	2:22.36	
8	Owens, Kyle	Shenandoah	2:25.30	x2:26.96	
9	Koppa, Connor	Red Oak	2:26.00	2:28.31	
10	Presley, Adison	Glenwood	2:34.00	2:28.71	
11	Voshell, Ethan	Shenandoah	2:40.00	x2:30.63	
12	Moreland, Jared	Creston	2:25.00	2:31.06	
13	Jones, Seth	Glenwood	2:32.00	x2:32.85	
14	Morgenstern, Jace	Clarinda	2:32.00	2:38.00	
15	Ingels, William	Glenwood	2:30.00	x2:38.94	
16	Graham, Avery	Red Oak	2:30.00	x2:39.75	
17	Congdon, Christian	Glenwood	2:39.00	x2:41.31	
18	Herzberg, Ethan	Clarinda	2:40.00	x2:41.67	
19	Wilson, JR	Clarinda	3:00.00	x2:41.93	
20	Hall, Caden	Red Oak	2:30.00	x2:43.79	
21	bennett, Ian	Shenandoah	2:45.00	x2:45.51	
22	Wilson, Demetrious	Shenandoah		x2:46.00	

Boys 1600 Meter Run

Name	Year School	Seed	Finals	Points	
1	Covington, Parson	Glenwood	4:50.00	4:59.14	8
2	Parks, Mason	Glenwood	5:00.00	4:59.34	6
3	McIntyre, Sam	Glenwood	5:05.00	x5:06.06	
4	Carr, Jackson	Glenwood	5:19.00	x5:14.34	
5	Brooks, Jayden	Glenwood	5:20.00	x5:14.50	
6	Eubank, Liam	Red Oak	5:19.00	5:24.95	4
7	Hughes, Nate	Glenwood	5:35.00	x5:25.58	
8	Rice, Hunter	Shenandoah	5:11.52	5:25.98	2

2017 COED H-10 Southern Meet - 3/28/2017**3/28/2017****Results****....Boys 1600 Meter Run**

9	Rogers, Tim	Shenandoah	5:25.15	5:28.03	1
10	Stanley, Nick	Shenandoah	5:23.30	x5:29.98	
11	Espinosa, Jesse	Clarinda	5:29.00	5:31.38	
12	Parks, Jacob	Glenwood	5:39.00	x5:36.62	
13	Halloran, Tyler	Clarinda	5:28.00	5:40.83	
14	Lukehart, Bruce	Red Oak	5:25.00	5:44.81	
15	Son, Blake	Shenandoah	5:58.30	x5:50.13	
16	Son, Levi	Shenandoah	6:10.20	x5:51.26	
17	Voshell, Ethan	Shenandoah		x5:57.84	
18	Bartlett, Kyale	Shenandoah	5:45.00	x6:00.93	
19	Smith, Taylor	Red Oak		x6:02.79	
20	Aruta, Tyler	Shenandoah	5:47.45	x6:11.14	
21	Matheny, Trace	Clarinda	7:00.00	x6:52.38	

Boys 3200 Meter Run

Name	Year School	Seed	Finals	Points
1 Rice, Hunter	Shenandoah	11:24.00	11:13.96	8
2 Eubank, Liam	Red Oak	10:40.00	11:16.66	6
3 Halloran, Tyler	Clarinda	11:40.00	11:52.64	4
4 Lukehart, Bruce	Red Oak	10:50.00	11:53.02	2
5 Son, Levi	Shenandoah	12:59.91	12:01.27	1
6 Espinosa, Jesse	Clarinda	12:45.00	12:34.48	
7 Bartlett, Kyale	Shenandoah	12:30.00	x12:56.25	
8 Vance, Dominic	Shenandoah	12:06.00	x13:03.80	
9 Son, Blake	Shenandoah	12:48.48	x13:09.38	
10 Aruta, Tyler	Shenandoah	13:50.00	x13:20.32	

Boys 110 Meter Hurdles

Name	Year School	Seed	Finals	H#	Points
1 Shatava, Lucas	Clarinda	15.80	15.70	2	8
2 Tye, Austin	Glenwood	16.00	15.88	2	6
3 Buresh, Cody	Glenwood	17.40	17.33	2	4
4 Grebert, Alec	Shenandoah	19.20	17.96	2	2
5 Weddum, Brady	Glenwood	18.60	x18.10	2	
6 Vanderhoof, Cam	Red Oak	17.00	18.11	2	1
7 Martin, Harley	Shenandoah	18.85	18.47	2	
8 Hunter, Nick	Shenandoah	21.14	x19.32	2	

Boys 400 Meter Hurdles

Name	Year School	Seed	Finals	H#	Points
1 Shatava, Lucas	Clarinda	58.60	57.87	3	8
2 Tye, Austin	Glenwood	57.90	58.62	3	6
3 Hayes, Cody	Clarinda	1:00.00	1:00.33	3	4
4 Little, Seth	Glenwood	58.00	1:00.96	3	2
5 Martin, Harley	Shenandoah	1:00.25	1:02.61	3	1
6 McIntrye, Dillon	Glenwood	1:03.00	x1:06.41	2	
7 Rohner, Frannie	Red Oak	1:00.00	1:08.48	3	
8 Weddum, Brady	Glenwood	1:03.50	x1:09.13	2	
9 Hunter, Nick	Shenandoah	1:08.20	1:10.83	1	

2017 COED H-10 Southern Meet - 3/28/2017**3/28/2017****Results****....Boys 400 Meter Hurdles**

10 Sams, Dawson	Clarinda	1:03.00	x1:11.87	2
11 Nusser, Alex	Glenwood	1:05.00	x1:14.39	2
12 Vance, Dominic	Shenandoah	1:07.45	x1:14.85	1
13 Belt, Owen	Glenwood	1:06.00	x1:14.90	2
14 Fouts, Cody	Red Oak	1:11.00	1:15.66	1

Boys 4x100 Meter Relay

School	Seed	Finals	H#	Points
1 Glenwood 'A'	45.00	45.05	2	8
1) Saddler, Joey				
3) Kennedy, Nate				
2 Clarinda 'A'	45.80	46.37	2	6
1) Millikan, Matt				
3) Strait, Brady				
3 Glenwood 'B'	47.00	x46.50	2	
1) Silvius, Cooper				
3) Erwin, Christian				
4 Shenandoah 'A'	46.10	47.02	2	4
1) Powell, Tylur				
3) Martin, Steven				
5 Red Oak 'A'	47.00	48.22	2	2
1) Birt, Isaac				
3) Woods, Hunter				
6 Glenwood 'C'	50.00	x50.26	1	
1) Lee, Jon				
3) Mayberry, Cole				
7 Shenandoah 'B'	52.30	x53.31	1	
1) Kreifels, Reece				
3) Kreifels, PJ				
8 Clarinda 'B'	55.00	x57.31	1	
1) Allumbaugh, Gabe				
3) Carpenter, Evan				

Boys 4x200 Meter Relay

School	Seed	Finals	H#	Points
1 Glenwood 'A'	1:34.00	1:33.08	2	8
1) Saddler, Joey				
3) Kennedy, Nate				
2 Shenandoah 'A'	1:43.78	1:40.63	1	6
1) Lehman, Josh				
3) Truex, Trace				
3 Clarinda 'A'	1:39.00	1:40.86	2	4
1) Willcoxon, Brendon				
3) Salaway, Adrien				
4 Red Oak 'A'	1:42.00	1:43.55	2	2
1) Woods, Hunter				
3) Bruce, Carter				
5 Glenwood 'B'	1:40.00	x1:43.88	2	
1) Wake, Cullen				
3) Arellano, Martin				
6 Glenwood 'C'	1:50.00	x1:51.44	1	
2) Vondra, Zach				
4) Decker, Mavrick				
2) Cerven, Kyle				
4) Martin, Steven				
2) Campbell, Carson				
4) Hayes, Cody				
2) Bower, Isaac				
4) Maynes, Carter				
2) Silvius, Cooper				
4) McIntrye, Dillon				

2017 COED H-10 Southern Meet - 3/28/2017**3/28/2017****Results****....Boys 4x200 Meter Relay**

1) Belt, Owen	2) Goos, Jackson			
3) Schaben, Collin	4) Chase, Justin			
7 Clarinda 'B'		1:50.00	x2:02.43	1
1) Baker, Gentry	2) Carpenter, Evan			
3) Allumbaugh, Gabe	4) Potter, Jacob			

Boys 4x400 Meter Relay

School	Seed	Finals	H#	Points
1 Glenwood 'A'	3:30.00	3:34.52	2	8
1) Little, Seth				
3) Decker, Mavrick				
2 Shenandoah 'A'	3:56.93	3:40.70	2	6
1) Lehman, Josh				
3) Nebel, Bridger				
3 Clarinda 'A'	3:50.00	4:01.81	2	4
1) Brown, Conner				
3) Lindsay, Nathan				
4 Red Oak 'A'	3:45.00	4:03.24	2	2
1) Vanderhoof, Cam				
3) Rivero, Fernando				
5 Creston 'A'	3:50.00	4:09.69	2	
1) Bierle, Dalton				
3) Wills, Ashton				
6 Glenwood 'B'	4:10.00	x4:13.58	1	
1) Chase, Zach				
3) Arellano, Martin				
7 Red Oak 'B'	4:00.00	x4:21.28	1	
1) Fouts, Cody				
3) Graham, Avery				
8 Glenwood 'C'	4:20.00	x4:27.63	1	
1) Akers, Kenny				
3) Schaben, Collin				

Boys 4x800 Meter Relay

School	Seed	Finals	Points
1 Glenwood 'A'	8:55.00	8:45.94	8
1) Stanislav, Christian			
3) Parks, Mason			
2 Shenandoah 'A'	9:00.43	8:47.80	6
1) Miller, Jordan			
3) Nebel, Bridger			
3 Glenwood 'B'	9:15.00	x9:41.09	
1) Carr, Jackson			
3) Parks, Jacob			
4 Red Oak 'A'	9:45.00	9:55.95	4
1) Koppa, Connor			
3) Graham, Avery			
5 Glenwood 'C'	9:22.00	x10:33.65	
1) Ingels, William			
3) Congdon, Christian			

2017 COED H-10 Southern Meet - 3/28/2017**3/28/2017****Results****Boys 800 Sprint Medley**

School	Seed	Finals	H#	Points
1 Glenwood 'A'	1:39.00	1:36.74	2	8
1) Saddler, Joey				
2) Bowden, Matt				
3) Watson, Kohen				
4) Kennedy, Nate				
2 Clarinda 'A'	1:48.00	1:40.44	2	6
1) Willcoxon, Brendon				
2) Morris, Carter				
3) Hayes, Cody				
4) Shatava, Lucas				
3 Shenandoah 'A'	1:30.00	1:40.90	2	4
1) Powell, Tylur				
2) Truex, Trace				
3) Silence, Mason				
4) Lehman, Josh				
4 Red Oak 'A'	1:43.00	1:46.18	2	2
1) Maynes, Carter				
2) Woods, Hunter				
3) Birt, Isaac				
4) Rohner, Frannie				
5 Glenwood 'B'	1:46.00	x1:48.68	2	
1) Silvius, Cooper				
2) Krewson, Brian				
3) Wake, Cullen				
4) McIntrye, Dillon				
6 Red Oak 'B'	1:50.00	x1:51.30	1	
1) Bower, Isaac				
2) Guerra, Zac				
3) Bruce, Carter				
4) McCunn, Justin				
7 Glenwood 'C'	1:58.00	x1:53.41	1	
1) Mayberry, Cole				
2) Goos, Jackson				
3) Lincoln, Preston				
4) Black, William				
8 Clarinda 'B'	1:54.00	x1:56.02	1	
1) Campbell, Carson				
2) Lindsay, Nathan				
3) Brown, Conner				
4) Roberts, Austin				

Boys Distance Medley

School	Seed	Finals	Points
1 Glenwood 'A'	3:50.00	3:59.79	8
1) Vondra, Zach			
2) Erwin, Christian			
3) Little, Seth			
4) Stanislav, Christian			
2 Red Oak 'A'	3:55.00	4:05.25	6
1) Birt, Isaac			
2) Woods, Hunter			
3) Vanderhoof, Cam			
4) Bentley, Cody			
3 Clarinda 'A'	4:08.00	4:09.47	4
1) Millikan, Matt			
2) Morris, Carter			
3) Strait, Brady			
4) Yearington, Hunter			
4 Shenandoah 'A'	3:55.00	4:12.20	2
1) Powell, Tylur			
2) Truex, Trace			
3) Martin, Harley			
4) Rice, Hunter			
5 Red Oak 'B'	4:20.00	x4:54.80	
1) Bruce, Carter			
2) Zamarron, Carlos			
3) Rivero, Fernando			
4) Hall, Caden			

Boys 4x100 Meter Shuttle Hurdle

School	Seed	Finals	H#	Points
1 Glenwood 'A'	1:03.00	1:02.38	2	8
1) Little, Seth				
2) Buresh, Cody				
3) Wilwerding, Kolten				
4) Tye, Austin				
2 Shenandoah 'A'	1:10.48	1:08.48	1	6

2017 COED H-10 Southern Meet - 3/28/2017**3/28/2017****Results****....Boys 4x100 Meter Shuttle Hurdle**

1) Grebert, Alec	2) Martin, Harley			
3) Stogdill, Anthony	4) Hunter, Nick			
3 Glenwood 'B'		1:10.00	x1:09.59	1
1) Weddum, Brady	2) Krewson, Brian			
3) Belt, Owen	4) Silvius, Cooper			
4 Red Oak 'A'		1:05.00	1:14.09	2 4
1) Vanderhoof, Cam	2) Maynes, Carter			
3) Bower, Isaac	4) Rohner, Frannie			
5 Clarinda 'A'		1:04.00	1:20.58	2 2
1) Brown, Conner	2) Lindsay, Nathan			
3) Allumbaugh, Gabe	4) Sams, Dawson			

Boys High Jump

Name	Year School	Seed	Finals	Points
1 Buresh, Cody	Glenwood	5-08.00	5-06.00	8
2 Rice, Hunter	Shenandoah	5-06.00	J5-06.00	6
3 Weddum, Brady	Glenwood	5-04.00	5-04.00	4
4 Brown, Conner	Clarinda	5-02.00	5-00.00	2

Boys Long Jump

Name	Year School	Seed	Finals	Points
1 Wilwerding, Kolten	Glenwood	19-05.00	20-02.50	8
2 Vondra, Zach	Glenwood	18-10.00	19-04.50	6
3 Birt, Isaac	Red Oak	18-07.00	18-06.50	4
4 Millikan, Matt	Clarinda	18-00.00	18-06.00	2
5 Perkins, Devin	Shenandoah	17-04.00	18-03.75	1
6 Morris, Carter	Clarinda	18-05.00	17-06.00	
7 Lincoln, Preston	Glenwood	15-07.00	x17-00.75	
8 Lee, Jon	Glenwood	16-10.00	x16-09.75	
9 Arellano, Martin	Glenwood	16-05.00	x16-07.25	
10 Willcoxon, Brendon	Clarinda	16-00.00	x16-06.75	
11 Goos, Jackson	Glenwood	15-05.00	x16-05.00	
12 Robertson, Dominic	Glenwood	16-00.00	x15-09.00	
13 Lindsay, Nathan	Clarinda	17-00.00	x15-06.25	
14 Akers, Kenny	Glenwood	13-06.00	x14-08.75	
15 Schaben, Collin	Glenwood	14-00.00	x14-08.00	
16 Roberts, Austin	Clarinda	17-00.00	x2-06.00	

Boys Shot Put

Name	Year School	Seed	Finals	Points
1 Sanders, Caleb	Glenwood	45-01.00	44-06.00	8
2 Wiser, Dillon	Glenwood	43-11.00	43-07.00	6
3 Kreifels, Reece	Shenandoah	40-08.00	41-01.75	4
4 Holmes, Reno	Clarinda	35-00.00	40-03.00	2
5 VanFossen, Bryan	Clarinda	38-00.00	38-10.00	1
6 Fouts, Cody	Red Oak	38-00.00	J38-10.00	
7 Giesting, Logan	Glenwood	34-09.00	x38-06.50	
7 Mitchell, Kelton	Glenwood	37-10.00	xJ38-00.00	
8 Bentley, Cody	Red Oak	37-01.00	38-00.00	

2017 COED H-10 Southern Meet - 3/28/2017**3/28/2017****Results****....Boys Shot Put**

10 McClarnon, Cody	Clarinda	35-00.00	x37-11.00
11 Kinnison, Colton	Red Oak	38-01.00	x36-08.00
12 Fahey, Dylan	Clarinda	32-00.00	x35-03.75
13 Johnson, Mitchell	Red Oak	36-00.00	x35-00.00
14 Peterson, Konner	Glenwood	31-06.00	x34-06.00
15 Topete, Andre	Glenwood	32-01.00	x34-02.50
16 Wills, Ashton	Creston	34-00.00	34-01.50
17 Stenzel, Jake	Shenandoah	35-08.00	33-11.50
18 Kreifels, PJ	Shenandoah	32-00.00	x33-10.00
19 Lee, Jon	Glenwood	33-08.00	x33-04.00
20 Hughes, AJ	Glenwood	31-09.00	x33-00.50
21 Owens, Kyle	Shenandoah	31-00.00	x32-10.50
22 McGregor, Jared	Clarinda	29-00.00	x32-10.25
23 Nordyke, Caleb	Clarinda	35-00.00	x32-05.00
24 Lacy, Zach	Glenwood	32-06.00	x31-09.50
25 Brown, Dalton	Clarinda	29-00.00	x29-08.50
26 Clark, Preston	Glenwood	27-01.00	x26-10.75
27 Teegarden, Tanner	Glenwood	25-10.00	x22-05.50
28 Akers, Zach	Glenwood	17-05.00	x18-04.50

Boys Discus Throw

Name	Year School	Seed	Finals	Points
1 Sorenson, Cody	Glenwood	120-06	125-05	8
2 Hague, Zac	Creston	120-00	122-08	6
3 Holmes, Reno	Clarinda	112-00	117-06	4
4 McClarnon, Cody	Clarinda	130-00	117-00	2
5 Wisner, Dillon	Glenwood	120-00	115-10	1
6 Sanders, Caleb	Glenwood	130-00	x113-05	
7 Giesting, Logan	Glenwood	110-05	x106-06	
8 VanFossen, Bryan	Clarinda	110-00	x103-11	
9 Owens, Kyle	Shenandoah	87-00	101-00	
10 Kreifels, Reece	Shenandoah	119-00	99-10	
11 Mitchell, Kelton	Glenwood	102-05	x99-05	
12 Kreifels, PJ	Shenandoah	88-00	x99-02	
13 Stenzel, Jake	Shenandoah	109-00	x96-03	
14 Lacy, Zach	Glenwood	85-02	x95-09	
15 Hughes, AJ	Glenwood	80-02	x95-02.50	
16 Kinnison, Colton	Red Oak	98-00	95-01	
17 Clark, Preston	Glenwood	85-02	x88-00	
18 Nordyke, Caleb	Clarinda	89-00	x86-06	
19 McGregor, Jared	Clarinda	75-00	x86-04	
20 Brown, Dalton	Clarinda	75-00	x83-06	
21 Lee, Jon	Glenwood	94-09	x81-04	
22 McMann, Hunter	Red Oak	88-00	77-10	
23 Peterson, Konner	Glenwood	93-07	x74-00	
24 Teegarden, Tanner	Glenwood	58-00	x61-10.50	
25 Akers, Zach	Glenwood	52-06	x45-08	
26 Hernandez, Dawson	Red Oak	87-00	x45-05	